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PIONEER ONLINE

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EDITORIAL

FAMILY TIME SHOULD COME BEFORE WANTS

Staff Writer Reyna Ortero says too many put too much time into their wants and not enough into quality time with loved ones. Read more.

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COX CENTER SITE OF MAY 17 GRADUATION

Turn inside to find the latest news about the upcoming commencement being held at the Cox Communications Center on Friday, May 17.

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OCCC's Recreation and Fitness department will offer most of the fitness classes offered during the spring and fall. Turn inside for a full listing.

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One hundred nursing students are about to enter the workforce after they graduate from OCCC's programs. Read more.

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PIONEER

OKLAHOMA CITY COMMUNITY COLLEGE

MAY 3, 2013

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COVERING OCCC SINCE 1978



Going green

In celebration of Arbor Day, psychology major Daniel Shaffer gets a free tree. OCCC celebrated Arbor Day in a number of ways that included the tree giveaway and informational tables on April 24. Shaffer said he planned to pay the favor forward by giving the tree to a friend.

For more on Arbor Day, visit the Arbor Day Foundation website at www.arborday.org.

CHRIS JAMES/PIONEER

Internet addiction a real health issue

Dopamine dependency created by overuse of electronic stimulation

KATIE THURMAN
Staff Writer
staffwriter2@occc.edu

In the early stages of Internet or technology addiction, neurotransmitters in the brain begin overloading the body with dopamine. Dopamine is the chemical hormone that controls roles in behavior and cognition.

The prefrontal cortex and VTA areas of the brain are stimulated by the excess of dopamine and soon, a dependency on the overload is needed for a person to function.

More than 20 students gathered on April 17 in CU1 to listen to Dr. Peter John A. Messiah give a dynamic and engaging lecture about Internet addiction.

Messiah, an addiction prevention specialist and professor at Oklahoma City University, described the way that too much Internet can lead to addiction and the consequences this kind of addiction may reap for a person's health.

"Techno-addicts" as Messiah calls them, are people who suffer from an addiction to technology, whether it be the Internet, cellphones, or online or console gaming.

He said, in 2011, "Internet Addicted Disorder" was finally added to the DSM. The DSM, or Diagnostic and Statistical Manual of Mental Disorders, is used by physicians in the diagnosis and treatment of mental health disorders.

Messiah shared his own story, revealing that he, too, was once dangerously close

to being a techno-addict.

Like many addicts, Messiah's dependency on technology soon began to take away from his quality of life.

"For me, it was my e-mail," Messiah said. "I felt like I needed to be constantly connected."

See **INTERNET** page 9

Test Center a real hot spot during finals week

ARIANNA DERR
News Writing Student

Finals week, May 13 through 18, will be marked by long lines in the Test Center.

Test Center Director Jim Ellis has some tips on how to reduce the wait time.

"Most of the waiting is for a locker to open up," Ellis said. "If you would like to quickly take the test, then leave your stuff in the

car or with a good friend. That way, you won't have to wait."

The only thing students are allowed to have in the Test Center is their student ID and a writing utensil.

Another tip is to get up early. Every year there are about 4,000 students who come into the Test Center during finals week.

"If you want to skip the crowd,

See **TEST** page 9

OPINION

EDITORIAL | Make loved ones more important than luxuries

Never choose money over family

While deciding and debating on what to write this editorial about, I considered a few options. I decided on: “is money the biggest motivator in life?”

Why did I choose this topic? Because as we enter or exit college, or enter the “real world,” everything becomes about money. In fact, anything we look at deals with money or involves it in some form. With this being said, is money the biggest motivator in life?



REYNA ORTERO

I believe so, because money is needed to get through our day-by-day lifestyle choices.

Money is needed to purchase necessities. Money is needed to provide a family or a single person with food, shelter and healthcare.

However, when those necessities are provided, money can become a problem.

Instead of being OK with having enough, we want more. That pushes us to work harder so we'll have enough money to afford the next best thing.

So money either breaks us or makes us.

With too little money, you could be worried about how

you can save or how to pay the next bill.

On the flip side, if you have plenty of money, you can easily purchase the latest trends in fashion and the latest products on the market.

That brings us to an even bigger question: should money be the biggest motivator in life?

The answer is no.

Family should be the biggest motivator in life.

We should do what is best for our family, putting them before everything and anything else.

When we go out into the real world, we should think about them and not about the money we stand to make.

Some families work hard — sometimes up to two jobs — to be able to provide for their family.

But to provide what? Necessities or wants? And at what cost?

Do you replace quality time with your family for money you could afford to do without?

When asked that question, a close acquaintance of mine said yes, that it has gotten to the point where she has the latest fashions and technologies but doesn't have her parents or that significant other around.

Worse, when you try to reverse this trend, it is already too late. Too much has been lost in the process — memories or moments that will never come back.

BALLIARD BILL

HEY, GUYS. JUST FILL OUT THAT TEACHER ASSESSMENT, THEN YOU CAN GO FOR TODAY

IT'S ANONYMOUS, AND YOUR ANSWERS WON'T AFFECT YOUR GRADE

I'LL BE OUT HERE IF YOU NEED ME.

KILLING MONSTERS. WITH A SHOTGUN.

OHGODITHASCLAWS!



5-3-13

This brings us back to the beginning: “is money the biggest motivator in life?”

Definitely. Although it shouldn't be, it is — for our own well being and for those around us, it is.

However, here is the catch: while money is a priority and a motivator, do not let it get in the way of other priorities. Learn to make time for loved ones.

Even if you have to work a lot just to make ends meet, find a way to make a little room for your family, too.

Ten to 30 minutes can make a difference in someone's life, even if it is to hear a simple hello. Remember money can either make you or break you.

—REYNA ORTERO
STAFF WRITER

LETTER TO THE EDITOR | Tips given to make driving experience safer

Drivers cautioned to stay focused on road, not phone

To the editor:

Do you eat or drink while driving? Talk to passengers? Adjust your radio, CD player or MP3 player? Attend to children or pets? Use a navigation system or look at a map? Check out your appearance in your visor mirror? Text? If you answered yes to any of these, you are a distracted driver.

Distracted driving is any activity that could divert a person's attention away from the primary task of driving. There are three main types of distraction: manual — taking your hands off the wheel; visual — taking your eyes off the road; and cognitive — taking your mind off driving.

A driver is 23 times more likely to crash when texting, according to a 2009 Virginia Tech Transportation Institute study.

From 2007 to 2011, the Oklahoma Highway Safety Office reported that 199 fatal crashes involved some form of driver distraction (documented by law enforcement at the crash scene); 28 percent of those cited an electronic device as the reason for distraction.

Within that same five-year period, there were more than 14,000 injury crashes related to driver distraction and approximately 21,000 non-injury crashes.

Nearly one-quarter of these crashes occurred when the driver was distracted by a cell phone or other electronic device.

The Injury Prevention Service of the Oklahoma State Department of Health offers these tips to help drivers manage common distractions and prevent crashes from occurring:

- Before you start your vehicle, put your cell phone, or smart phone, out of sight and on silent to avoid the urge to check it.
- Prepare in advance for your trip by checking directions, eating, grooming, or handling anything else that may distract you from the road.
- Ask a passenger to be your designated caller or texter if necessary.
- Adjust your radio, CD player, or MP3 player before

you drive your vehicle.

