INSIDE

PIONEER ONLINE

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EDITORIAL CHILDREN SHOULD PLAY

SHOULD PLAY OUTDOORS Staff Writer Grant VanWinkle says

children spend too much time in front of televisions and not enough outdoors. Read his thoughts.

OPINION, p. 2

NEWS BLOOD AND CORE MAKEI

GORE MAKEUP WORKSHOP

Communications Lab Assistant Lydia Rucker will teach a workshop on how to apply realistic-looking Halloween makeup from noon to 2 p.m. Oct. 22. More inside.

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SPORTS

HALLOWEEN SWIM MEET SCHEDULED

OCCC is hosting the Chesapeake Swim Club Halloween meet Oct. 25 through 27. Everyone is invited to attend the free event. Turn inside for more.

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CAMPUS LIFE POETS AND WRITERS SOUGHT

Students who want to improve their writing skills and meet with likeminded people are invited to join the College Poets and Writers club.

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OCT. 18, 2013

WWW.OCCC.EDU/PIONEER

COVERING OCCC SINCE 1978

The rib bone's connected to ...



Nursing majors Mahbuba Chowdhury and Blessy Thomas work on a lab for their Anatomy and Physiology class in the Biology Lab. For more information and lab hours, visit www.occc.edu/sm/biologylab

Scholarship donor dreams of better world

Ralph Gamel says educated people benefit everyone

PARIS BURRIS Editor editor@occc.edu

Ralph Gamel said he started an OCCC scholarship back in 2006 with one goal in mind: helping fund an education for dedicated, hard-working students who would then make the country a better place.

Multiple students will be chosen for the Gamel Scholarship, worth up to \$1,000 per student to help pay for books, fees, and tuition for the spring 2014 semester, said Development Director Jennifer Hardt.

To be eligible for the one-time

award, students must have at least a 2.0 GPA, be currently enrolled at OCCC and plan to attend the spring 2014 semester, Hardt said.

The scholarship was started in 2006 by Gamel who now funds the scholarship with his wife Connie.

Gamel said he wants to encourage students to continue with their education.

"You can't be too smart to be successful," Gamel said.

"That's what I think [students]need to do — concentrate on education...

"They have to work hard and make the right decisions about what they do in their life."

Speech Communication Professor Julie Corff said she has known Gamel since she was 8 years old. "As a family friend, he knew that I was a professor at OCCC," Corff said.

"I would brag about my students and what we're doing here and how excited I am about the lives of our students and how we make a difference. We change people's lives "In that enthusiasm, he got excited and said 'I want to participate. I want to give to that cause,"

Hardt said Gamel has now given more than \$180,000 to-ward scholarships.

See GAMEL page 9

Ghosts and ghouls invited to carnival

SIALI SIAOSI News Writing Student

More than a thousand witches and goblins will find their way to campus for the annual Halloween carnival from 6 to 8 p.m. Friday, Oct. 25, in the General Dining Area.

A tradition that dates back for decades, the carnival will provide games and activities for costumed kiddos of OCCC students and the surrounding community.

See CARNIVAL page 6

PINION

EDITORIAL | Parents need to spend more time on outdoor activities with their children

It's time to step away from the TV

actual sport.

It seems the days when kids would rush home from school to go outside and play are gone. Oh, they're still rushing home from school — to sit in front of



VANWINKLE

the television and vegetate for hours.

Video games have created a generation of passive people who spend a number of hours alone each week.

Developmental Psychologist Douglas Gentile said excessive video-game playing has several negative effects on children.

It can create social isolation. Children who spend 10 or more hours a week in front of the

school as other children.

This obsession also is contributing to childhood obesity. Children aren't getting the same amount of exercise as children 10 years ago did.

What is to blame? Is it advances in technology and entertainment? Or are parents too tight on the reins? It's both.

television don't do as well in

of fulfillment it gave me and I liked the experience. However, parents who are worried about the dangers of children playing outdoors encourage them to

game console than going outside and playing the

When I was young, I enjoyed playing a physical

sport even if I wasn't very good at it. I liked the feeling

be inside more. In a study commissioned by Playday, a group advocating outdoor activity, 40 percent of the children studied said they would like to play outside more often. However, their parents didn't allow it.

Fifty percent of parents said they were concerned about traffic. Forty percent didn't want their kids outside because of fears their children would be kidnapped by strangers.

When I was a child, my parents talked to me and my brother about strangers and what to do should we encounter a dangerous situation. They also bought us walkie talkies to keep in contact with and check in every hour. Even better, kids today have cell phones. It is important that children get plenty of outside time to exercise.

The U.S. now has the second-highest obesity rate It seems children would rather play sports on a after Mexico, according to www.medicalnewstoday.



com. The study shows 41 states have obesity rates of at least 25 percent. Among 2- to 19-year-olds in the U.S., 5.1 percent of boys and 4.7 percent of girls are morbidly obese in America today.

It's time for parents to step in and make some changes. The first step is for parents to get involved. Get outside with your children. Exercise with them. Monitor the time they spend watching television and playing video games.

Moderation is the key. It's true, too much of anything is bad.

> -GRANT VANWINKLE **STAFF WRITER**

LETTER TO THE EDITOR | Health department recommends shots for everyone over the age of 6 months

Free flu vaccines available at various area health clinics

To the editor:

The Oklahoma City-County Health Department is offering standard flu vaccinations for adults and children over the age of 6 months. Nasal spray "Flu Mist" vaccine will also be available for non-pregnant, healthy people ages 2 to 49, and high-dose immunizations will be offered for adults 65 and older.

OCCHD flu vaccination clinic hours and locations will be expanded throughout the flu season based on vaccine availability. Please note that some clinic locations require an appointment.

• OCCHD: Kelley, 921 NE 23rd; 7 a.m. to 4:30 p.m. Monday through Thursday; 8 a.m. to 3:30 p.m. Friday. No appointment required.

• West Clinic: 4330 NE 10th; 7 a.m. to 3:30 p.m. Tuesday and Wednesday. By appointment only. Call 419-4150.

• TB Control Center, 400 NE 50th Street; 7 a.m. to 3:30 p.m. Wednesday and Thursday. No appointment required.

