

OKLAHOMA CITY COMMUNITY COLLEGE PIONEER

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JAN. 15, 2016

Get your Swank
on in the
Library

See pg. 5



Welcome Center: Rania Barakat, OCCC ambassador and Chelsea Mosby Stewart, business major, answering phone calls at the Welcome Center. “People come and call to get general information related to OCCC. My job is to help people as much as possible. People come to the welcome center because we are the face of OCCC,” Barakat said. The Welcome Center is located on the main entrance of OCCC building. Melissa Sue Lopez/Pioneer

Universities around the corner, open for tours and transfers

Two OCCC students toured OU, UCO and USAO

RAVEN-LOCKIE DIAZ
News Writing Student

OCCC graduate Lisa Shaw told a group of TRiO students touring the University of Oklahoma campus last semester that OU is within their reach.

Eight OCCC students made the trip to Norman to learn if OU might be the right destination university for them.

Shaw said one of her greatest worries about transferring to OU had to do with cost. She said scholarships made the difference

for her. She applied for an academic scholarship and a transfer scholarship and received both.

Don't be afraid to double dip, Shaw said.

“One unexpected benefit from the transfer scholarship was it put me in a transfer leadership class, and that leadership class, when you are looking at transferring, helps you understand and get acclimated to OU,” Shaw said.

She encouraged students who choose OU to keep in mind that OU is a different institution, OU has a different set of standards and expectations. It has a different set of instructors that have different requirements, Shaw said.

“When you transfer, you are now entering into 3000 level and

4000 level courses.”

Shaw encouraged students to meet with academic advisers and listen to their advice.

Shaw stressed that students should apply early for admissions and scholarships.

“Put your best foot forward, because you are coming to the most prestigious university in the state of Oklahoma,” Shaw said.

Shaw said she is taking a course called Congress and the Constitution with the mayor of Norman, and that's what she means by the most prestigious.

She said she gets to network and learn from real world leaders.

OCCC students also heard from Johnnie-Margaret McConnell, who promoted U.C. Saving

Stream movies from the library

HUNG TRAN

Senior Writer

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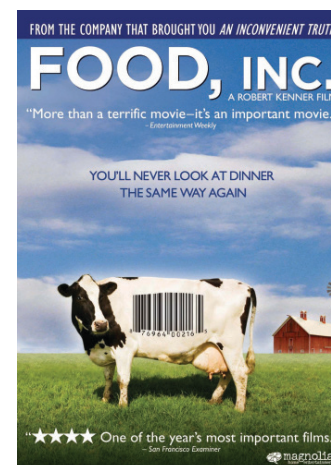
The OCCC Library is offering a small version of Netflix where students can enjoy many streaming and feature movies free and people can also request any kind of movies they like watching.

Nearly 100 feature movies and films are currently available on Swank Digital Campus site for OCCC students, faculty and staff to watch, said Electronic Services and Reference Librarian Tricia Sweany.

“It is an online video service where the library purchases rights to different new release films and documentaries,” she said. “We just upgraded to a new platform, so anyone — OCCC students, staff or faculty — can log on Swank Digital and watch new release films on their computer.”

Sweany said to use Swank Digital, people need to visit the Library website at www.occc.edu/library/, then, under “Other Resources,” choose the link “More”. From there click on “Swank Digital Campus.” The site doesn't work in Chrome and it needs to be run by Microsoft Silverlight, which is installed in all computer across campus. People can easily install Microsoft Silverlight freely from the site.

“Basically, it is like our



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COMMENTS AND REVIEWS

BOOK REVIEW | Reviewer picks up book he first read in 2009 and finds it still entertains

Cool collective comfy kicks

I consider myself a comfort connoisseur. I love being comfy. This is especially true when it comes to the shoes I wear. To channel my inner Dos Equis guy, I don't always wear sneakers, but when I do, they better be the comfiest and best looking shoes out there. I've tried everything Nike has to offer, from their famous Flyknit to the ever-so-popular Roshe Runs, and while those options were fine and dandy, I needed something more, and I wasn't sure Nike would offer that.

Enter the Adidas Ultra Boosts. These shoes have been receiving a ton of hype for a variety of reasons this year. For starters, Adidas branded the shoes as the "best running shoes ever." High praise.

They've also very popular in men's style, with Complex Magazine ranking them as the #1 sneaker released in 2015 and fashion trendsetter Kanye West wearing them daily. So, naturally, I had to pick myself put a pair and see what the hype was about. And, let me tell you, after traveling the world in mediocre



footwear, I've finally found the holy grail of comfortability. They make you feel like you're walking on clouds. I could wear them to sleep if I wanted to. I have a few times.

You don't even have to tie them because they fit like socks. But, the selling point of these bad boys is the "boost technology" that Adidas uses, which is supposed to make running in them feel more responsive and comfortable. I labeled myself as a comfort connoisseur not

a running expert, so I can't confirm or deny that, due to the fact that I don't run, I relax. And, from a relaxing standpoint, these are the best shoes I've ever owned in my entire life. They look great, too.

The design is really simple and minimal, which is something I love. While the price tag of \$180 is a bit steep, it's worth it considering it's totally ended my hunt for the comfiest shoe. I've finally found my sole mate. It's truly a great feeling.

Rating: A+

— IAN MANERA
SPORTS WRITER

SERIES REVIEW | Although network's storylines are not always believable, they are fun

Foul-mouthed Filth a great feature film

Recently, I've really become obsessed with films similar to the 2003 Korean movie Oldboy.

The movie is a noir/hard-boiled type movie about a Korean man who was locked in a hotel room for 10+ years, and upon his release, sets out to find whoever imprisoned him, which involves lots of ass-kicking, devouring live octopuses, detective work, and even incest.

In other words, it was crazy. I enjoy crazy movies. This is where "Filth," which stars James McAvoy comes into play.

IMDB gives it an aggregate rating of 7.1, which is about right. The film is extremely, to put it mildly, crass. The plot revolves around McAvoy's character, Bruce Robertson, a corrupt Scottish police officer who is everything from raging alcoholic, junkie, you name it.

When he finds out there is a new promotion in line, he starts off on a campaign to smear every other person he knows and works with.

The movie involves a lot of British humor and cultural exchanges, which feel like they may be a bit lost



on American audiences who do not have much experience with foreign films.

Bruce is an amazingly deviant character, going so far as to steal his close "friend's" wives, and eventually starts to lose his mind in the web of lies he creates.

Eventually, McAvoy starts crumbling in spectacular fashion, but the buildup, which includes a meteoric rise to the status of madman, is both fascinating and disgusting at the same time. This movie is not for the faint of heart, shall we say. Maybe the fact that it's Scottish can explain the overall roughness the film radiates.