- Pull over if you need to make a call, tend to your children, eat or drink, groom, check a map or navigation system, or make any adjustments to anything in your vehicle.
- Secure children in a child safety restraint prior to leaving for your destination.
- Secure your pets in a safety restraint or pet carrier.
- Focus on the task at hand by refraining from doing any activities that take your mind and eyes off the road and hands off the wheel.

For more information on how to prevent motor vehicle crashes, contact the OSDH Injury Prevention Service at 405-271-3430 or visit <http://ips.health.ok.gov>.

Additional information on managing driving distractions and preventing crashes can be found at Oklahoma Highway Safety Office: http://ok.gov/ohso/Program_Areas/Other/Distracted_Drivers, National Highway Traffic Safety Administration.

— OKLAHOMA STATE DEPARTMENT OF HEALTH

PIONEER

Vol. 41 No. 31

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The **PIONEER** is a student publication of Oklahoma City Community College through the Division of Arts and Humanities. It is published weekly during the 16-week fall and spring semesters and the eight-week summer session.

Opinions expressed are those of the author and do not necessarily represent those of the PIONEER, the college or the publisher.

The PIONEER welcomes **letters** to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The PIONEER will withhold the author's

name if the request is made in writing.

The PIONEER has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the PIONEER office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The PIONEER ONLINE also can be accessed at www.occc.edu/pioneer.

COMMENTS AND REVIEWS

ALBUM REVIEW | 'Save Rock and Roll' 11-track success

Fall Out Boy gets A+ from listener

On April 16, American pop-punk band Fall Out Boy released their fifth studio album, "Save Rock and Roll." It marked the band's first full-length album release since December 2008 when the band announced that they would be going on a hiatus to pursue down time and solo careers.

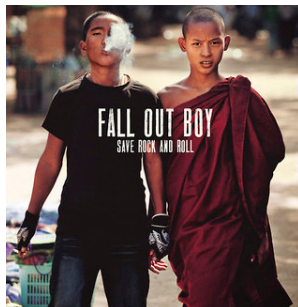
The news left many fans heartbroken and uncertain about the future of the band. Would they ever return to the music scene as the foursome many had come to cherish? And if they did, would their music still be what we wanted to hear?

The hiatus left people with doubts and rightly so but "Save Rock and Roll" has marked a triumph for the band and a prolific milestone in the history of their discography. The album reached number one on American music charts within a week and it's been met with widespread critical and fan acclaim. At this point, the only thing I can do is heap on more praise.

With the creation of the tracks on "Save Rock and Roll" — recorded over the span of six months — without the prying eyes and ears of the media, Fall Out Boy finally managed to make the album they wanted to make without the influence or input of critics or fans who would laud their work. The result is nothing short of stellar.

It seems the band has finally found their niche with a strange but effective pop-rock fusion. Arguably, all of the material is less radio-friendly than hits from the band's sophomore album that thrust them into the limelight but it's definitely better and provides for a more enjoyable listening experience.

There are very few points where "Save Rock and Roll" actually falters. The placement of track nine, "Young Volcanoes," seems a little off as it's situated



between two of the heavier songs on the album. Something about the light, lilting melody of "Young Volcanoes" just seems oddly timed. It takes the listener out of the experience that the album has been building.

However, even at its low points, "Save Rock and Roll" is a joy to listen to. In true Fall Out Boy fashion, the album features several unexpected guests:

indie soloist Foxes is featured on one track while rapper Big Sean and '90s grunge icon Courtney Love is featured on another.

The highest of highs on the album is the title track, "Save Rock and Roll," which closes the album and features music legend Elton John whose unique voice brings something extra to a track that proves to be extremely masterful.

With ease, "Save Rock and Roll" (the song and album) could and probably should be Fall Out Boy's biggest success to date.

What's so great about this album is the thing that people feared most — it sounds different from its predecessor, "Folie a Deux," — the way that album sounded different than the one before it, and so on.

Fall Out Boy have done something not many bands are capable of. They've continually made albums that reflect a natural maturation and development. "Save Rock and Roll" is the band's most personal album yet and there are definitely more hits than misses on the 11-track LP.

"Save Rock and Roll" is available on iTunes and at music stores near you now.

Rating: A+

—KATIE THURMAN
STAFF WRITER

BOOK REVIEW | Looking for a good book?

'Mitford' series tugs at heartstrings

Do you need a good book to read? Pick up a copy of Jan Karon's book "At Home in Mitford."

Full of charm, faith and many other wholesome qualities, this is a great leisure read.

I bought a mystery box of books at the annual fairgrounds book sale this year. In my box was the first three books in the Mitford series.

The series is about Father Timothy Kavanagh, an Episcopal priest who is set in his ways and not at all happy about it.

His life becomes disrupted when a large black dog begins to follow him around town.

Initially he wants nothing to do with the oversized dirty animal but eventually the dog, now named Barnabas, begins to disrupt Father Tim's "ordered life."

Barnabas gets the Father into all kinds of crazy and messy situations, and will only desist when scripture is quoted to him.

Barnabas is the first step toward Father Tim open-

ing new doors in his life and his heart.

When an elderly parishioner becomes ill and is hospitalized, Father Tim takes in the man's grandson, Dooley.

Hello disruption number two.

Number three is an attractive neighbor who slowly works her way into Father Tim's life.

These three characters change Father Tim's life in many ways. His faith is strengthened and renewed. His life has substance and he begins to dream again.

This book follows the lives of all in Mitford with a small town charm.

I cried, I laughed and I couldn't put the book down.

For a book that will stay with you and change your view of life, read "At Home in Mitford."

For more information, about the entire "Mitford" series go to www.mitfordbooks.com

—BUFFIE RICHARDSON BROWN
STAFF WRITER

JOB & CAREER POWER

Summer job listings available

Summer is fast-approaching and summer jobs are currently being shared with our office. Please visit the Main Building, first floor, Room 1G7, for hard-copies of bulletin board job fliers and to learn about additional job search resources. The online student job board currently has more than 300 job listings. Register at www.collegecentral.com/occc. Enter your 7-digit student ID number as the Access ID.

When you upload your résumé to the job board, you can receive a portfolio and ink pen perfect for job fair or job interviews. You may also print on provided résumé paper — 10 résumés a day; 20 résumés in a week; or 30 résumés per month through our office.

Below are just a few of the current job opportunities we are sharing:

• **American Fidelity:** FORTUNE magazine's "100 Best Companies to Work for in America." Needs customer Service Representatives. Apply online at www.americanfidelity.com/careers.

• **NAPA:** Delivery drivers, counter people, store manager. (Preference for management positions to applicants with experience) 405-775-4806. Apply online at www.napaautojobs.com or fax résumé to 405-775-4825.

• **FAA Credit Union:** Floating financial services partner. Experience preferred. \$12.68/hr + DOE. Also, part-time teller position (Capitol Hill Branch—must be bilingual in Spanish and English). We will train. Hours are noon to 6 p.m. Monday through Friday and one Saturday off a month, \$9.62/hr+DOE. Apply in person at 10201 S Western Ave. Questions: 405-682-1990.