Ellen Pogemiller, Oklahoma County Immunization Coalition Director, said those who received a flu shot last year still need to be revaccinated for this year's flu season. "Immunity decreases after eight to

OCCHD recommends flu vaccinations for everyone over 6 months of age.

People at high risk of serious complications from flu are especially encouraged to get the flu vaccination. Those at greater risk include pregnant women and anyone with asthma, diabetes, chronic heart and lung disease, or other chronic health conditions. Parents and caregivers of infants and toddlers, and anyone who lives with or cares for someone at high risk for complications should also get the vaccine.

OCCHD will be charging \$25 for adult flu vaccinations, but will provide vaccine using the following fee schedule for children, seniors, and insurance billing:

• No out-of-pocket costs for seniors who are on Medicare. Please bring Medicare card.

• No charge for children who have no health insurance, or are on SoonerCare, are Native American or Alaskan natives, or children whose insurance does not cover vaccines.

• Children and adults with health insurance that covers vaccines will be charged a fee of \$25.

No cost for anyone 6 months through 64 years with HealthChoiceInsurance.Pleasebringyourinsurance information.

• OCCHD will accept cash, check, and credit cards for payment.

For more information, visit www.okcic.org or www. occhd.org/health/flu.

To find out where to get a flu vaccine, visit http:// fluvaccine.healthmap.org.

> - Oklahoma City-County Health DEPARTMENT

IONEER

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Opinions expressed are those of the author and do not necessarily represent those of the PIONEER, the college or the publisher.

The PIONEER welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The PIONEER will withhold the author's name if the request is made in writing.

The PIONEER has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Vol. 42 No. 10

Letters to the editor can be submitted to the PIONEER office. located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The PIONEER ONLINE also can be accessed at www. occc.edu/pioneer

COMMENTS AND REVIEWS

DVD REVIEW | A new suit and amazing CGI makes third movie in trilogy digestable 'Iron Man 3' almost delivers an A

"Iron Man 3" is rumored to be the wrap-up of the Iron Man story, which all of us Marvel fans know is likely not true. We know Iron Man will be back in "The Avengers 2," a movie that runs parallel to the "Iron Man" movies.

I recently watched "Iron Man 3" when it was released on DVD.

The story begins after Tony Stark (Iron Man) almost loses his life in an epic battle in "The Avengers." He is living with Pepper Potts, his lover/assistant, played by Gwyneth Paltrow.

The aftermath of the New York battle in "Avengers" has left him suffering with post traumatic stress disorder and having panic attacks.

However, Stark has no time for that as he must continue to fight enemies.

Overall, the movie could be better but it does shine in certain areas. One is the newest Iron Man suit.

Mark 42, a suit of armor that is in pieces and can be remotely controlled to go to Stark upon his request, is introduced in "Iron Man 3."

Stark uses computer chips implanted in his arms to control the suit — number 42nd in the line of Iron Man suits. I like how that makes it easy for Stark to



able. And, the CGI in this movie is amazing.

The movie also had parts I didn't care for. This is hard for me to digest as Iron Man is one of my favorite characters in the Marvel universe and Robert Downey Jr. one of my favorite actors.

Mostly, I wish they would have kept the same director for the last movie as they did for the other two. Nothing against Shane Black, but you just do not change drivers in the middle of the highway.

Now, for a spoiler alert. If you haven't yet seen the movie, you may want to stop reading.

At the end, Stark blows up all of his suits, leading viewers to believe he won't be back as Iron Man in "The Avengers 2." However, I believe he will and I think he will already have a few new suits as well. Rating: B

-GRANT VANWINKLE **SPORTS WRITER**

Another cool part is

his Iron Man suits fly to

him to fight off an army

I also like that in this

of bad guys.

RESTAURANT REVIEW | Mediterranean restaurant offers great food, music, ambiance Zorba's has something for everyone

Zorba's Mediterranean Cuisine, located at 6401 N May, is the perfect place to take a date, the whole family or hang loose with your friends on a Friday or Saturday night after a long week of classes.

It's my favorite restaurant for many reasons and I've kept returning over the years. It's the type of place where the servers know you personally.

One time the owner even sent some tomato artichoke soup to my home to help me feel better when I was sick. Yes, it's that type of place.

Weekends are electrifying with entertainment beginning at 8:30 p.m. On Friday nights, Flamenco dancers swirl across the floor and on Saturdays, belly dancers gyrate

to the pulsating rhythm of Mediterranean music. The restaurant is staffed with trained chefs, not short-order cooks like the chain restaurants around the Metro area. The restaurant and kitchen areas are kept clean.

Because I'm a vegetarian, it's difficult to find a restaurant that serves a wide selection of interesting choices. Eating salads or side dishes can quickly become boring. Zorba's has that covered.

When I'm not in the mood for one of the unusual

and delicious soups, I choose the vegetable shish kabob or the vegetarian platter. Chicken and beef shish kabobs are also available and I've been told by others that the fire-grilled meat is perfectly seasoned and moist.

Greek Moussaka is fast becoming one of the more popular of the menu items. It's a layered eggplant with sliced potatoes, ground beef and spices.

All of the normal Mediterranean favorites are

available, including hummus, falafel, baba ganouj or spanakopita. More daring diners won't be disappointed with the pomegranate salmon, osso buco (lamb) or calamari (squid).

Want something simple? Choose from the flortini, Greek, portabella or margarita pizzas.

It's easy to understand why Zorba's was voted the number-one restaurant in Oklahoma City.

Call ahead for reservations on busy nights or to find out about upcoming events such as the four-star wine tasting or New Year's Eve parties. Rating: A

> -NANCY MARTINEZ **STAFF WRITER**



Q.: What is the graduation application deadline for spring graduates?

A.: "Graduation applications are due Feb. 2. But students can always turn them in early and come talk to us if they have any questions later." -Silvia Youngblood **GRADUATION ASSISTANT**

Q.: How can I set up an appointment with a counselor in Student Support Services?

A.: "Students can come in and see us or they can call 405-682-7520. That number is our main number, so students don't have to dial the main number or use an extension. They don't have to talk to the counselor to set up an appointment. We can do that for them."