The ending was a shock akin to movies like Fight Club, and

I did not see it coming at all. It's very hard to avoid not spoiling.

If you're a fan of detective movies, or raunchy movies, or movies that are just unapologetically brutal, then Filth is for you.

Rating: B+

— SPENCER GRANT
SENIOR WRITER



NPR app informs and educates

Every morning I wake up after nine consecutive egregious alarms set on my iPhone. I drag myself to a vertical position, and open my National Public Radio news app.

Now, I know what you're thinking. "Oh gee... another useless podcast-style app that never loads and takes up two gigs of memory." (I'm talking to you- Moth Radio and Apple Podcast.)

The NPR News App actually works.

I could turn on my radio in my room and spend the next hour hardly hearing it from two rooms away, but instead I'll get to listen to the lead stories from Morning Edition right off the bat.

I do this by using my favorite thing about the app, the playlist function. It allows you to select an NPR program and add episodes to a continuous, hands free playlist.

That means I can stay alive in the morning as, headphones in, I groggily brush my teeth and stare at my unstylable hair.

Later, standing in the frozen cold waiting for the 15 minute late EMBARK bus, I'll have Renee Montagne's sweet voice informing me of the latest rise in oil prices.

The app also allows you to stream any NPR station in the country. So when I'm walking my dog on Saturday morning I can tune into WBEZ out of Chicago, or WNYC out of New York. If you close your eyes you can just maybe smell the \$1 pizza.

I use this function when I am traveling a lot. I can be in middle-of-nowhere Kansas where the tone of their public radio station's local announcer is like squeaky metal and instead tune into the familiar voice of Karen Holp harassing those good-for-nothing public radio listeners into pledging.

You can also scroll through and read NPR's top news stories, which are posted sometimes before they are discussed on the radio.

All in all this is probably my most used app on my phone. It is available to iPhone and Android users for free.

Rating: A

— LENORA LAVICTOIRE
COMMUNITY WRITER

COMMENTS AND REVIEWS

COMIC BOOK REVIEW | Netflix original series features great cast, interesting show

Jessica Jones shows Marvel's dark side

What can I say about "Jessica Jones," The Netflix TV series based on the Marvel Comics character of the same name? The show is unusual for a show based on a Marvel property.

The beginning borrows heavily from noir crime stories, and although Jones has superpowers, she is not a cape-wearing hero with a secret identity. She did try the superhero thing once, but that was part of the messy complicated past that Jones left behind to lay low and become a private investigator.

Krysten Ritter, who many viewers will recognize from "Breaking Bad," plays Jones with the right combination of street tough demeanor and vulnerability. At first it feels like Jones

is deliberately living out a hard-boiled detective fantasy and it is hard to believe she drinks so much, but it is easier to understand when you consider the traumatic things she went through at the hands of the show's central villain, Killgrave, played by David Tennant.

Killgrave is the creepiest super villain on television with no conscience and the ability to exert absolute control over



his victims with a few words. Other villains are scary because they kill people. Killgrave puts victims in a living hell, forcing them to commit terrible acts, and then live with the memories. Often they can't even tell anyone because what happens is so unbelievable.

Casting may be the show's greatest strength. In addition to Ritter and Tennant the show includes Mike Colter, who looks like he was born to play Luke Cage, a Marvel hero whose story intersects with that of Jones.

Rachel Taylor and Wil Traval are

both well cast as "Trish" Walker, and Will Simpson.

The most interesting casting decision is the choice of Carrie-Anne Moss as the powerful lawyer, Jeri Hogarth, a character originally portrayed as male.

It's a choice that makes clear the show is speaking to a modern audience, and Moss plays the calculating and ruthless character with complete conviction.

This show is worth the time of anyone who enjoys comic books, and can still be appreciated by those who have never picked one up.

Rating: A

—AMAR MOLINAS
WEBMASTER

FOOTBALL REVIEW | Writer says he disliked the Grinch character, but enjoyed the classic movie

Grinch steals Christmas, and our hearts

Although Christmas holiday is not considered as a popular event in some countries, I believe that nobody doesn't like Christmas, because the word "Christmas" brings a feeling of warmth, happiness, colorful lights, kindnesses and presents, except green Grinch who is living in Whovilles.

The first time I watched "Grinch" years ago, I was totally shocked and astonished. Grinch hates Christmas a lot. He also hates seeing people to be happy. He does not like people celebrating their house for the upcoming Christmas every year.

Honestly, I hated Grinch so much when I first saw him. The way he acts, the words he says and how he treats his dog are so rude and impolite. Grinch has a different appearance from normal people with green skin, yellow eyes, ugly face and animal fangs. He actually looks like an evil elf.

The movie is simply about while many villagers are happily decorating and waiting joyfully for the upcoming Christmas, Grinch plans to destroy the Christmas atmosphere by stealing all of the decorations. However, after all the movie has a beautiful and happy ending when Grinch sends back what he stole and participates in with everyone to enjoy Christmas.

The movie teaches me a lot of lessons. You should be open and nice to people around you because when you choose to isolate yourself from the community, you will face Grinch's situation. Grinch has to live on his own for a long time,



and that causes his heart to be really small and his mind to be filled with full of hatreds.

You also should not treat anyone badly just because their appearance are not nice because their face have no relations to their personalities. Besides, Christmas is not what you decorate like lights, pine trees or stockings. Christmas truly stays inside your heart if you love and believe in it.

By the way, I could not deny that he is really smart. The way he designs and build his place impresses me.

He also has brilliant ideas about how to steal Christmas

environment from people.

"Grinch" is a good movie for family. It is appropriate for children and adults. It must be a big regret if you have not watched it.

Rating: A

—HUNG TRAN
SENIOR WRITER

**Have you recently seen a movie,
read a book or dined
at an area restaurant?**

**Head over to our Facebook or
Twitter page and tell us about it.**



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TOP 20 MOVIES

*Weekend of Nov. 27
through Nov. 29*

www.newyorktimes.com

1. Star Wars: The Force Awaken
2. The Revenant
3. Daddy's Home
4. The Forest
5. Sisters
6. The Hatefule Eight
7. The Big Short
8. Alvin and the 8. Chipmunks: The Road Chip
9. Joy
10. Concussion
11. Point Break
12. The Hunger Games: Mockingjay, Part 2
13. The Good Dinosaur
14. Creed
15. Carol
16. Brooklyn
17. Spotlight
18. The Danish Girl
19. Wazir
20. Spectre

Domestic dispute leads to arrest in Main Building

HUNG TRAN

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A man's arrest and a grand larceny were among the incidents reported to campus police in recent weeks.