• **OneMain Financial:** Consumer finance sales representative. Apply online at: www.careers.citi-group.com. Click on Search Jobs, and enter 13017901 in the Job Number field.

• **YMCA Earlywine Park:** Summer camp counselor positions. Starting pay \$7.61 per hour, 35 to 40 hours per week. Must be willing to become CPR certified, cost \$20. Apply online at www.ymcaokc-jobs.org and select the Earlywine Park YMCA location. Questions: Jordan Brown, Youth and Family Director, 405-378-0420.

• **Enterprise:** Part-time service agent and part-time driver. Apply online at: go.enterpriseholdings.com. Direct questions to Kerri Mollet at kerrie.k.mollet@erac.com or call 405-254-9719.

• **Hudiburg Nissan Subaru:** File clerk and phone operator, \$8.50 an hour with benefits after 90 days of employment. Shifts vary. Apply online at www.hudiburg.com. Direct questions to Lisa Krag, 405-644-3111, or email at lkrag@hudiburnissan.com.

For more information, visit Student Employment & Career Services 8 a.m. to 6 p.m., Monday through Thursday; from 8 a.m. to 5 p.m. Friday, call 405-682-7519 or email employmentservices@occc.edu. You can also visit us online at www.occc.edu/es

—DEBRA VAUGHN
STUDENT EMPLOYMENT
& CAREER SERVICES DIRECTOR

Spring concert to feature all three OCCC choirs

CHELSEY OLIVER
News Writing Student

An original composition written by a member of OCCC's Symphonic Community Choir will be presented at the final spring concert at 7 p.m., Tuesday, May 7, at the Wilmont Place Baptist Church, 6440 S. Santa Fe Ave.

The Symphonic Community Choir, composed of any student or community member enthusiastic about singing, will perform "Sea to Shining Sea," written and directed by Symphonic choir member Michael Ware.

Ware is the music minister at Wilmont Place, where OCCC has held its concerts while the new Performing Arts

Center is being built on campus. Choirs have performed other compositions by Ware previously, Staton said.

He said they look forward to singing Ware's original interpretation of the classic, "America the Beautiful."

"I'm excited to be presenting the piece," Ware said. "The choir is doing very well, and I'm grateful to (music professor) Ron (Staton) for giving me this opportunity."

The concert will feature music genres such as Broadway and jazz that all three OCCC choirs have studied throughout the semester.

Conducted by Staton, the Concert, Chamber, and Symphonic Community choirs will all come together to present

their final performance of many different compositions.

OCCC's Concert Choir will feature three songs, including a rendition of a classic African-American spiritual entitled, "Keep Your Lamps," as well as "Unexpected Song," from the musical "Song and Dance."

Chamber singers will focus on jazz ballads, such as "At Last" and "Two for the Road."

All choirs will come together at the end to present an original piece by Dr. Darla Eschelman, vocal music education coordinator at the University of Central Oklahoma, entitled "The Music in Our Life Plays On," as well as "Cindy," an arrangement by Mack Wilberg.

Although excited about the final performance, Staton said he feels mixed emotions about the closing of the spring semester.

"You're building to the end of the year, and that's always a good thing," he said. "But yet we have people graduating and transferring from here, and that's the sad thing because you've worked with them for years. It's bittersweet."

Ware said the concert is going to be exciting. He commended Staton for his commitment to all the choirs.

"He brings such an expectation of excellence to every rehearsal and performance," Ware said.

Admission is free and all are welcome to attend.

Bossa nova makes its way into jazz concert

GENNY HICKMAN
News Writing Student

Some call it the dance of love. Others think of it as easy-listening music.

No matter the label, the bossa nova sound will permeate the atmosphere in the Bruce Owen Theater on campus Thursday, May 9.

The second jazz concert of the semester will feature this Brazilian sound when musicians take the stage at 7:30 p.m.

Music Professor Michael Boyle will conduct the concert, comprised of three OCCC music majors. The concert will feature bossa nova classics from the

1920s, '30s, '60s, as well as a new song from the 1990s.

Brazilian music on the program includes "Garota do Ipanema" ("The Girl from Ipanema"), and "Preciza Dizer te Amo" ("I Must Say That I Love You").

Boyle said he picked these particular songs to reflect the addition of a new band member.

"His sound reminds me [a little] of Stan Getz, a famous American jazz saxophone player who 'discovered' and popularized bossa nova for us Norte Americanos."

The three performers will be Stanley Hall on tenor saxophone, Zach Lebo on bass and Jared Bross on guitar.

Hall has played jazz music for eight years, but this is his first semester in the OCCC jazz band, Boyle said. Lebo is a third-year veteran, and Bross joined the band last semester.

"Jazz has many genres," Hall said. "But we will be playing bossa nova music. This is typically background jazz music that can be heard in elevators."

This genre of music will be catchy and may be familiar to many.

Boyle summed up jazz in a couple of sentences.

"Jazz differs from nearly all other forms of Western music in that it features extensive use of improvisation," he said.

"While we expect Beethoven's Fifth Symphony to sound exactly the same every time, we expect jazz to sound different every time."

"That's one of the things that I love about jazz; the interactive nature and the interplay between musicians."

Boyle said he has a passion for the jazz band because he has grown up playing jazz.

He began playing jazz music in 1975 when he was in ninth grade.

"Teaching is a way to pass it on to the students," he said.

The show is free to everyone.

For more information, contact Boyle at mboyle@occc.edu

Mother's Day ideas can be unique, creative

PARIS BURRIS
Editor
editor@occc.edu

Mother's day is Sunday, May 12. It's a time to celebrate the women who have influenced our lives.

While this holiday can guarantee tons of fun, it may leave many wondering how to celebrate it in more than just the traditional ways. While the typical flowers, dinner or day at the spa are great, this list offers more out of the box ideas for this Mother's Day.

Take a class together

Is your mother the artsy type? Treat her with a few glasses of wine along with a fun, social group painting class with Wine and Palette Studio located



at 201 NW 10th Street, Suite 120, in Oklahoma City.

Malissa McEntire will be the featured artist from 2 to 5 p.m. Saturday, May 11. The class is \$35 and currently has seats available.

A class planned from 6:30 to 9:30 p.m. Friday, May 10, currently has 38 seats available. The cost is \$45. The class will be at the Wine and Palette Studio.

Bill's Island Grill is the location of

a class scheduled from 2 to 5 p.m. Sunday, May 12. That class has sold out but participants are able to get on a wait list. For more information, visit wineandpalette.com.

See a live performance

If your mother is a fan of soul music and great food, treat her to live re-enactment performances of Michael Jackson, Etta James, Muddy Waters and even modern stars of today along with a three-course meal at the Yellow Rose Theater.

This event is part of the theater's "Soul Express" show and will continue through May 25. The theater is located at 1005 SW 4th St. in Moore. Times and ticket prices vary. For more information, call 405-793-7779 or visit www.yellowrosetheater.org.

Go shopping, for cheap

Shopping is always fun, but if you don't have the money to splurge, it can be stressful.