> -KATHY MCCALL **STUDENT SUPPORT ASSISTANT**

Q.: When is the next textbook buyback?

A.: "The next textbook buyback is Dec. 9 through the 16."

> -SIDNEY HONEYSUCKLE **OCCC BOOKSTORE SALES ASSOCIATE**

Q.: What are the weekend hours for the **Communications Lab?**

A.: "The Communications Lab is open from 8 a.m. to 3 p.m. on Friday and from 10:30 a.m. to 2:30 p.m. Saturday. The lab is closed on Sunday." -WWW.OCCC.EDU/COMLAB

Do you have a question you'd like answered? Submit your question to editor@ occc.edu with a subject line of "You Asked for It." You also can drop by the Pioneer office located in 1F2 of the Arts and Humantities area.

Comments? Opinions? Let us know! e-mail Paris Burris at editor@occc.edu, call 405-682-1611, ext. 7675 or drop by 1F2 AH

> Let your voice be heard!



COMMENTS AND REVIEWS

PRODUCT REVIEW | Reviewer says product does more harm than good

Missha BB cream a nightmarish disaster

As I've divulged before, I'm admittedly a cosmetic-buying addict. Recently, I started the search for a perfect BB cream and my investigation led me to making the decision to purchase through amazon.com.

For those of you who don't know, a BB (short for blemish balm) cream is a makeup base that is meant to act as a concealer, moisturizer, sunblock, primer and foundation. Ideally, using a good BB cream means that instead of putting on two or three different products, you only have to use one to get the same results.

If you know much about makeup, you'll know that not all BB creams are created equal. Most western-market BB creams only really act as a tinted moisturizer that is light on the skin but also doesn't provide much coverage. More traditional eastern-market BB creams are formulated to provide a heavier, more sturdy coverage that masks even the most stubborn imperfections. Knowing I have skin of

a yellow hue but that is extremely rosy on my cheeks, I decided to go for more full coverage which had me on amazon.com, shopping American-based South Korean stores for my perfect BB cream match.

I eventually settled on Missha M's Perfect Cover BB Cream. The BB cream had overwhelmingly positive reviews so I waited anxiously for my order to arrive.

For the first week I used the product, I was very pleased with it. The BB cream went on a strange gray color but miraculously and flawlessly

oxidized to match my skin tone perfectly in a matter of minutes. I found that the formula was nice and buildable. Depending on the look I was going for, I could easily create more or less coverage to make my face look more or less polished.

After about two weeks of using Missha's BB cream, I started to discover a few small pimples on my chin and jaw. It was weird to me, as I've always had relatively clear skin. Sure, I'm only human and I get a pimple every now and then, but until I used this product, I'm guessing that I maybe had two blemishes a month (if that) on my face.

This BB cream caused what was the worst breakout of my life. An algae compound in the product didn't react well with

my skin, and I had at least 10 pimples on my jaw and

chin. It was painful, unsightly and downright terrible.

I started researching more reviews and found

MOVIE REVIEW | Classic '80s movie misses the mark

Breakfast Club dubbed 'overrated'

From the VAULT

While flipping through the channels last week, I saw "The Breakfast Club" was on so I decided to record it. Although it is a classic loved by many, for some reason I never got around to watching it.

To be honest, I had no idea what the film was about. I knew it starred Molly Ringwald but that's about it.

I had high hopes for this movie since so many people love it and it has an all-star cast with Emilio Estevez, Anthony Michael Hall, Judd Nelson, Ally Sheedy and Ringwald. And, at first, it didn't disap-

And, at first, it didn't disappoint.

It started out with an identifiable group of characters: the prom queen, the jock, the freak, the nerd and of course, the bad boy, all of whom found themselves in a day of Saturday detention.

The bunch have nothing in common and are instructed to remain quiet and write a paper about "who they are" by the end of the day.

The group does anything but remain quiet.

"Bender," played by Nelson and the 'leader' of

While flipping through the channels last week, the group, begins causing subtle disruptions that saw "The Breakfast Club" was on so I decided to set the teacher on edge.

After the janitor catches the detention teacher looking through confidential files, the students are once again left to themselves and begin to venture around the school.

It is then that the kids begin to bond. They talk about their individual lives, what got them into detention and most importantly,

if their newly found friendships will remain intact when they return to school on Monday.

Overall, the movie is well-written and witty. The ending, however, was a little disappointing.

I felt as if the entire movie was building up until a point when it just randomly ended. I understand the point it was trying to make but the ending left me wanting to know more.

While not a bad movie, it is definitely not one I would watch again anytime soon. Overrated, in my opinion, for a classic '80s movie.

Rating: C

-Erin Peden Online Editor that the seller of the BB cream had purposefully hidden negative reviews (of which there were a ton) by people who had the same problem I did.

On top of that — as if I weren't already dissatisfied enough — I discontinued use of the product and found that it had been whitening my skin. Yes, indeed, the BB cream had already begun to bleach my skin. Can you say yikes? The whole ordeal was nightmarish.

I wouldn't recommend a Missha BB cream to my worst enemy.

Rating: F

-KATIE THURMAN Senior Writer

TOP 20 MOVIES

Weekend of Oct. 4 through Oct. 6 www.newyorktimes.com 1. Gravity 2. Captain Phillips 3. Cloudy With a Chance of Meatballs 2 4. Machete Kills 5. Runner Runner 6. Prisoners 7. Insidious: Chapter 2 8. Rush 9. Don Jon 10. Baggage Claim 11. Enough Said 12. Pulling Strings 13. We're the Millers 14. Instructions Not Included 15. Lee Daniels' The Butler 16. The Family Relativity 17. Grace Unplugged 18. Romeo and Juliet 19. Despicable Me 2 20. Monsters University



OCCC president uses wisdom, music to inform

SIALI SIAOSI News Writing Student

Good leaders are good followers too, OCCC President Paul Sechrist told an audience of 170 college students on Oct. 10 at a statewide leadership conference.

"The most effective leaders run out of great ideas after a

while and rely on others to generate them," Sechrist said. "Good decisions require that everyone contribute."

Sechrist was the keynote speaker for the 2013 Leadership Retreat hosted by the Oklahoma State Regents for Higher Education at Embassy Suites in Norman.