On Dec. 17, OCCC police officers assisted the Oklahoma City Police Department in locating a 38-year-old man who was walking with his four-year-old child on campus. The suspect whose name is redacted, was involved in a domestic disagreement with his wife, according to the report.

The man was identified through surveillance footage entering the campus with his son around 3:27 p.m. by officer Van Ninh. After that, Ninh immediately reported this to the OCPD dispatcher and two OCPD officers were sent to enter the

Main Building to look for the suspect.

Acting Police Sergeant Jeremy Bohannon reported when he walked out of the Campus Police office in order to help the two OCPD officers look for the suspect he saw the suspect was arrested and being walked away by one of the OCPD officers. Bohannon and the other officer walked the young son to the police car where his mother was waiting.



The next day, Dec. 18, stolen property was reported by Student Life Director Erin Logan. According to officer David Madden, Logan said some things which she placed in her desk the day before, Dec. 17, including a \$10 Amazon gift card, Christmas cookies, and all of her change, had disappeared when she came back the next day.

Based on reviews from

the surveillance camera, campus police identified a custodial employee entering Logan's office that night.

Campus police are working with WFF currently to identify the suspect.

Some information was redacted from the reports under the direction of Marketing and Public Relations Director Cordel Jordan, who said names are redacted "according to OCCCPD Standard Operating Procedures involving information released and information withheld."

To obtain a copy of the procedure, email cjordan@occc.edu.

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Comments? Opinions?

Let us know!

**E-mail the editor at
editor@occc.edu**

Swank: movies on demand through OCCC library

Continued from page 1

own little Netflix that we pick the movies that we make available to OCCC students, staff and faculty," Sweany said. "The Library purchases the subscription every year.

"Once a month, we add in a couple [movies], we probably do another big push in January."

Reference Librarian Rachel Butler said they have had the site for five years and it is free for students to use to watch movies.

"When we first got it, we only got a few films that faculty members requested

had for their classes, so you have to be in one of those classes to use it," Butler said. "The new part is how many films we have now."

Sweany said many classes on campus are using 'Swank Digital Campus' for lecturing.

"We have a sociology class that uses it. We have a lot of different programs across campus who require students watch certain films for their class."

Sweany said all the films on the site also have captions, mostly in English.

Circulation and Reference Librarian

Ann Marie Raia said there are some differences between Swank Digital Campus and Films on Demand that is also being offered at the Library website.

"Films on Demand is more educational and academic, focuses on education for classrooms," Raia said.

"For Swank Digital Campus, we have all of the feature films, movies in the movie theater and films. It is a good supplement for film department."

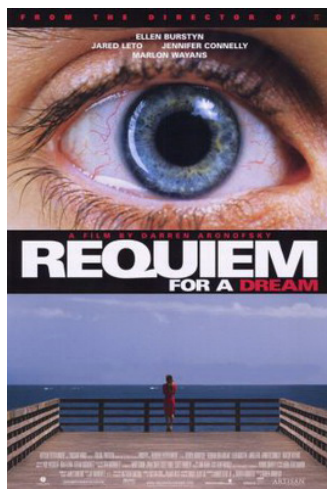
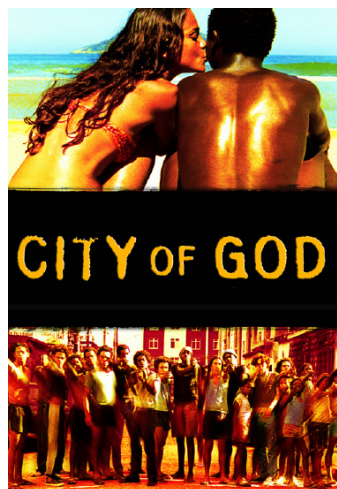
Sweany said OCCC students, staff and faculty could request films and movies that they want to watch on

the site.

"If we don't have films you want, definitely students, faculty and staff can email the library. We will see about getting it and adding it into the catalog."

She said a lot of faculty use Swank and love it. She said because the site is new, they are trying to educate as many students as possible to let them know about it.

For more information, visit at www.occc.edu/library.



Tours: Students tour OU campus before transferring

Continued from page 1

Action Study Sessions, which help transfer students with the adjustment to OU.

It's a difficult transition to OU no matter what college you are entering, because it's a new institution with different vocabulary, and different ways of doing things, McConnell said.

"The services I bring to you today ... are to complement and augment what you are doing in the classroom," she said.

The U.C. Action Study Sessions are free, and tutoring is currently offering in over 100 subjects, McConnell said.

"You're going to find a really engaged

group via the peer tutors or the faculty members," McConnell said. The tutoring sessions are located in Wagner Hall. The building stays open until midnight, so students can receive help throughout the day and evening, McConnell said.

She told students that OU offers a transition course that helps transfer students get acquainted with the university to ease the transition.

McConnell said the transfer class is taught by a former transfer student, the class is a 3000 level class and it's only an hour long for eight weeks.

TRiO students were treated to lunch at Couch Center, and while eating, they

were able to socialize and learn more about each other.

"I am definitely considering going to OU, because I like the location," said Meranda Garrett, TRiO SSS student program assistant. "It's close to home, and it has the degree program that I am interested in, which is anthropology."

TRiO students walked around campus, including the library and its infamous stacks.

They learned about the university's well known art collection, and how OU students can attend any sports game for free besides the football and basketball games.

TRiO student Salvador Arcivar said the tour has caused him to rethink his plans.

"OU has such a beautiful campus," he said. "I love the atmosphere. I was thinking about going to UCO, but now I'm leaning towards OU. I am thoroughly impressed by the friendliness of OU, and I am excited to look more into this university."

For more information about transferring to OU, contact Javier Puebla, coordinator of Transfer and Graduation Services at 405-682-7567 or javier.puebla@occc.edu.

UCO home to many transfer students

TREY BELL
News Writing Student

Four OCCC students spent a few hours Sept. 25 touring the University of Central Oklahoma, which they are considering as their transfer university.

The tour was tailored for the students' preferred degree field, stopping at the buildings and centers specific to them.

Kristin Hatter, whose major is special education, said she was thrilled to stop by the education department, as

was psychology major Adrian Fallwell.

Lacey Aldrich, transfer specialist at UCO, said about half of the university's students transfer from other colleges.

"We provide 117 undergraduate majors, and we're home to over 17,000 students," she said.

"Our favorite statistic is that over half of them are transfer students, the majority of which are in-state."

UCO is a leader in many academic fields, Aldrich said. It is home to one of the best Mass Communication programs in

the state, along with the No. 1 forensic science department in Oklahoma.

Forensic science major Joseph Salinas was impressed with the department.

The itinerary included a tour of the living accommodations available on campus.