Inexpensive consignment stores and thrift shops are a great way to have a shopping spree on a budget. Our Sister's Closet sells clothes, purses, shoes, jewelry and other items for less than half of the new price. It's located at 2209 SW 74th St. in Oklahoma City.

Similar stores include My Sister's Closet, located at 1712 Golf Course Dr. in El Reno. Plato's Closet located at 2229 NW 138th St. in Edmond.

Daisy Exchange has various locations. To find locations, visit daisyexchange.com.

For more unique ideas, visit www.pinterest.com.

Sex addiction requires professional help

BRYCE WALLAR
News Writing Student

Addiction to Internet pornography is just one part of a large spectrum of life-damaging behaviors that can prevent a person from functioning well in a society or in a family, said Dr. Vicki Wyatt. The licensed professional counselor gave a seminar on sex addiction on campus April 16.

Wyatt encouraged the small group who attended to work on the addictions, sex and otherwise.

"Addiction is not just that you're not doing something right," she said. "You didn't cause it, you can't cure it, and you can't control it."

Wyatt explained how to recognize addiction.

"Addiction is characterized by the

"You've got a secret life and a public image. Part of the recovery is to learn how to integrate those."

—VICKI WYATT
PROFESSIONAL COUNSELOR

inability to consistently abstain" from something which creates "significant problems with one's behaviors."

Rather than accepting an addiction as a sign of bad character that can't be fixed, Wyatt said, the person suffering from sex addiction, or any other compulsive behavior, should seek professional help in overcoming it.

Wyatt said her program, Intensive Recovery, focuses on working through the betrayal that sex addiction brings so a couple can heal. Without treatment, sex addicts will find it difficult to maintain a healthy relationship with

a partner.

She said although sex addiction is often about Internet pornography, it does not have to be. A sex addiction can develop using secret affairs, often cultivated through social networks, in the workplace, and many other ways.

"You've got a secret life and a public image. Part of the recovery is how to integrate those," Wyatt said.

Wyatt made it clear that intimacy is not about sex. Intimacy presents vulnerability, and it is based on genuine trust.

Wyatt said that intimacy should be used only for good. A relationship with a sex addict houses betrayal, which creates a rift in a relationship.

Wyatt also took questions from the audience. A man asked her about a specific addiction, fighting, and she said that these were similar, because a

stimulus still needs to be met in both instances. She suggested replacing the adrenaline by doing another activity.

"Boundaries are an important part of any relationship, specifically a sexual one," Wyatt said.

A woman asked about setting boundaries on television and the Internet for adolescents.

Wyatt suggested that family units be transparent with each other. She said she believes in setting parental controls, but more than that, having an open line of communication, especially when it comes to sexual behavior.

"Sex addiction is not about an attraction," she said. "It's about compulsive behavior."

For more information, visit Wyatt's Intensive Recovery website, www.intensiverecovery.com. Also, you can take the Internet Sex Screening Test for free at www.sexhelp.com.

More than \$7 million needed for Capitol Hill Center project

GENNY HICKMAN
News Writing Student

Few students on campus know about the college's off-campus branch in the Capitol Hill area just south of downtown Oklahoma City.

Those who do know may have taken advantage of the services offered there, including GED instruction and English as a Second Language classes.

But its visibility in the community could increase when the new Capitol Hill Center is ready for occupancy.

A campaign to raise funds for the new Capitol Hill Center will kick off in a few short months, said Steven Bloomberg, Community Development vice president. The campaign is expected to take about nine months and aims to raise \$5 million.

OCCC has rented temporary facilities to hold classes in the Capitol Hill area since 2000, Bloomberg said. With services in this area of Oklahoma City, education can reach more people who may not have had access to it before. The branch campus in this area allows more citizens in the community to take classes to prepare for jobs.

The current location is in the United Methodist Church, located at 123 SW 25th St. OCCC has been leasing the second floor of this building since February 2012. The 5,000-square-foot space houses four to five classrooms. The facility helps build programs before they move a few blocks down to the permanent location in a couple of years, Bloomberg said.

The new building will be located at 325 SW 25th St. The site is one property but two separate buildings, Bloomberg said. The new and permanent Capitol Hill Center will be the old Langston building and the former, and famous, Katz drug store, where Civil



Rights leader Clara Luper and her students staged sit-ins during the 1960s.

These two buildings will provide a total of 44,500 square feet in the new facility.

Bloomberg said the strategy behind having the temporary location a few blocks from the future facility is to "incubate programs" because it is easier to build them this way.

Bloomberg said the Capitol Hill Center has three purposes.

The first is to provide adult education, such as the ability to receive GEDs, learn English as a second language, provide employment transition classes, and to give people basic skills for good paying jobs.

The second reason is to offer credit courses such as "gateway" classes or general education courses. This is to prepare students to "matriculate" to the main OCCC campus from the Capitol Hill Center.

The third reason is for business development. The Capitol Hill Center wants to help people start new businesses in the area and help people improve their business if they already own one.

Current Capitol Hill Center student, Cinthia Figueroa, has been attending this campus for almost

three months. She said in high school she got lost.

"In high school I did not understand what was being taught," she said. But in her classes now "they explain and help more."

Figueroa is working on earning her GED, after which she plans to attend the OCCC main campus.

Another Capitol Hill student, Diana Salas, is working toward her GED, while taking classes in English as a second language. She said this location makes it easier to take classes and learn. She hopes eventually to transition to the OCCC main campus, as well.

The whole project is expected to cost more than \$7 million for construction, Bloomberg said. This does not include furnishings or electronics. The funding for the center will not come from students, but instead will come from private funds and contributions.

The plan is to complete the center in phases.

The first phase is estimated to take 18 to 24 months after the kick-off. It will accommodate roughly 8,000 to 10,000 people in the 10,000 square feet that will be renovated.

The second and final phase will be finished approximately two years after the first phase. The overall estimate of people this center will serve when the entire facility is finished is 10,000 to 15,000 people, Bloomberg said.

The temporary facility served 5,500 people in 2012, so this new facility will be able to reach many more people. It is a hope to keep growing existing programs with each phase of the center, Bloomberg said. He said with the growth of the metropolitan Oklahoma City area, it is definitely a possibility to have more OCCC campuses in the future.

For more information about the Capitol Hill Center, call Bloomberg at 405-682-7814 or email sbloomberg@occc.edu.

SUMMER '12, FALL '12 AND SPRING '13 TO PARTICIPATE IN COMMENCEMENT

Graduates prepare for May 17 commencement

The following students have applied for May graduation. Diplomas will be granted after credentials are completed and degree requirements are met.

Kimberly Abel, Christopher Ackon-Mensah, Ann-Marie Adams-Parsons, Kare R. Adams, Zachary Addison, Babatunde Sunday Adeyemi, Gilley Aguilar, Olalekan Sheriff Ajala, Juliana Akabua, Funke Fisayo Akinwale, Lara Al Smadi, Mitchell Aldridge, Yvonne Alex, Aaron Douglas Allen, Ashly Allen, Scott Allen, Shalya Allen, Tenesha Alvarez.