Student leaders came from across the state to hear Sechrist's address, attend presentations, and network with other student organizations.

Sixteen students from various campus organizations, including the Engineering Club and the International Student Association, represented OCCC.

Bobbie Wilson, nursing student and public relations director for The (Student) Leadership Council, said she was hesitant about taking the time to attend the conference but found it to be a great experience overall.

You only get high quality, effective decisions that are accepted when people are able to participate." -PAUL SECHRIST OCCC PRESIDENT

Wilson said she loved Sechrist's speech and also enjoyed his piano performances that were woven into the message.

Sechrist performed songs on the piano to complement the points of his speech. One piece, entitled "Follow," was played after Sechrist stressed how important it was that good leaders know when to consider the input of others.

Sechrist said consulting others is what makes a good leader because if others accept a decision, it increases its effectiveness.

"You only get high quality, effective decisions that are accepted when people are able to participate," Sechrist said.

"[People] question being told what to do all the time ... [but] people champion the things they help to create."

Sechrist said innovation and creativity are expected of good leaders as the world continues to change and develop. He said finding a passion and pursuing it is a great way to live.

Psychology major Parthenia Smith said she was inspired by Sechrist's address because he began his career by working at menial jobs before earning his degree.

"The insight he gave, like how he used to work at a gas station and at Furr's (cafeteria), and now he's the president [of OCCC], lets you know that dreams really do come true," Smith said.

"With the information that I've learned, I think it will help me to lead more effectively."

Chris Reece, diversified studies major and president of Leading Individuals for Equality (LIFE), said the information he gained at the conference will benefit him in both his personal and professional life.

"I took away from [Sechrist's] speech that [leaders] must be followers when necessary," Reece said.

"And that you have to have change and innovation to be successful. You have to change with the times."

Reece said any student at OCCC can be a leader. He said to start small and become a member of an organization before holding office because officers get their best ideas from their members.

"It only takes one person to spark that collaborative muscle," Reece said.

Reece said he's changed as a leader because he learned strategies he can implement into his academic and personal life, such as knowing what your personal mission statement needs to be.

For more information about student organizations at OCCC, visit www.occc.edu/studentlife.

Avoiding assaults topic of Oct. 23 workshop

CHLOE LITTY

News Writing Student

Being able to spot an attacker before it is too late could help prevent innocent people from becoming victims of assault.

Master Sgt. Steven Brackeen of the Oklahoma City Police Department will be on campus at noon Wednesday, Oct. 23, to talk about strategies to improve personal safety.

Brackeen will host a workshop from noon to 1 p.m. in CU1.

During the workshop Brackeen will teach students how to decrease the likelihood of an assault and give tips on how to get away from a potential attacker.

Brackeen said his goal is to give students enough information to keep them safe from harm.

According to the Rape, Abuse and Incest National Network, someone in the U.S. is assaulted every two minutes and 80 percent of victims are under the age of 30.

Both young men and women are targets for assault. Researchers who report their findings in the online edition of Archives of Sexual Behavior report that the sexual attractiveness of young people, as well as their vulnerability and active social lives, are important factors in placing them at high risk for sexual assaults.

"Staying out of danger is a task a lot of people underestimate," said OCCC student Raven Bradley. Just because you are surrounded by friends or

family does not mean you are safe.

According to RAINN, victims are often targeted by members of their own family. Approximately two-thirds of assaults are committed by someone known by the victim.

Brackeen said he believes the information he is going to provide will help students not only on campus, but also out in their everyday lives.

Bradley, a dental hygiene major, said she is looking forward to hearing what Brackeen is going to discuss.

"Knowing how to respond to danger before I ever get in a dangerous situation is something I definitely need to know," she said.

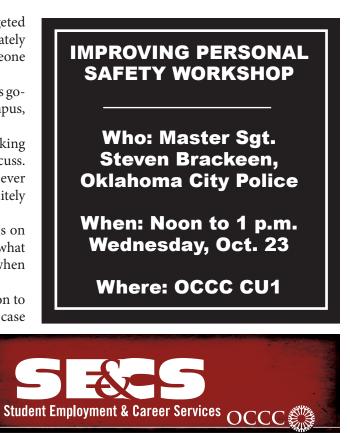
Bradley said she feels pretty safe while she is on campus, but she thinks having the knowledge of what to do in a sketchy situation could be beneficial when she is out by herself.

"Hopefully I never have to put the information to use, but it will be very beneficial to know just in case I am ever in a situation of danger," she said.

Bradley said that she is anxious to speak with Brackeen and ask him questions about what a potential attacker would do to try and make her feel like she is not in any danger.

"Like most girls, I carry pepper spray but that isn't always going to work since it's not always right in my hand, ready to spray," Bradley said.

Brackeen said he will be glad to talk with students and answer any questions they have about how to avoid danger.



OPTIMAL RESUME https://occc.optimalresume.com Students' access ID is their OCCC email address; example > john.t.doe@my.occc.edu Resumes + Cover Letters + Interview Skills

Halloween makeup workshop planned

ASHLEY MILLIGAN News Writing Student

Iue and oatmeal. These household items can yield dramatic effects when applied effectively, said Lydia Rucker, Communications Lab assistant.

Rucker will teach a workshop on Halloween makeup from noon to 2 p.m. Tuesday, Oct. 22, in the General Dining Area. She said scary Halloween makeup doesn't have to empty your wallet.

Rucker will emphasize how to do gory makeup using mostly everyday items a person can find lying around the home.

"My hope is that this workshop will show students how to make effects like scars and burns without having to use latex," Rucker said.

"You can make realistic looking scabs with glue and oatmeal."

Rucker's interest in makeup arose when she was a theater major in college. So when asked

to help out with this year's leadership series, she thought a Halloween makeup workshop would be the perfect way to

contribute, she said. Among the students excited for the training is psychology major Ciera Simon.

"I've always tried to do really extensive makeup for my costumes but have never known how to do it without buying a full makeup kit," Simon said. "It'll be really awesome to learn."

Simon said she is pleased OCCC is making training like this available to students.

"Maybe with a workshop like this, people will finally get away from boring costumes and make Halloween interesting again," she said.