"The Quad, the newest addition on campus, is the only transformative learning college dorm in the state," said Carley Michela, student assistant for UCO transfer and transition support. She said The Quad is designed to help

students study and de-stress at the same time, with pool tables and other activities inside.

"The transfer tour will really give the students insight into the program they're interested in," said Javier Puebla, OCCC transfer and graduation services coordinator.

"But they will also get a chance to see if the campus is truly for them. Ultimately, students have a lot of options, but it's not until you're at the campus that you can envision, or not envision, yourself being there."

Tour Dates

University of Oklahoma
(Depart from GET Office at 11:15 a.m.)

Friday, Feb. 12

Friday, March 11

University of Central Oklahoma
(Depart from GET Office at 11:15 a.m.)

Friday, Feb. 5

Friday, March 25

Oklahoma City University
(Depart from GET Office at 11:15 a.m.)

Friday, Feb. 19

Friday, April 29

University of Science and Arts of Oklahoma
(Depart from GET Office at 11:15 a.m.)

Friday, March 4

Friday, April 8

University of Oklahoma Health Science Center
(Two tours @ 9:30 a.m. and 1:30 p.m.)

Tuesday, April 12

Tours depart from the Graduation, Employment & Transfer Services, located behind Registration Services in the Main Building. For more information, contact Javier Puebla at jpuebla@occc.edu.

Chickasha college offers smaller classes

TREY BELL
News Writing Student

For students who would prefer a smaller university when they leave OCCC, the University of Science and Arts of Oklahoma in Chickasha is an option.

USAO is home to 950 students, with a 13:1 student-to-professor ratio.

When this reporter was able to attend a USAO tour sponsored by the OCCC office of Graduation, Employment and Transfer on Nov. 6, he got the VIP treatment.

Founded in 1908, USAO was originally named the

Oklahoma College for Women, said Bobbie Shores, admissions counselor.

In the 1960s the school became co-educational, receiving the name of Oklahoma College of Liberal arts.

In 1974, to meet new state government mandates, the name was changed to include the word "university," and now holds its current title.

It offers a variety of degree programs, from elementary education to theater arts, including others like mathematics and political science.

USAO also offers several undergraduate preparation programs for professional schools,

such as law and medicine.

"We are the only public university in the state that offers a deaf education major," Shores said.

There are several locations on campus where students can relax and unwind, including Drover's Den, a student relaxation center with pool tables and television, along with the "C-store," the on-campus convenience shop where students can buy snacks and other food items.

Other relaxation options include Dusty's Diner, a secondary dining option for students who would like a bite to eat when the cafeteria is closed.

Dusty's also is home to several evening activities, like Karaoke night and watching the Thunder basketball games.

For those who like to stay fit, the Nobs Wellness Center is home to exercise equipment open to all students.

USAO offers housing as well, with two-bedroom and four-bedroom apartment options available.

For more information on upcoming tours, contact Javier Puebla at 405-682-7567 or by email at javier.puebla@occc.edu.

Email Shores at bshores@usao.edu.

Maps guide students around campus

HUNG TRAN

Senior Writer
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At the beginning of each semester, new students face difficulties navigating around campus — even when using maps. Web Development and Social Media Supervisor John Richardson said there are three types of maps on campus: the MyWay map website, located on the OCCC homepage, map signs around campus and regular paper maps, which are available in most offices.

“Other than the online MyWay system, we continue to produce paper copies [...] and signs all over campus with Wayfinding as well,” Richardson said. — maybe don’t need this quote

Based on OCCC’s open records, the budget for setting up, operating and providing navigation tools cost nearly \$2750 one time and \$299 monthly fee for Campus Bird Subscription.

Richardson said it is really difficult to tell exactly which method is the most efficient for the students to use. They are trying to provide more options for students, he said.

“Different people are going to find more values with different types of communications,” he said. “I like to think that the online version is going to be the most valuable to students,” Richardson said.

He said he will continue to improve the website such as adding more details and functionalities to provide more advantages for students. However, when asked, seven out of 10 students were unaware of the MyWay online mapping system.

Cyber Security major Elijah Jakes said he had never heard of the MyWay online map.

He said he had some problems navigating the campus in the first few days of the fall semester.

“I have to go around and ask people inside different buildings to get to know where the place I am at, my first classroom, and I don’t really understand the map.”

He said the method he mainly uses to

“I knew OU has a [mapping website] but I didn’t know we have one here,” Hackney said.

Richardson said the online map was launched at the beginning of fall semester and wasn’t widely noticed by students.

“We didn’t have opportunities to promote it and create a higher level of

Omar Leija, Emergency Medical Service major, said he uses both kind of mapping method for his navigation on campus. However, he said he enjoys using the MyWay more because of its convenience.

“I prefer the online one because it is more easily accessible,” he said. “Whenever I need to know where something is I just pull [MyWay website] out on my phone and it is a lot easier to get to.”

He said although the online version is not perfect, it is still more helpful to him.

“As long as I get to the building I need to go [...] from there it is a lot easier.”

Richardson said he is planning to address MyWay with students in the spring semester.

But the issue doesn’t stop there — students also have problems navigating with paper maps.

Pre-Dentistry major Andrew Pham said the OCCC paper maps were not very helpful for him for locating classrooms in his first semester.