Kenneth Anderson, Mandisa La'Mone Anderson, Meagan Anderson, Michelle Anderson, Natali Angulo, Betty Arduine, O'Tika Arnold, Jessica Ashworth, Ruby Asif, Susan Atnip, Rose Mawuli Attipoe, Ciria Avalos, Gabriela Ayala, Tyler Bacon, Jennifer Bain, Ian Baker, Trisha Baker, Michelle Baldwin, Tucker Ballinger, Shaquita Banks.

Jacqueline Barbee, Marco Barbosa, Eric Bares, Brooke Barger, Covey Barlow, Jamie Barnes-Polski, Gregory Barnhill, Amber M. Barrett, Adam Barton, Alexandra Bass, Scott Batary, Raul Candelario Becerra, Dawn Beck, La Dawn Beckman, Shannon Beckman, Nicholas Bekker, Belkis Benitez, Angela Beson, Jack Beyer, Tarakay Biggs, Brittany Billiot, Jordan Birdwell.

Feladayo Trini Birts, Shrabba Bista, Taysha Bitseedy, Cale Black, Jessica Black, Michelle Blaine, Robert Blair-Platt, Kristina Blalock, Alyssa Blazer, Jennifer Blevin, Johnathan Bluemlein, William Bohanan, Alicia Bonds, Christopher Bookout, Billy Botone, Blake Braden, Caitlin Brasel, Amy Brooks, Jackie Brooks, Mark Brooks, Kristen Broussard, Marcy Brown, TonyRay Brown, Blake Bunch, Morgan Bunch, Ashley Burchett, Mark Burgess II.

Joseph Blake Burks, Michael Burnette, Sarah Byars, Andrew Cadaret, Genesis Cadena, Astrid Calairo, Sara Caldwell, Whitney Calley, Kimberly Campbell, Joseph Camperson, Kim H. Cao, Tiffany Ngoc Cao, Amador Cardoza, Roman Carothers, Stephanie Carpenter, Jacqueline Carrington, Crystal Carroll, Jacquelyn Carter, Jason Carter, Kye Carter, Megan Carter, Jordan Cascante, John Casey, Megan Castle, Robert Chandler, Daniel Theosophy Chau, Kenny Fon Chi.

Brian Chu, Samuel Chunn, Bryan Cifuentes, Devin Clark, Leah Clark, Sean Clawson, William Clayton, Effie Clispo, Kristen Cobb, Kara Cochran, Corey Cofer, Jade Dezarai Coker, Belinda Colby, Jackie Cole, Raquel Coley, Ronald Colley, Ryan Collvins, Nicole Colombo, Lindsey Colwell, Sharnise Combs, Mitchell Conant, Hunter Conover, Mallory Cook, Sarah Cooper.

Sara Cornelius, Wesley Josphe Cossey, David Courtright, Noel Covarrubias, Vicki Craig, Lavinia Creswa, Angelina Crisafulli, Elizabeth Crittenden, Jessica Cross, Iris Cruz, Carra A. Cruzan, Jennifer Culwell-Warden, Margarita Curry, Tippi Curry, Cynthia Dale, Katie DallaRosa, Leya Dalton, Ann Daniels, Kenneth Daniluk, Naomi Daugherty, Jesse Davenport, Donnie Davidson II, Melissa Davidson, Sasha Davidson, Alecia Davis-Sterling, Cole Davis, Dustin Davis, Inda Davis.

Jeremy Davis, Monique Davis, Rebekah Davis, Carrie Dawson, Christa Day, Anna Marie De Loof, Megan Dean, Lacey Dea-

ton, Brian Decker, Sarah Deford, Lyndsi Deleza, Mikela Delfino, Tristina Harshaw, Kevin Dempsey, Emily Dennis, Michael Denton III, Linda S. Devine, Adrian Diaz, Ricxelle Diaz, Albert Dienna, Josalyn Dirden, Kevin Dixon, Huyen Thi-Thanh Do, Maria Do, Pamela Dobbs, Katherine Marie Dodd, Jason Dommer, Jason Dommer, Christina Douthit, Sofia Dozmorova, Jeremy Droscher, Stacy Duffee, Daniel Dunkwu, Kalin Dunn, Glenna Durrett.

Thomas Durrett, Matt Eagan, Jessica Eagle, Megan Edison, Erica Edwardson, Sarah Eichman, Juliet Onyinyeohi Elenwo, Cameron Elmore, Jonathan Emery, Michael Enagonio, Andreia Caldwell Enarson, Robert Estes, David Eubanks, Connie Evans, Michael Evans, Valarie Evenson, Jimmi Evey, Blessing Faboro.

Lee Mahyar Fardadfar, Emily Fel-land, Kimberly Ferguson, Brandy Fielder, Hannah Fischer, Kristin Fisher, Allecia Flattem, Josh Flattem, Leah Flores, Steven Flores, Tabatha Floyd, Andria Flynn, Rolla Forcum, Ian Foster, Crystal Rowe, Teresa Fowler, Tonya Franklin, Jason Franks, Chong Sun Frashier, Sarah Frashier, Jenna Beth Fratrack, Casey Freeman.

Amanda French, Andrew Frey, Amy Frizzell-Haines, Jesus Fuentes, Ashford Gitau Gachangi, Arthur Gaines, Cecilia Garcia, Maria Garcia Bass, Alicia Garrett, Cole Garrett, Justin Garrett, Stephen Garrett, Cori Garrod Black, Lisa Gates, Erica Gattis, Bridgette Gaylord, Tiffany Geimausaddle, Roemetta Gellhaus, Cristina Genzer, Veronica George, Ryan Rasheed Gharajeh, Lloyd Giddeon III, Latrese Gildon, Lanora Gist, Zackery Glass, Brandi Goade, Tiffany Goade, Shannon Gogel, Rene Golden, Amber Goldsburly, Robert Golliver, Joanna Gonsalves, Heather Gonzales, Dao The Anh Goodnight.

Michaela Floyd, Ashlan Gorman, Summer Graham, Steven Grassmann, Clifton Grate, London Graves, Angela Gray, Lauren Gray, Connie Gregg, Carrie Lynn Griggs, Terri Groom, Jeffrey Growe, Shauna Grumbblatt, Jannette Guerrero, Angela Gutierrez, Emmanuel Gyebi, Bryan Hale, Jan Haley, John Hall, Maria Hall, Tyler Hamilton, Christopher Hampton, Cameron Hanna, Ashley Hansen, Bryan Hansen, Karl Hardy, Eric Harmon, Sherritta A. Harris.

Gregory Harrison Sr., Danny Sheaffer Harry, Ella Okada Harry, Crystal Harvey, Tabitha Hasley, Ross M. Hathaway, Justin Hawkins, Amber Hayes, Lanell Hayes, Dustin Hayhurst, Christina Hays, Vennetta Hefner, Morgan Heitt, Lisa Henderson, Nathan Henderson, Melannie Hernandez Chavez, Jeanneth Hernandez, Joseph Hernandez, Karen Hernandez, Amy Herrington, Kaitlin Hess, Brandon Hicks, Sharilyn Higa, John Highfield, Kristen M. Highful.