Chemistry major James Worden said he is ready to put the gore back into Halloween.

Worden said that he thinks Halloween is meant to be scary.

"I mean, you can wear tattered-up clothes but that doesn't mean someone's going to know you're a zombie from 'Walking Dead.' You have to go that extra mile," he said.

"It's really cool that the school is going to teach us how to do something like that."

The workshop will be a good way of bringing students together to do something fun and interesting, Rucker said.

"It will be exciting to see how students use the lessons we teach them," she said.

Tables will be set up with a helper available for students to practice their ghoulish makeup skills on others or on themselves.

Students wanting to participate in the workshop are encouraged to wear old clothing. Materials will be provided.

Everything from glue to blood-red lip-gloss and actual stage makeup will be made available to interested students. The workshop is free.

For more information, contact Lydia Rucker at lrucker@ occc.edu.



HALLOWEEN MAKEUP 101

 http://thesecretyumiverse.wonderhowto. com/how-to/7-halloween-makeup-tricks-usingcommon-household-items-0139935

 www.marthastewart.com/274394/halloweenmakeup/@center/276965/halloween

• www.wikihow.com/Category:Halloween-Makeup

• www.makeupgeek.com/tutorials/halloweenmakeup-moulin-rouge

• www.kidzworld.com/article/6096-halloweenmake-up-tips

www.osweb.com/kidzkorner/makeup.htm

Carnival: Candy, games, fun will be on the party agenda

Continued from page 1

The recommended admission fee is \$1 per child with all proceeds to benefit United Way.

Campus clubs and organizations will provide an array of activities for the children to enjoy, from musical chairs to temporary tattoos, according to a list released by Student Life.

Among participating clubs are College Poets and Writers, Phi Theta Kappa, and the Gamers Guild.

And no Halloween carnival would be complete without handfuls of snacks and candy.

Future Alumni Network President Anna Morgan said the FAN Club is giving out popcorn to children at the carnival.

Other organizations, such as the Psychology Club and the Physical Therapy Association, will have interactive games and activities set up for the children.

The Psychology Club's booth will provide paper plates and other craft

materials for children to make masks, said faculty sponsor Jennifer Allen.

Allen said allowing children to make their own masks benefits their creativity as a form of art therapy.

Rebecca Wilson, Physical Therapy Association secretary, said the PTA's "Pumpkin Bowling" activity is sure to be a lot of fun.

Wilson said at the PTA booth, the children can use a plastic pumpkin to knock down rows of toilet paper pins.

The Advocates of Peace club is providing paint and brushes for the children to create their own "peace rocks" to take home with them, along with rock candy, said faculty adviser and English professor Stephen Morrow.

Morrow said the peace rocks are a great way for children to create fond memories while at the carnival.

"The Advocates of Peace, with few exceptions, have been [at the carnival] the last seven years," Morrow said. "We're just happy to support a community effort ... to provide kids with a safe, creative place to celebrate Halloween."

"[The carnival] is really a fun energy," Morrow said.

"There are so many people who come and there are so many different booths and it all fits together to make a nice evening for the kids." For more information, visit www.occc.edu/studentlife or call 405-682-7821.

Students express themselves at open mic session

PARIS BURRIS Editor editor@occc.edu

Songs, poems and other media including "Wolves in Wolves' Clothing" and many original works were performed by nearly 20 students to a crowd of more than 50 on Oct. 15 during an open mic session hosted by Student Life.

Music and history major Kia Shorter said it's important for students to have their voices heard.

"I'm not a poet, I'm a songwriter," Shorter said. "Almost every time the country goes through a recession, they decide to take arts and some of the more creative things out of schools.

"I guess I feel like if you perform for an open mic and you put your thoughts out there, then it's not lost.

"We're still here, keeping it alive."

Shorter performed four pieces she wrote herself.

"I've been writing different media since I was in elementary school," Shorter said. "I hope that the stuff I shared was effective and got people thinking.

"That's all I want — is to get people thinking about different issues and things." Almost every time the country goes through a recession, they decide to take arts and some of the more creative things out of schools. I guess I feel like if you perform for an open mic and you put your thoughts out there, then it's not lost."

-KIA SHORTER OCCC STUDENT

Undecided major Sarah –

Wigham said this was her first time reading her poetry in public. "It was a suggestion by my English professor Jon Inglett," she said. "It wasn't as difficult as I thought."

Wigham performed "Paradigm," a piece selected from a book of her own poems.

The open mic is part of OCCC's celebration of Humanities and Diversity month. The next public poetry reading opportunity will be an "International Poetry" event from 11 to noon on Tuesday, Oct. 29 in the WLCC. For more information about the next open mic, call the Student Life office at 405-682-7523.



ABOVE: Student Austin Dunbar performs during an open mic Oct. 15. Nearly 20 students performed different forms of media to a crowd of more than 50.

FUN FACTS

•Arts and music education programs are mandatory in countries that rank consistently among the highest for math and science test scores, like Japan, Hungary and the Netherlands.

•While nearly all schools in America are required to offer coursework in languages, the amount of instruction provided for those subjects does not come close to that of math and science courses.

• Federal funding for the arts and humanities rolls in around \$250 million a year, while the National Science Foundation is funded around the \$5 billion mark.

• Researchers find that sustained learning in music and theatre correlates strongly with higher achievement in both math and reading.

• New brain research shows that not only does music improve skills in math and reading but also, it promotes creativity, social development, personality adjustment, and self-worth.

- www.dosomething.org



LEFT:

Student Imani Edmond performs an original poem at an open mic event held Oct. 15 as part of OCCC's Humanities and Diversity month celebration.

PARIS BURRIS/ PIONEER SPORTS

UPCOMING INTRAMURALS **EVENTS**

• Through Oct. 21:

Ultimate Frisbee season. Games will be played Monday afternoons from 3 to 7 p.m. Free to students and faculty. For more information, call 405-682-7860.

• Oct. 28:

Nitroball is a combination of basketball and volleyball. The season starts on Oct. 28 and game days are Monday afternoons from 1 to 5 p.m. The teams will be a coed 4v4. For more information, call 405-682-7860.

• The Recreation and Fitness Center is open to students, faculty, staff and community members.