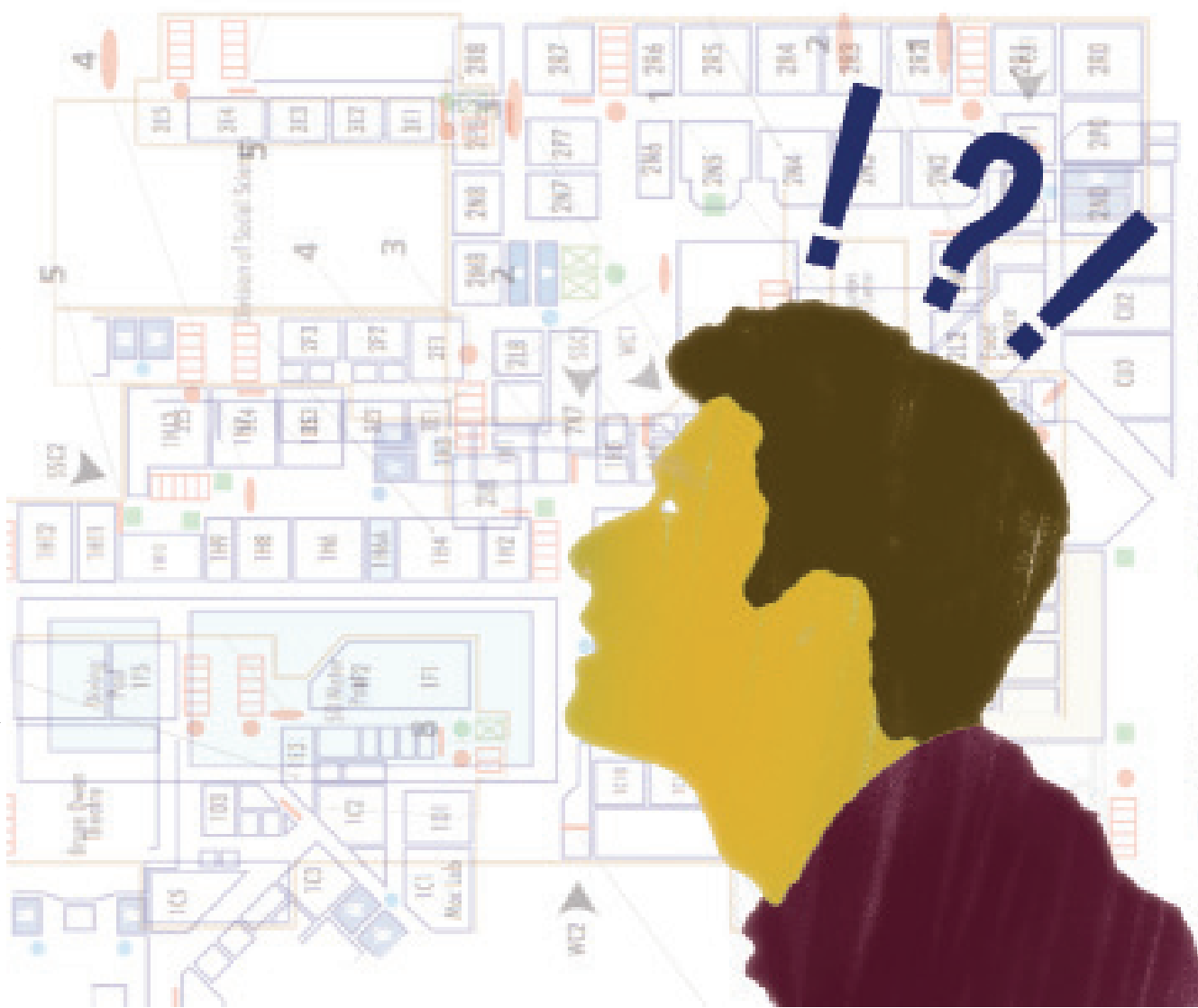
“I have a map that they gave me but I did not know how to get to use it, so I just asked people around,” Pham said.

Undecided major Eldon Wagner said new students should drive to campus at least 15 minutes early for the first couple days before their class starts.

Richardson said he also receives some suggestions about the MyWay issues. “We met with a small student focus group this semester [...] getting their feedbacks on the system,” he said. “Most of it has to do with navigating one spot on campus to another spot on campus.”

“We pass those [suggestions] along to the developers of the system. Some of the suggestions of the students made are already in the work with our vendors,” he said. “So we look forward to those being implemented in the future.”

For more information about campus maps, visit www.occc.edu/myway.



navigate around campus is to identify some specific places such as The OCCC Coffee Shop or specific stairs.

Jakes said he needs at least a year to be familiar in using the map and the signs. “The (paper) map shows you places but [the real places] don’t really match with descriptions on the map,” he said.

Diversified Studies Rachel Hackney said she has had the same problems when navigating.

“I got lost a few times. Mostly it was people showing me where to go,” Hackney said.

She said the most helpful navigation for her is the standing signs around campus.

visitability for it,” he said.

Some students have found MyWay more useful than the other versions.

Nursing major Tessa Ingram said she finds the online map easier to use than the paper maps.

“It is more clear about the direction to go,” Ingram said. “I asked [people] during the Opening Day ‘which route better to use?’ and I was told to use the online (version). It helps me a lot.”

She said even MyWay might not help her find way to an exact classroom but it is helpful for her to locate every building on campus.

“It helps me go throughout the hallway because I usually got lost from building to building,” Ingram said.

SPORTS



"I have been coming to the weight class for a long time, it's fun. This class helps with my stress more than anything — this class is like a date with myself," said Peggy Decelle Newman, Physical Therapist Assistant Program professor. If your resolution this year is to be healthy and to be in great shape, join Sets and Reps class with Fitness Instructor Joni Harding (right). The weight class is on Mondays and Wednesdays from noon to 1 p.m. at the Wellness Center. Students with a valid OCCC ID can take classes for free. For more information, call 405-682-7860, or visit www.occc.edu/rf/index.html. *Melissa Sue Lopez/Pioneer*

Intramural sports begin new season

IAN MANERA

Sports Writer

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As classes start back up for OCCC students for the upcoming spring semester, so does the intramural sports program that is offered here on campus.

The easiest way for students to get involved with the free program offered by the Recreation and Fitness department is by enrolling online, said Sports Assistant Matthew Wright.

Intramural sports have been growing in popularity so there is a chance intramural leagues, such as basketball, flag football, or indoor soccer, could even be full by the time the leagues kick off throughout the semester, said Wright.

However, one surefire way for students to guarantee a spot on a team is by using IMleagues.com, a website that the Recreation and Fitness department uses to help better organize teams.

The website allows students to register themselves to play in the intramurals long before the intramurals even start, Wright said.

"While I'd like people to sign up online, we will accept walk-ins if there are open spots for that day," he said. "It'd be best to sign up online to reserve your spot."

Another benefit to the website is that it allows students to register teams with their friends.

Once students are placed on a team, they can't switch teams throughout the intramural season, so being placed on the right team is important, said Wright. IMleagues.com allows students to sign up with all of

their friends at once so they will not have to worry about that issue.

The website also keeps track of all the events students are involved in. This includes a calendar of games in the intramural leagues and statistics such as winning percentage.

As the semester inches closer and closer towards beginning, interested students should keep an eye out for the intramural sports schedule when classes start on January 19.

For more information about intramural sports or IMleagues.com, students can contact the Recreation and Fitness office at 405-682-7860.



GETTINGTOKNOW:

**PATRICIA
ROSS**
**RECREATION
& FITNESS
CUSTOMER
SERVICE
ASSISTANT
SINCE 2005**



Q: What is your job description here at OCCC?

A: I am the rec and fitness customer service assistant. Basically I work the front desk taking membership fees, daily passes, assisting over at the wellness center, and doing various administrative paperwork.

Q: What's your favorite part about teaching the classes here at OCCC?

A: The people. All the people here are good people to work with, and good people in general.

Q: What are your hobbies?

A: Computers and reading. Building computers and gaming on them.

Q: What's your current graphics card?

A: Nvidia 730 GT. It's more mid tier, not exactly top of the line, but it's an upgrade over what I had.