Tracy Hightower, Derek Hileman, Patricia Hill, Holly Hindman, Tanda Hixson, Ben Hlavaty, Uyen Nhat Hoang, Brittany Holder, Kruse Joshua Holliday, Jimi L. Holt, Meagan Homsey, Brandy Houchin, Andrea Howard, Jessica Howard, Cinnamon Howell, Kathrianna Howell, Michael Hudson, William Hudson Jr., Ryan Huffer, Jennifer Hughes, Jessie Hughey, Michael Hume, Maria Humphrey, Ammar Ali Hunaish, Melissa Hunt, Trina Hupka, Amanda Hursh, Joshua Hurst.

Elizabeth Hutchens, Jamie Hutchison,

Jefferson Ibagon, Ashlee Ibarra, Jennifer Ille, Jeffrey Innis, Bryan Jackson, Jennifer Jackson, Jodi Jackson, Samantha Jackson, Keith Jacobs, Khurshid Jahan, Pherapha Jaidee, Catherine Jaja, Christopher James, Kody James, Hilary Janaway, Joseph Jankas, Michael Jaronek, Elizabeth Jeanes, Carol Jenkins, Christopher Jenkins, Jens-Karl Erik Jentoft, Sylwia Jerczynska, Gabrielle M. Jimenez, Richay Jobe, Elisabeth Johnson, Joyce Johnson, Lafare Johnson.

Christa Johnston, Christopher Jones, Mary Jones, Megan Jones, Morgan Jones, Roderic Jones, Cynthia Joslin, Therisa Joy, Karen Judd, Ashmita K.C., Todd Kahoe, Morgan Kasserman, Jason Keeble, Joseph Keffer, Sarah Kellum, Danielle Kelly, Michael Kelsey, Jessica Kemp, Kristi Kennedy, Amber Kerenge, Bonnie Kerr, Rian Keylon, Nabina Khanal, Kyle Kielich, Ji Hun Kim, Philip Kim, Taehwan Kim, Amy Kimmel, April King, Maria Kiper, Wesley R. Kirby, Donna Kline, Chelsea D. Knight, Justin Knight, Koffi Kodoe.

Rebecca Koehler, Courtney Kohr, David Krawczyk, Jessika Kropf, Donna Kysela, Nicole Labbe, Destiny LaGrow, Minh Anh Lai, Hannah Laib, Suzanne LaMay-Melton, Kilee Lamb, Rakshya Lamichhane, Steven Lang, Stephanie Lanzo, Greg Lauderdale, Thomas Lawson, Jessie Layfield, Chau Le, Davis Le, Donna Leachman, Nieves Leahy, Jessica Leal, Ashley Lee, Chong Hee Lee, Jenny Lee, Kara Lee, Lisa Lee, Amy Leis, Casey Lemmons, Joshua Lewis, Lesley Ley, Kyle Lindsay, Danielle Lindsey.

Brittney Linster, Jennifer Lippoldt, Shaun Loeffler, Stephanie Loftis, Avis Lohr, Freddy Londone, Sunny Loneman, Laura Long, Elizabeth Long, Ryan Long, Denisse Lopez, Jose Lopez, Nallely Lopez, Petrina Lorenz, Kelley Losada, Travis Lottman, Jessica Lounsbury, Kathleen Lovasz, Jacob Loveless, Kathryn Lowe, Nicole Lower, Jorge Luevano, Melissa Luksa, Geneva Mojoko Luma, Jennifer Lundy, Calyn Lynch, Cayla Lynes-Ballard, Catherine Lynn, Rachel MacElvaine, Ashton Gage, Stephanie Madden, Nikesh Maharjan.

Kayla Malcom, Robert Malmstrom, Cassidy Malone, Lyndi Mann, Weldon Mann III, Amber Maples, Tony Marie, Sarah Marris, Brandon Marshall, Jynelle Martin, Philip Martin, Tiffany Martin, Miles Martincevic, Amanda Martinez, Jesus Martinez, Lionel Masango, Limbali Masheke Sr., Brittney Seeham Masoud, Tiffany Massey, Sidney Master, Nairi Mat-evosyan, Mary Mathes, Jibumon Mathew, Christian Matthews, Kynanna Matthews, Tammy Mauller, Christopher Maxwell, Joseph May, Melissa Mayfield, Xastasia Mays, Trisha McAlpine.

Caitlin McBride, Virginia McCarty, Jana McClarney, Meghan McCain, Chelsie McCumber, Chance McCurdy, Andrew McDonald, Sarah McElvany, Gretchen McFarland, Michelle McHale, John McIntyre, Amanda McKenzie, Nicole McKiel, Ashley McKinney, William McKinsey, Aubree McKinzie, Angella McLaughlin, Rhonda McLaughlin, Russell McLaughlin, Leah McLennon, Tanny McNamara, Lyndsey McNeil, Christopher Melton, Michael Standsberry Melton, Jessica Mendoza.

Tina Metzger, Janae Meyer, Norman Micco, Anthony Militar, Abbey Miller, Dustin Miller, Garold Miller, Samantha Miller, Kathlyn Milner, Nasar Min Allah,

Matthew Mincher, Joshua Minson, Kathryn Misiaszek, Cory Mize, Neo Mmeke, Darren Modena, Abby Moffeit, Yvonne Angum Mokoro, Chanell Montgomery, Dustan Montgomery, Cori Moore, Marshall Moore, Stefany Moore, Gerardo Morales, Brittany Moreland, Maria Morfin, Jason Morgan, Sara Morgan, Donna Morris, Stefany Morris, David Morton, Darrio Moss, Mary Wambui Mungiria, Paul Mwenda Mungiria, Stephanie Murphy, Katherine M. Murray, Sara Murray, Mikala Mutchler, Levi Mwirigi, Amanda Myers.

James Nantze, Jordan Nash, Fabiola Padilla, Matthew Nels, Matthew Nelson, Chasitie Nero, Mary Newcome-Hatch, Loan Kim Ngo, Anh Ngoc Duyen Nguyen, Franz Thai Nguyen, Huong Thanh Nguyen, Kim Ngan Vu Nguyen, Lam Nguyen, My Vuong Nguyen, Calvin Nguyen, Alecia Nicholson, Tara Nixon, Danielle Norvelle, Brent Nungesser.

Abigail Nurick, Mirimma Nwosu, Willow O'Connell, Temitope Olaniwun, Andre F.R. de Omena, Savanna Orr, Karla Fabiola Ortega Rivera, Itzel Ortiz, Alyssa Orton, Patricia Osei, Elizabeth Otido, Megan Ott, David Rito, Felicia Padgett, Candi Page, Lawrence Palin III, Megan Palmer, Isis Palomino Rivera, Daeshae Parker-Ransom, Morgan Parker, Nicholas Parker, Michael Parnell, Kent Parsons, Andrew Patchell, Patrick Pate, Akash Patel, Justeena Patel, Jessica Paterson, Moises Claravau Pattawi, Courtney Patterson.