Thecenterfeaturesa15,000-sq.ft. gym with two basketball courts and one recreational volleyball court.

The cardio room has three treadmills, two crosses trainers and two recumbent bikes as well as a weight room featuring a complete circuit of Cybex equipment and free weights. For more information, visit www. occc.edu/rfor call 405-682-7860.

GRANT VANWINKLE/PIONEER

SPORTS | Chesapeake Swim Club invites everyone to free meet Oct. 25 through 27

Halloween swim meet on calendar

GRANT VANWINKLE Sports Writer sportswriter@occc.edu

OCCC will play host to the Chesapeake Swim Club Halloween meet Oct. 25 through the 27.

Meet Director Paul Thompson said the free meet is open to spectators.

"Anyone [who] wants to come and watch is welcome."

Thompson said participating swimmers are ages 8 to 19.

"You will have your beginners, novices and seniors ... all competing." Halloween-themed apparel will be available at the meet for competitors and spectators, Thompson said.

"There will be a swim shop with Halloween apparel and also goggles, swimsuits and team apparel," he said.



Also, he said, the concession stand will offer "healthy snacks and sandwiches, and energy bars."

Thompson said the proceeds from the meet will go to Oklahoma Swimming, a state club that promotes the sport.

"It helps sustain the club and also it's a way to host our competitions locally so that our local competitors and their parents do not have to travel far to compete," Thompson said.

"We are hoping that we break even and are able to continue to do this."

Thompson said although the meet will provide great photo opportunities, all pictures will have to be taken from the stands.

"The parents always want to be right in the action but the only people we allow to be down on the deck are the coaches and media."

The next meet Thompson is bringing in is the 22nd annual Elite Pro Am meet Dec. 19 through the 22.

"It is a competition where former national competitors and Olympians come and race," he said.

For more information about the meets, visit the Oklahoma Swimming website at www.oks.org.



Scan the QR code with your smart phone to be directed to a list of OCCC Intramural events, complete with the most current updates.

(Free QR code reader apps can be found online or in app stores on smart phones. Follow the directions for the app you download.)

All event news is due Monday by 5 p.m. for inclusion in the next issue. Email your news to sportswriter@occc.edu.



Missing cell phone, stolen iPad reported

KATIE THURMAN Senior Writer seniorwriter@occc.edu

A missing cell phone and stolen iPad were reported to campus police the first week of October.

On Oct. 2, Officer Ronald Ventresca took a report from student Sarah Boyer regarding

a missing cell phone.

Boyer said she and her aunt had been using computers near the Welcome Center when Boyer laid the phone on the counter next to the computer she was using.

She then went to the parking lot to move her car closer to the building while her aunt stayed inside working on one of the

computers. Boyer waited in her car for her aunt who eventually joined Boyer.

That's when Boyer discovered her aunt had left the phone behind. When she went back to the computer area to get the phone, it was gone. No value was given for the phone.

On Oct. 4, full-time staff member Richard Shawn Sester reported a school-issued iPad had been stolen from his office back in June.

In a report, Officer Tim Harris said Sester went into his office to ensure his items hadn't been damaged by water from the storm that occurred in late May and affected parts of the college.

Sester's office had been

opened for cleanup procedures at that time, he said. That's when Sester discovered his iPad missing. No value was given for the iPad.

To contact campus police, call 405-682-1611, ext. 7747. For an emergency, use one of the call boxes located inside and outside on campus or call 405-682-7872.

Evening training for automotive techs offered

LAUREN DANIEL News Writing Student

Auto technicians and mechanics don't have to look far to find the label: CNG-powered vehicle. Many city buses, some fleets run by Oklahoma companies, even a few private cars are powered by compressed natural gas.

"The U.S. currently ranks 17th in the world of total NGVs (natural gas vehicles)," said Brad Walker, automotive technology professor. "At the end of 2011 there were 15.2 million [vehicles] in the world... according to NGV Global."

In Oklahoma, compressed natural gas is an abundant resource because it is a byproduct of petroleum, which Oklahoma produces.

"It is what they call an alternative fuel," said John Claybon, OCCC professional development institute consultant. "It's very clean, has a lot less carbon emissions than traditional gasoline or diesel powered vehicles, and it's a domestic resource."

CNG also costs less, Claybon said. CNG can be found anywhere from 79 cents to \$1.39 per gallon. Because of all of these factors, it is becoming more popular in the automobile industry, he said.

For this reason, CNG-certified mechanics have an extra set of skills to offer an employer.

"There is an obvious trend for CNG ... people to get certified," Claybon said. Now they can do that at OCCC by taking a week of evening classes.

For the first time, CNG Certification classes will be offered in the evening, from 6 until 9:30 p.m. Oct. 21 through 26 The class cost \$450, which includes the certification course, instructional materials, and the state certification, Claybon said.

Walker said the class is limited to six students.

"... we have to limit it to six is because there is a lot of handson with it," Walker.

Five are currently enrolled in the evening session.

Although the program is four years old, this will be the first time the certification classes will be available at night. "We have about a 95 percent

pass rate," Walker said.

In the course students will cover the state regulations for working with CNG. The many hands-on activities will include: safety, fuel characteristics, system descriptions and operation, fuel-line bending, system diagnosis, and system inspection and regulations.

"The technicians get to work hands-on with training mockups of CNG systems," Claybon said.

'We have three CNG vehicles that we use, so students actually get to work on 'road worthy' vehicles," Claybon said. This gives students the opportunity to practice on the systems before they take their certification test.

guidelines on the last day of the course. However, they will take a hands-on assessment consisting of five different stations after the second day. A 100 percent pass rate on the hands-on portion is required for students to receive their certification, Walker said.

Tube bending, leak testing, and defueling will be some of the stations.

Claybon said students should qualify for certification at the end of the training.

"So basically what this program does is, after they go through the class they are able to sit through the assessment. We take all that information. we take their results from their tests along with their prerequisites ... certificates, documentation from current employer ... and we submit them to the Alternative Fuel Technician Committee," Claybon said.

By making a 100 percent on their hands-on assessments and an 80 percent on their 75-question written test, their scores will be submitted to the Alternative Fuel Technician Committee for certification.