Q: What games do you play?

A: Lots of massive multiplayer online games and strategy games. Not "World of Warcraft", but I play "Everquest 2," "Lord of the Rings Online", and strategy like the "Civilization" games.

Q: What kind of sports have you been involved with throughout your life?

A: I started here because of the aquatics in 2005, I taught swimming and was a lifeguard. Most of my sports attachment comes with swimming.

Q: Favorite sports to watch/teams?

A: None.

Q: What's your favorite thing about fitness?

A: It's impactful on your entire life.

Q: Why do you think it's important for people to maintain a healthy lifestyle?

A: Well, you'll live longer, and certainly live better. Losing weight has had a significant impact on what I felt like I could do.

Professor says save water, save the planet

YAXIN TIAN
News Writing Student

Saving water can be done one gallon at a time, if people would be willing to make minor adjustments in their daily lives, said geography Professor Julie Rice-Rollins in a speech on campus Nov. 12.

She asserted that only 3 percent of the Earth's surface is covered by fresh water.

Statistics show that the aver-



age American uses 85 to 100 gallons of fresh water each day in activities like flushing toilets, bathing, washing clothes and dishes.

Her speech is part of a year-long project sponsored by the OCCC library to encourage as many students as possible to read a book called "Water Matters." The nonfiction book is comprised of a series of essays on water awareness and conservation.

Free copies of the book can be obtained at the library.

Rice-Rollins noted in her speech that more than 15 percent of the Earth's population has no access to fresh and clean water.

The U.S. is fortunate to be able to provide clean water to almost every resident at low cost, she said. The small price may be one reason Americans are careless in their use of water.

She suggested some steps that all people can take to reduce the amount of fresh water they use.

For instance, if Americans ensure that they turn off the faucet while brushing teeth, each person will

save an average of 2880 gallons of water in a year, Rice-Rollins said.

Also, instead of people buying bottled water, it is advisable to refill and reuse the plastic bottles since each one-liter plastic bottle requires seven liters of water to produce.

It is also important to buy recycled paper products, the professor said, as they require less water in their manufacturing.

Rice-Rollins advised homeowners to install low-flow shower-heads as they would save 4500 gallons of water per individual in a year.

The professor emphasized that watering lawns in the morning or evening, as opposed to the heat of the day, would save 4500 gallons of water annually.

The choice of a vegetarian meal once a day could save 171,000 gallons of water per person in a year, she said.

The dishwasher also can save 2860 gallons of water if people would use the lower



setting and run it when it's full, Rice-Rollins said. Leaky toilets should also be fixed or replaced to avoid wasting water, and this could save up to 200 gallons of water.

In summary, Rice-Rollins

stressed how a family could conserve water in their homes. She recommended installing high-efficiency toilets, high-efficiency washer and dryer, and planting native Oklahoma species in flower beds.

Although the installation of high-efficiency toilets is costly, Rice-Rollins said, they use up to one third less water than conventional toilets.

The consumption of less water would compensate for the cost of installing the high-efficiency toilet in two years, she said.

When at the bathroom and kitchen, people should take precautions to avoid letting the water run when it is not in use. It is also important to always remember to take short showers of approximately four minutes as it saves 20 to 40 gallons of water each time, Rice-Rollins said.

For more information, Rice-Rollins can be reached at 405-682-1611 ext. 7382 or by email at jrollins@occc.edu.

"Water Matters" Speech Topics Schedule:

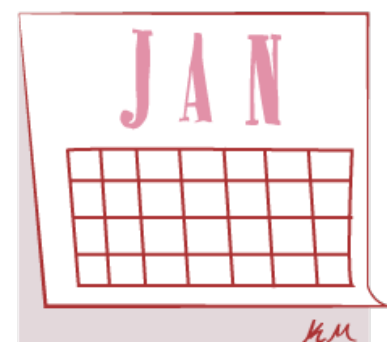
"Water and Human Rights" with Professor Stephen Morrow, noon to 1 p.m., Monday, Feb. 8, CU3.

"Oklahoma Water" with Oklahoma Water Resource Board's Matt Rollins, noon to 1 p.m. Monday, Feb. 29, CU3.

"Oklahoma and Metro Area Water Issues" will be addressed by Logan Layden, a reporter for State Impact Oklahoma and KGOU's National Public Radio, noon to 1 p.m. Wednesday, March 23, in CU3.

"OKC Watershed Protection" with Andrea Shelton, city of Oklahoma City's Storm Water Division. 12:30 to 1:30 p.m. Thursday, March 31, in CU1.

"Economics and Your Water Footprint" with Professor Charles Wayne Myrick, 12:30 to 1:30 p.m. Tuesday, April 12, in CU3.



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CAMPUS COMMUNITY



GAMES: Students work to keep a ball in the air during their Interpersonal Communications class with Professor Julie Corff. The learning game emphasizes constant communication. In the inner-circle from left to right teammates, Summer Winters, psychology major, Kelly Wells, senior technical instructor, Brad Webb, sociology major, Melvin Smith, public relations major, and JayVun Berry, fashion marketing major. *Melissa Sue Lopez/Pioneer*

Many campus clubs for students

LENORA LAVICTOIRE

Editor
editor@occc.edu

From the religiously devoted to nonbelievers, campus clubs offer many choices for students. Those seeking to get involved on campus can explore the gamut of active clubs at the club fair Wednesday, Jan. 27, and Thursday, Jan. 28.

Active clubs will set up informational tables at the club fair from 10 a.m. to 6 p.m. on Wednesday, Jan. 27, and from 10 a.m. to 2 p.m. Thursday, Jan. 28, in the General Dining Area Lobby.

Agnostics, Atheists and Freethinkers President Trey Gourley said his club is currently one of the more active clubs on campus. He said the biggest draw to any students looking to join a club is the open and transparent atmosphere AAF strives to create.

"[AAF is] a great environment. I love [it]," Gourley said. He said that no other club on campus is as welcoming a place as AAF.

"Right now we're really as open as it gets as far as ideas go," Gourley said.

If one is looking for religious clubs, the college has several to offer.

The Baptist Collegiate Ministries provides Christian fellowship on campus and Christians on Campus offer frequent Bible studies and community outreach.

There are also many clubs on campus working toward advancing different OCCC student populations.

The American Association of University Women is active on campus as well. The national organization promotes equality for women and girls throughout

OCCC and the community.

The Black Student Association has a chapter at the college that serves to promote awareness of African American people and culture.

The Hispanic Organization to Promote Education works to advance cultural awareness of the Latino community at OCCC.

The Native American Student Association promotes the advancement and engagement of different tribes and indigenous people on campus.