Kandy A. Patterson, Jamerye Paulin, Ndeye Paye, Debby Payne, James Pearson III, Davis Peck, Denise Peltier, Carol Pemosso, Lauren Penner, Mason Pereira, Claire Perez, Christina Perkins, Melissa Perkins, Nicholas Perkins, Wendy Pettigrew, Rachael Peyton, Andre Phillips, Brandie Phillips, Deshawn Phillips, Jennifer Phillips, Carletta Pierce, Bryan Pietrowicz, Jaymie Pinkley, Monica Piros, Christie Pittman, Steven Plumlee, Bradley Podany.

Amanda Porter, Stacy Poston, Lindsay Pouder, Anna L. Powell, Anne Powell, Jesse Prather, Asuncion Del Carmen Preciado, Brian Pribble, Chelsea Pruitt, Derek Pyle, Ericka Quick, Imane Rachid, Elizabeth Ramer, Heath Ranck, Brett Raprich, Rebecca Ratliff, Ryan Raymond, Kayla Redmon, Emily Reed, Wendy Reed, Monica Regoubay, Tania Rembert, Jack Reynolds, Tiffany Reynolds.

Kaileigh Miller, Abigail Rice, Julie Rice, Amanda Rietz, Windi Riggs, Amber Rineistine, Doris Roark, Brandon Roberts, Brandon Roberts, Karen Roberts, Michael Roberts, Shannon Evans-Roberts, Lacey Robertson, Stacy Robertson, Fausto Rodriguez, Laura Rodriguez, Tara Rodriguez, Jennifer Rogers, Ana Romero, Lauryn Romines, Jared Rose, Toby Ross, Brett Rostykus.

Chelsea Rouse, Morgan Ruckel, Jordan Rudd, Sarica Russell, Tyrell Rutledge, Mathew Ryan, Ade Shadrach Salako, Zachary Sale, Frankie Sanchez, Laura Citlali Sanchez, Luis Sanchez, Misty Sanchez, Janel Sanders, William Sanders, Daniel Sanderson, Railyn Sanderson, Celina Santa Cruz De Oviedo, Gaye Sayers, Joe Scheih-ing, J. Sunshine Scherer, Dallas Schwab, Elaine Schwartz, Megan Scott.

Tina Scott, Heye Scrivner, Shenir Scroggins, Joshua Sechrist, Samuel Segal, Kelly Self, Nathan Sellers, Steven Serfess,

Melody Serrano, Deena Sherif Sewihy, Fatoumata Ide Seyni, Rebecca Shannon, Sagar Sharma, Candice Conn Shawareb, James Sherman, Jermell Sherman, Jason Short, Santosh Shrestha, Supriya Shrestha, Dayne Shults, Caitlyn Siharath, Cody Simon, Jeyendran Sinnathamby, Stephen Skinner, Thomas Sloan Sr., Jessica Morris, Frederick Smeltzer, Blake Smith, Briana Smith.

Brittany Smith, Gerron Smith, Lindsay Smith, Misty Smith, Tyler Smith, Tammy Southerland, Valerie Weatherly, Lisa Spence, Cindy Srite, Bonnie Stallman, Allen Stanford, Ricky Starks, Victoria Starling, Brandon Steffens, Amanda Stelle, Karen Stevenson, Elizabeth Stewart, Jeremy Stewart, Delores Stoops, Natalie Storgards, Alexander Stover, Lyndsie Stremflow, Courtney Strong, Travis Strum, Sarah Sweger, Justin Swink, Sara Symes, Laura Taffar, Cory Tanner, Lauren Tanner, Malo Moevasa Tauoa, Annick Tchouambou.

Doresse Nwanko Tagne Tchuiente, Travis Terrel, Rebecca Terrell, Scott Terry, Nichole Terwilliger, Andrea Thatcher, Brandon Thomas, Paul Thomas, Robin Thomas, Kimberly Thomason, Roberta Thompson, Kathleen Thrash, Deborah Tillery, Jose Toledo, Christina Tomlin, Ricardo Torres Jr., Sarah Torrey, Jacob Touchstone, Veronica Towerly, Tyler Trail, Cassandra Tramel, Lauren Stewart, Kyla Trimmell, Kim V. Trine, Laun Sel Tse, Lauren Tubbs, Kinsey Tupper, Seth Turbyfill.

Thessalonica Turnbull, Hartley Tyler, Kenneth Tyler, Jecinta Uche, Abigail Ulery, Johnathon Ury, Jamie Utt, Carlos Valdez, Miraya Vallejo, Danny Varghese, Dustin Vaughan, Tanner Veal, Dustin Venard, James Ventress, Quincy Vest, Aaron Victor, Crystal Vidal, Alice Vile, Becky Vincent, Christopher Wade, Traci Wade, Raven Wakhkinny, Tyler Waldrip, Jaden Walker, Kristen Walker, Rebecca Acney Walker, Shonda Walkup, James Wall, Sarah Wallace, Kimberly Walls, Carla Washington, Tara Watkins, Kimberly Watley, Brandon Watson, Kara Weaver, Emmett Webb, Keenan Webber, Michael Weber, Chantelle Weeks, Mary Weeter.

Deborah Weiss, Trever Welch, Michele Wharton, Jana Whatley, Casey White, Eric White, Jacob White, Mickey Whitlow II, Anngela Whittington, Matthew Wickham, Kayla Wilbanks, Robert Wilder III, Brittany Williams, Clifton Williams, DeJuan Williams, Hannah Williams, Scott Williams, Lindsay Williamson, Brandon Willingham, Annastayzia Wilson, Anthony Wilson, Bobbie Wilson, James Wilson, Jared Wilson, Kimberly Wilson.

Tommy Winebarger, Yvone Fonyuy Wirngo, Vann Wiseman, Ronald Wiskup II, Janet Wisooker, Crystal Witt, Ginnmey Wong, Ashley Wood, Joshua Woodard, Sarah Woodruff, Stephanie Wren, Amber Wright, Jeremy Wright, Kristin Wright, Vanessa Wright, Jessie Yepdjuo, Amanda Yocham, Benjamin Young, David Young, Matthew Young, Stephanie Young, Stephanie Young, Marie Zadelhoff, Winifred Zajac-Mcconaghy, Phuong Hue Thi Zarco, Lynetta Zoch.

(Editor's note: If you believe your name should be on the list but isn't, contact the Records and Graduation Services office at 405-682-7512.)

OCCC graduates ready for transition

BUFFIE RICHARDSON BROWN
Staff Writer
seniorwriter@occc.edu

OCCC's commencement ceremony for 2012 and 2013 graduates will be Friday, May 17, at the Cox Business Convention Center in downtown Oklahoma City.

Forty-seven-year-old graduate Inda Davis said she is ready.

Davis said she had struggled with the idea of going to college. She said she didn't think she could do it.

"It was really scary for me to go back to school," Davis said. "I graduated from high school in 1984, so it was very frightening . . .

"So many years had passed, I was afraid I wouldn't be able to do it; I wouldn't be able to keep grades up and I wouldn't be able to perform the way I had before."

Davis said she was wrong. She said the relaxed atmosphere on campus and the professors helped her deal with her fears.

Davis said she won't be alone when she receives her diploma.

"My whole family and my grown kids are going to be there," she said with tears in her eyes.

Davis is transferring to Trident Technical College, a nursing school in South Carolina, where her husband has gotten a job offer. Her advice for others is "just don't be afraid and go."