Students who would like to become CNG certified need to have a background in the automotive field.

"Technicians with at least one or two years experience, preferably with engine performance, and electronics, either one of them or both of them, preferably," Claybon said.

CNG certification is essential to any person who would like to work on CNG systems in the workplace.

"Any technician working in the state of Oklahoma on a CNG vehicle has to be state certified," Claybon said. "CNG operates at a very high pressure ...

"We want to make sure that the technicians understand that and know how to work with those systems."

For more information contact Claybon at 405-682-7855 or at jclaybon@occc.edu.

Students will take their written test over the state

Gamel: Scholarship recipients could get as much as \$1,000

Continued from page 1

Some OCCC students who plan to apply for scholarship money dream of how it would help them.

Physical therapy assistant major Jessica Canfield said scholarship money would help her save money to use toward gas for her car and a new computer.

"School is expensive," Canfield said. "I'm a single mother with four children and a dog.

"I lost hours at my job because I chose

to go to school, so it would probably their application. All criteria is listed help make up for that month and a half or two months of income that I don't have anymore."

Mathematics major Jose Gomez said scholarship money would help him have extra money for bills.

"It never hurts to have an extra income coming your way," Gomez said. 'I'm broke. I work, but I pay child support and have a lot of other things to pay off."

Student applicants will need to write a 500-word essay along with completing at https://occc.academicworks.com/ opportunities/103.

Hardt said students should put thought into the essay.

"We look for passion in talking about your educational, future career and professional goals," she said.

"We want to know in the essay that you do have a financial need and why there is a financial need in your life to help pay for college."

Hardt said students are able to apply every semester and, unlike some other scholarships, international students are eligible to apply as well.

"I encourage everyone to apply," she said.

To apply for the scholarship, students need to stop by the OCCC foundation office in room 1A4 in the Arts and Humanities building, fill out an application and return it with their essay and an official OCCC transcript.

The deadline to apply is 5 p.m. Friday, Nov. 22.

For more information, call Hardt at 405-682-7548.

CAMPUS COMMUNITY

Relax time

English Literature major Morgan Jones and Video Production major Jake McMahon take a moment to enjoy the mild fall weather in the OCCC courtyard Oct. 9. The courtyard serves as an area for students to study, relax and enjoy free time between classes. "I come here from time to time to enjoy some fresh air in between classes," Jones said.

> Lori Valentine/ Pioneer



COMMUNITY | College Poets and Writers club meets every Wednesday

Writing club encourages expression

ERIN PEDEN Online Editor onlineeditor@occc.edu

Are you a poet but didn't know it? Students seeking to better their writing skills, meet new friends and share their work are encouraged to join the College Poets and Writers club. The club meets from 12:30 to 1:20 p.m. every Wednesday in AH 2E1.

Club sponsor Chris Verschage said anyone is welcome to show up.

"It basically provides a friendly format to where people can come in and talk about writing, the business of writing, what they're involved in as far as their own fiction, poetry, screenwriting and what their goals are as far as what they want to do with writing."

President Mariah Rivera said the club strives to provide a safe atmosphere where members will feel comfortable sharing their work.

"Some people don't like to come to these things because they feel like they aren't going to fit in or will have their work slammed," she said. "We're not going to judge you for things. We don't hurt people or their works.

"We are friendly people and we have a lot of fun in here."

Rivera said members of the club will have access to an online forum where they can further share their work or find recordings of the meeting if they are unable to attend.

Rivera said the club often has a prompt they will write about for 10 minutes. Then members can, but

are not required to share what they wrote. Rivera said she also will let members know about any contests going on they can participate it.

"A lot of us hope for growth, to become better, and for positive and constructive feedback," she said. "We want people to become better and more comfortable in their shoes as a writer."

Vice president Karson Taylor said the club challenges her as a writer.

"I'm a freestyle poet and I'm trying really hard to write other things," Taylor said. "It gets me out of my comfort zone which I appreciate because it helps me grow as a writer."

Verschage, an English professor, said while writing does have guidelines, it is not always cut and dry.

"If you [give] a little child ... a piece of paper and a crayon, when they get done coloring and you ask them what they were writing, they will sit there for a half an hour telling you everything that's in there. To you it looks like a bunch of scribbles but to them they were expressing themselves.

"To me that's what writing is; expressing who we are: our thoughts, the way we feel and the way we look at life. Writing should be a natural expression"

Verschage said he hopes people will realize writing isn't as intimidating as some may think.

"With writing, you actually get to be the creator," he said. "You get to be the one who lays it out, you get to be the one that chooses how it looks, how it sounds and what it says."

For more information, contact Verschage at cverschage@occc.edu or 405-682-1611, ext. 7140.

CAMPUS HIGHLIGHTS

Children's Art to be showcased

Art from the children at the Child Development Center and Lab School will be on display Oct. 21 and 22 outside of the Communications Lab, located on the first floor of the Main Building. For more information, visit www.occc.edu/childdev.

Halloween makeup how-to Oct. 22

Communications Lab Assistant Lydia Rucker will demonstrate a DIY presentation on how to create various Halloween makeup styles from noon to 2 p.m. Tuesday, Oct. 22, in the General Dining Area. Students will learn how to create zombie skin, scars and scabs using different household items. For more information, email Irucker@occc.edu.

Self-defense presentation Oct. 23

OCPD Master Sgt. Steve Brackeen will present an interactive workshop from noon to 1 p.m. Wednesday, Oct. 23, in room CU1 to teach people how to decrease the likelihood of an assault, get away from a potential attacker and tips to increase personal safety on or off campus. For more information, email SLStaffDL@occc.edu.

Rock out with the band Oct. 24

The OCCC Student Rock Band will play a variety of songs from Led Zeppelin, Red Hot Chili Peppers, AC/ DC, the Offspring, and more at 7:30 p.m. Thursday, Oct. 24, in the Bruce Owen Theater. The free show is open to the public. For more information, email Jose Gabaldon at jgabaldon@occc.edu.

Attend the next Leadership Council meeting

All students are welcome to attend the next biweekly meeting of OCCC's The Leadership Council (TLC) for student clubs and organizations from 12:30 to 1:30 p.m. Thursday, Oct. 24, in CU3. For more information, email SLStaffDL@occc.edu.