Students looking to forge networks with alumni can join the Future Alumni Network. The club facilitates OCCC past and future graduates to maintain relationships outside of their schooling.

For students looking to network in their fields, there are many occupational clubs on campus.

Students interested in health professions have many different clubs available to them. Professional clubs help students build networks in their prospective fields. The Health Professions Club, Nursing Student Association, Speech Language Pathology Assistant Organization, Student Emergency Medical Science Association, Student Occupational Therapy Association, and the Student Physical Therapy Assistant Organization all support students be engaged with their representative fields.

Additionally, Engineering Club and Cyber Club are available to those studying either engineering or cyber security.

For a full list of available clubs on campus visit the Office of Student Life. Visit www.occc.edu/studentlife/clubs for club information and contacts.

CAMPUS HIGHLIGHTS

Opening Day Saturday, Jan. 16

Opening Day is Saturday, Jan. 16. New and returning students can receive personalized tours by OCCC students who can show them where each of their classes are from 1 to 4 p.m. New student orientation classes will begin at 11 a.m. All student services will also be open, and free popcorn will be provided from the Student Life Office. For more information contact the Student Life Office at 405-682-7523.

Doc Severinsen live Tuesday, Jan. 19

The Tonight Show star Doc Severinsen will take the stage at 7:30 p.m. Tuesday, Jan. 19, in the Visual and Performing Arts Center Theater. The famous trumpeter will play jazz standards and more in big band style with the Oklahoma City Jazz Orchestra. Students can receive two free tickets each. For more information contact the OCCC Box Office at 405-682-7579.

Withdraw from classes by deadline

Students can drop their early eight-week courses and receive a full refund until Friday, Jan. 22. Students will be charged for the course if they do not withdraw before that date. Spring 16-week and fast track 1 courses must be withdrawn from by Friday, Jan. 29, to receive reimbursement. Students can drop courses by logging onto Mine Online and clicking 'Drop Classes.' For more information contact Academic Advising at 405-682-7535.

'Queen of Bluegrass' Friday, Jan. 22

Ever since the *Wall Street Journal* crowned her "the new Queen of Bluegrass," Rhonda Vincent's career has taken off. She and her band, The Rage, will take OCCC by storm at 7:30 p.m. on Friday, Jan. 22, in the Visual and Performing Arts Center Theater. Free student tickets are available at the OCCC Box Office. For more information contact the box office at 405-682-7579.

Don't wait in line for Academic Advising

Students can now declare a major and receive a faculty adviser in their major's division office. Faculty Advisers can provide one-on-one, specified enrollment help and information. Additionally, students can skip the line by making an appointment with Academic Advising in advance at 405-682-7535.

Discounted Embark bus passes available

Students, faculty, and staff can purchase a discounted \$30 bus pass from the OCCC Bookstore. The pass is good for 30 days of unlimited rides. Embark now offers free Wi-Fi on every bus and expanded service to midnight for some routes. For more information on bus passes, routes and times, visit the Student Life Office located in the Main Building.

All highlights are due Monday by noon for

CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

AUTOMOTIVE

FOR SALE: Bed liner and camper shell that will fit a full-size truck. Good condition. \$100 for both. Text 405-818-0083 for more information or photos.

FURNITURE

FOR SALE: 19" CRT television in fair condition. Great

for a gaming TV or in a child's room. \$25. Text 405-818-0083 for more details.

MISCELLANEOUS

LOOKING FOR A NEW ROOMMATE? Look no further. Call Tony 405-822-2496.

FREE: Your ad here. Students can place non-business classified ads for free. No more than 7 lines. Submit your ad to adman@occc.edu with your name, student ID and valid phone number.

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Be the Same.**

Smoking gave me throat cancer
at 39. Now I breathe through a
hole in my throat and need this
machine to speak.

—Rosaldo Martinez

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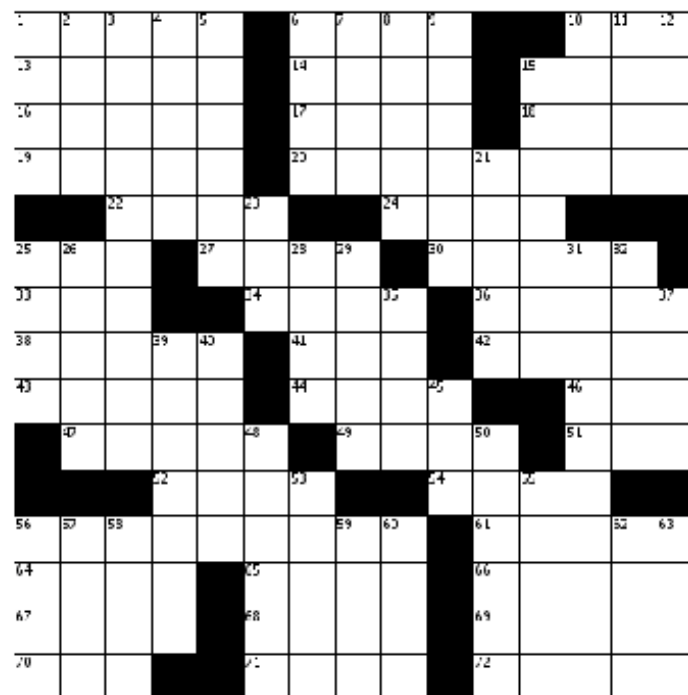
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WEEKLY CROSSWORD

Across

1. Engaged in a battle
6. Rock-band equipment
10. Complete collection
13. Baggy
14. Come in last
15. Tiresome speaker
16. Casino machines
17. Airline to Tel Aviv
18. China's continent
19. '50s song, e.g.
20. Prison section
22. Historical times
24. Not very bold
25. Skillset
27. The Dalai ___
30. Took another chair
33. And so on: Abbr.
34. Veterinary visitors
36. Records on video
38. Plays Pebble Beach
41. Pub beverage
42. Scarecrow filler
43. Prying person
44. Domesticated
46. Lyricist Gershwin
47. Marsh bird
49. Knights' titles
51. St. Louis clock setting
52. Stop running, perhaps
54. Nevada city
56. Auto tune-up item
61. Prudential rival
64. Long-eared hopper
65. Window section
66. Colonel's subordinate
67. Pinnacle
68. Middle East ruler
69. Video-game name
70. Casual greeting
71. See socially
72. Wanderer