OCCC hosts a family friendly Halloween Carnival

The OCCC Family Halloween Carnival will take place from 6 p.m. to 8 p.m. Friday, Oct. 25, in the College Union. Families who participate are asked to donate \$1 per child. For more information, contact Janelle Hanson at janelle.l.hanson@occc.edu.

College Poets & Writers club meeting

OCCC's only writing club meets each week from 12:30 to 1:20 p.m. on Wednesdays in room 2E1AH. For more information, contact club President Maria F. Rivera at CPW@my.occc.edu.

Join Christians on Campus for weekly Bible study

Christians on Campus hosts a Bible study Mondays from noon to 12:45 p.m. in room 2N7MB and Tuesdays from 12:30 to 1:15 p.m. in 1C3AH. For more information, email christiansoncampus@ my.occc.edu.

All Highlights are due Monday by noon for inclusion in the next issue. Email your event to communitywriter@occc.edu or visit the Pioneer office located in 1F2 AH.

ASSIFIEI

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

URNITURE

FOR SALE: Two 40" CRT televisions. EC. \$20 each. 405-818-0083.

FOR SALE: ProFormXP 550S treadmill. iFit compatible, heart-rate sensors, LCD display shows calories burned and more. Like new. \$400. For more details and pictures, text 405-818-0083.

FOR SALE: Queen-size black heavy headboard and footboard bed frame. Good condition. \$75. 405-602-6499 or 405-568-5996.

AISCELLANEO

FOR SALE: Women's professional clothing, sizes 18W, to 22W. The lot includes 3 dresses, 2 2-piece dresses, and 9 skirt suits. All 23 pieces for \$100. Text 405-245-7319 for pics or more info.

FOR SALE: Neiman Marcus Robert Rodriguez collection size 14 strapless cocktail dress. Never worn. Still has store tags. \$50. Text 405-818-0083 for pictures.

FOR SALE: New size 26 jeans — never been worn. Brands include Vans, Levi's and Zumiez. \$10 per pair. Retail for \$40 each. Text 405-818-0083 for pictures.

FOR SALE: "Star Wars" Hayden Christensen autographed photo in plastic protector & Certificate of Authenticity. \$60. Text 405-818-0083 for more information.

FOR SALE: HP office jet allin-one printer. New color and B&W cartridges. Power cord. Works great. \$50. 405-602-6499 or 405-568-5996.

FOR SALE: Golden oak corner TV cabinet. Gold trim. glass door on power storage section. Gently used. \$75. 405-602-6499 or 405-568-5996

FOR SALE: Netgear N300 wireless router. Great for setting up home worksites. Used for only one month. Comes with power cord and ethernet card. \$35. 405-602-6499 or 405-568-5996.

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THIS WEEK'S CROSSWORD PUZZLE

Repeat After Me ... ' Crossword by Dave Fisher

Across

10. Or_

67. Slur

Down

2. Field

5. Residue

3. Musical phrase

4. Little in Lausanne

6. West and Whitman

1. Daniel's instrument 5. Biology 101 specimen 14. New York canal 15. Upscale shop 16. Dodge model 17. Elvis has... 20. Godfather's group 21. Holy in Hidalgo 22. Muscle spasm 24. A person used as a dupe29. Tenth month of the Hindu calendar 32. Bohemian Hibernia 36. Feelers 39. Actress de Rossi 41. We circus people have one law:... 43. Fling 44. Make-believe 45. Cookie 46. Japan's indigenous people47. Lay lawns 48. Makeshift 51. Morning moisture 54. Concern for environmentalists 57. Characteristic 61. It ain't over till. 66. Sported 68. Greek colonnade 69. Matured 70. Drinks 71. Region, abbr. 1. Place for a control freak



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Comments? Opinions? Let us know! E-mail Paris Burris editor@occc.edu

Children ready for art showcase Oct. 21, 22

HANNAH HIGHTOWER News Writing Student

Children's paintings, box sculptures and clay creations will be on display Monday and Tuesday, Oct. 21 and 22, in the Family and Community Education Center.

The artwork was created by preschool children for the annual Children's Art Showcase. For the purpose of the show, the paintings have been matted, said Sandy Pogue, preschool teacher and Art Showcase director.

The invitation to see the gallery has been extended to three other preschools in the area, along with the faculty at OCCC and the children's parents.

Pogue said she has done many projects with her preschool class; however, this is the first time for them to do an art studio project, where the students were engaged in learning and experiencing different types of art.

"We have participated in many lessons for this project, including reading books about art and trying different art mediums in the studio," she said.

artwork.

activity.

a Jack

north of campus.

Pogue said the children's

"We do projects on anything

"We let them lead us in the

curiosity led to this unit of

that we see the children have an

type of project we would like

interest in," Pogue said.

Although the artists are 3- to 4-year-old children, they have all been able to participate in the art activities, Pogue said.

"The 3-year-olds are going to grasp the information differently, but it has not been an issue during this project," she said.

The gallery is housed in an

plan the

empty classroom in the FACE to take on."

Center, which is now covered "We observe them, see what with a display of the children's books they like to read or what they talk about to determine The center is located at 6500 our next take-on." S Land Avenue, about one mile

The children seemed to be interested and entertained throughout the process of the art studio, she said.

Art Showcase. The artwork will be on display at the center Monday and Tuesday, Oct. 21 and 22.

"Children learn by hands-on activities," Pogue said. "There is no better way to have a handson activity than by art."

This event is part of Humanities Month and Diversity Month. For more information about

the Children's Art Showcase,

contact the Family and Communication Education center at 405-682-7561.

Don't be left in the dark. Follow us for instant news and updates!

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Bucky's Tip: Know Your Plan like the Back of Your Hand

Pay off your highest interest debt first and pay the minimum on the rest. When the first debt is clear, use the extra money to pay off the next, then the next, and so on.

Find more tips on being free of debt at BucktheNorm.com/empowerment



Child Development Center and Lab School students James and Ariz, both 4, show off their projects titled "Jeweled Boxes" at

the Family and Community Education Center. The artwork was created by the preschool students as part of the annual Children's

ERIN PEDEN/PIONEER

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