Down

1. In addition
2. Turnpike charge
3. Traditional Dutch shoe
4. Moving about
5. Close again, as a jar
6. Actor Baldwin
7. Burrowing mammal
8. Sacred song
9. Merchant
10. Run-of-the-mill
11. Guitarist Clapton
12. Ship wood
15. Refuses to go along with
21. Borscht vegetables
23. Maple product
25. Wooden pins
26. Make amends
28. Butcher-shop buy
29. Collection of maps
31. Fruity toast topper
32. Signs of sorrow
35. Prefix for sweet
37. Attack, as a fly
39. At no charge
40. Talk
45. Get it wrong
48. Left 15% on the table
50. Naval recruit
53. Camel's South American cousin
55. "Cool!"
56. Old Iranian ruler
57. Walk back and forth
58. Military force
59. 58 Across division
60. "Pretty Woman" star
62. Director Ephron
63. Dry as a desert

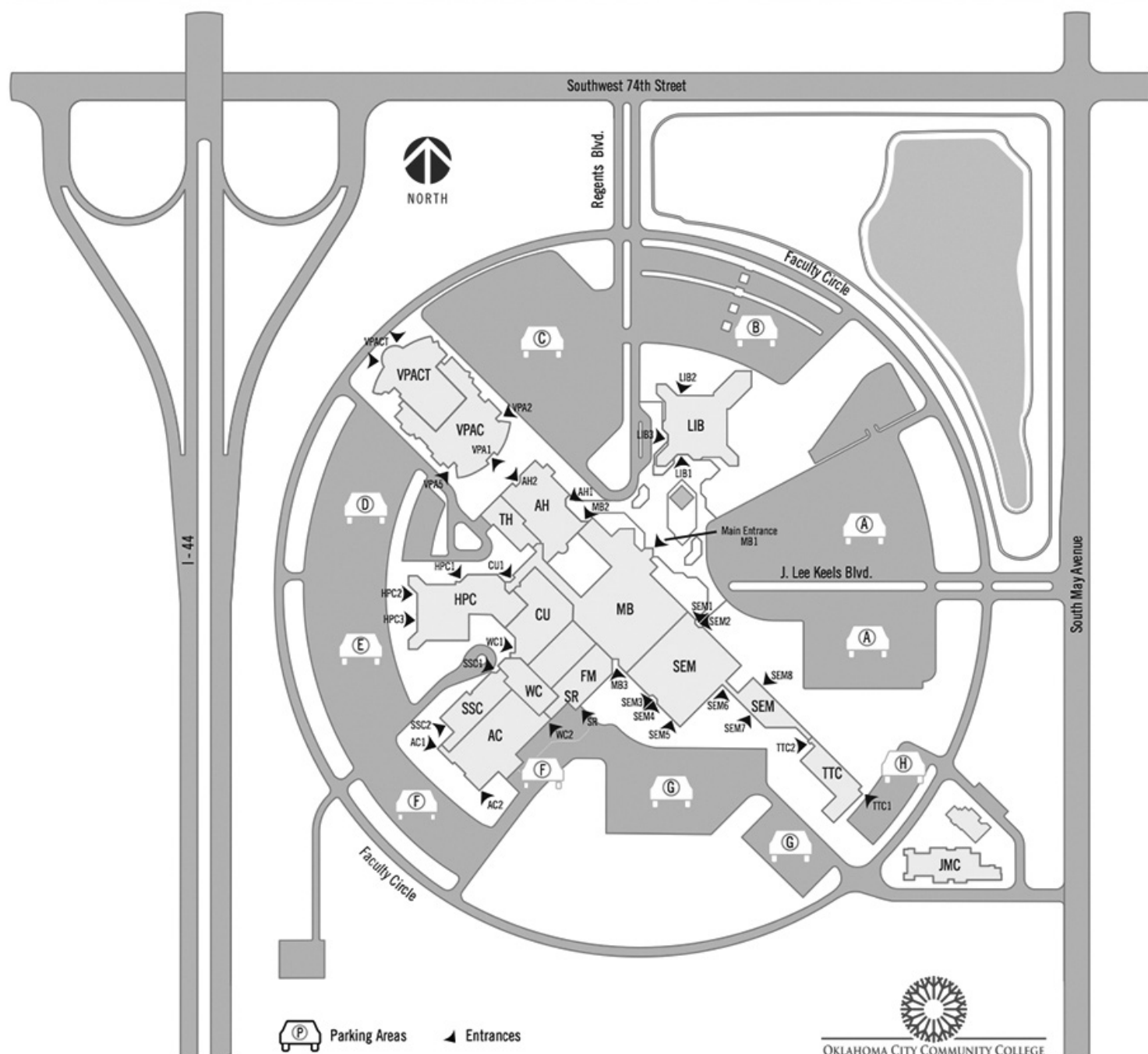


Drivers who use
cellphones are 4 times
more likely to get into
crashes that could be
fatal

Using a cellphone
while driving delays a
drivers reactions as
much as having a B.A.C.
level of 0.08

**"Don't Drive while inTEXTicated.
Driving while inTEXTicated kills."**

<http://pioneer.occc.edu>



Campus police help students find parking

LENORA LAVICTOIRE

Editor
editor@occc.edu

The first couple weeks of every semester at OCCC can be hectic, said former OCCC Police Chief James Fitzpatrick. He said the campus is flooded with new students and visitors, which commonly causes traffic jams and delays.

Fitzpatrick said that students should visit the campus prior to their first day of school and plan their arrival.

He said that when students show up at 8 a.m. on the first day of classes, Tuesday, Jan. 19, they will find that they are not the only students rushing to buy books before their morning classes.

“We’re not out here to write tickets, but we do.”

—FORMER OCCC POLICE CHIEF
JAMES FITZPATRICK

He said the week before spring classes start is a good time for students to practice navigating the campus, get familiar with the building, and buy books from the OCCC Bookstore.

The campus is open from 7 a.m. to 11 p.m., Monday through Friday, Jan. 4-15.

Additionally, Opening Day is from 7 a.m. to 5 p.m. Saturday, Jan. 16. On Opening Day students can receive tours of the building and prepare for the upcoming semester. The bookstore will be open that day from 9 a.m. to 4 p.m.

Students follow the OCCC Police Department on Twitter @OCCCParking to receive live updates on parking lot fillings.

Fitzpatrick said that frequently lots D, E, and F have the most room, while lots A, B, and C fill quickly.

He said that OCCC police write tickets for parking violations. Double or improper parking and other violations can warrant a \$5 fine. Parking in faculty or handicap spaces or a fire lane

will cost students a \$100 fine. Going the wrong way on a street, failing to stop at a stop sign, and reckless driving will receive a \$25 fine.

“We’re not out here to write tickets, but we do.”

Though students are technically required to have parking passes, Fitzpatrick said that campus police do not write tickets for not having them, unless another offense is committed.

He said purchasing a pass can benefit a student; if their car is hit while they are in class the police department can easily contact them.

For more information on OCCC campus hours visit www.occc.edu/aboutus/hours.