Once there, she said, work with your professors if you are struggling, and don't overload yourself.

Interpersonal communications major Lauren Tubbs, 21, also is one of this year's graduates. She will be transferring to the University of Central Oklahoma in the fall.

"I have really enjoyed OCCC," Tubbs said. "I liked getting to know my professors one-on-one, just having that personal relationship."

"[OCCC] has given me the transition from high school to a university."

Tubbs' advice for other students who are graduating is to "realize you are one step closer to your career or dream. Take the time to appreciate this moment in your life."

Graduation Services Director Barbara Gowdy also has advice for those participating in the commencement — check the news to be aware of what is going on downtown that night. She said those attending should arrive early for check-in.

Students will be given a name card to fill out with their address so their

“Completing a degree or certificate is an important milestone and signifies that the graduate has reached a new level of educational achievement. Congratulations to the class of 2013!”

—PAUL SECHRIST
OCCC PRESIDENT

diploma can be mailed to them, then will line up in the robing area for the commencement. During the walk across the stage, students will be handed a diploma cover, Gowdy said. Students will receive their diplomas in the mail by July.

Enrollment and Student Services Vice President Marion Paden said the college can expect as many as 444 students to participate in the 2013 commencement ceremony. She said this number is figured each year by the number of caps and gowns ordered from the bookstore.

"Last year 360 students ordered caps and gowns from the bookstore and approximately 370 participated in the commencement ceremony," Paden said.

Gowdy said on graduation night many students will be feeling a lot of relief and excitement about going from one phase of their life into another.

For more information about commencement ceremonies, contact the Records and Graduation Services offices at 405-682-7512.

Chancellor Glen Johnson chosen to speak at graduation

PARIS BURRIS
Editor
editor@occc.edu

Oklahoma State Regents for Higher Education Chancellor Glen D. Johnson will be OCCC's keynote speaker for this year's commencement ceremony at 7:30 p.m. Friday, May 17, at the Cox Business Convention Center.

President Paul Sechrist said he invited Johnson to be the speaker.

"Speakers are invited based on a number of factors," Sechrist said. "The speakers generally hold high stature in the community or in the state, have a track record of supporting OCCC and the mission of higher education, have a reputation for having a message that is interesting and inspiring for our graduates."

Sechrist said Johnson is expected to speak about the importance of completing a degree and what it means to each graduate as well as Oklahoma's future economic development.

"I also suspect that the Chancellor will provide words of congratulations and will challenge graduates to continue learning," he said.

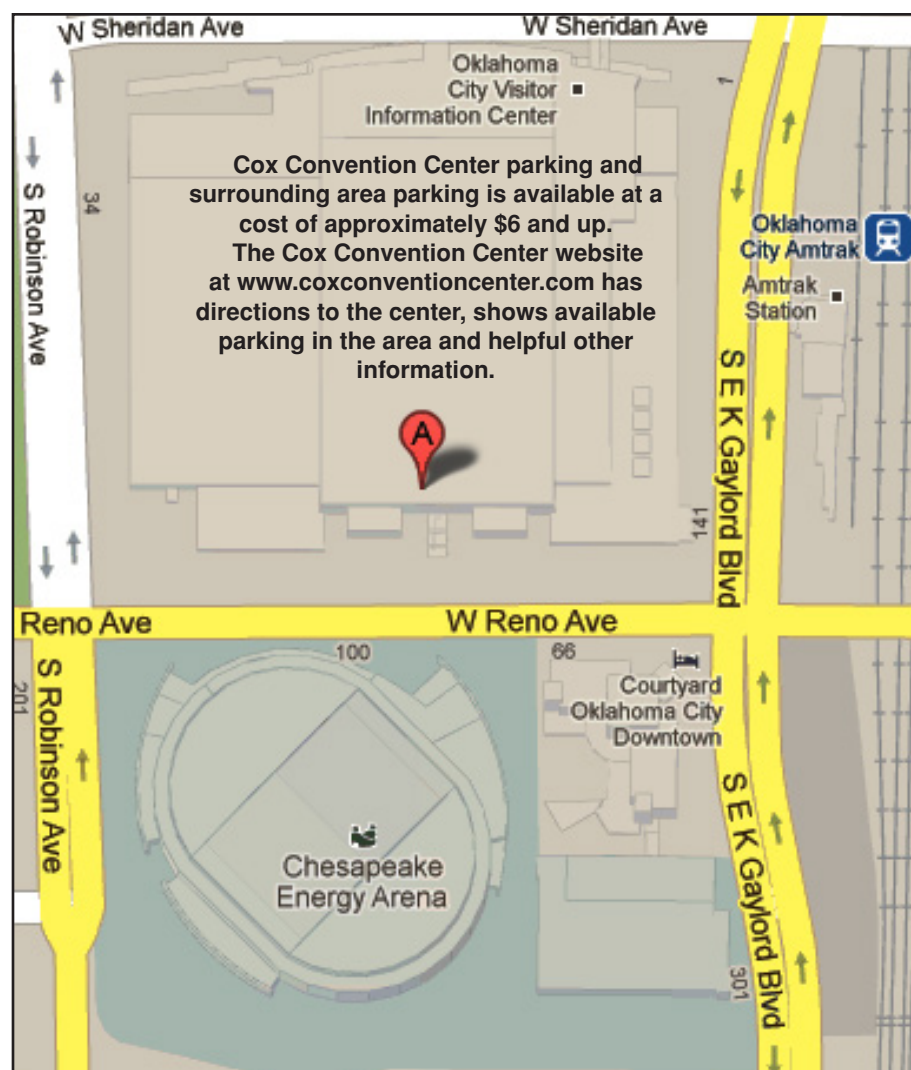
"Chancellor Johnson is one of Oklahoma's most prominent citizens and has influenced the state in many ways," Sechrist said.

"Prior to becoming Chancellor, he was a member of the House of Representatives and was elected Speaker of the House. He later became the President of Southeastern Oklahoma State University. He has been inducted into the Oklahoma Hall of Fame."

The ORSHE serves as the coordinating board for the 25 public colleges and universities in Oklahoma, including OCCC, Sechrist said.



Glen D. Johnson



SPORTS

Team
volleyball

Aquatic Maintenance Specialist Mike Barber of the Facilities Management team goes to block Fleet Manager Richard Williams of team Net Worth on May 1 in a faculty and staff volleyball tournament in the OCCC gym. OCCC's Recreation and Fitness Department hosted the tournament. Three teams participated — Soc Jocks, Net Worth and an unnamed team consisting of Facilities Management employees.



CHRIS JAMES/PIONEER

UPCOMING
INTRAMURALS
EVENTS

Scan the QR code with your smart phone to be directed to a list of OCCC Intramural events, complete with the most current updates.

(Free QR code reader apps can be found online or in app stores on smart phones. Follow the directions for the app you download.)

All event news is due Monday by 5 p.m. for inclusion in the next issue. Email your news to sportswriter@occc.edu.

GOT SPORTS?
Know of an
upcoming event
or outstanding
athlete?

Let us know what's
going on. Call ,
405-682-1611,
ext. 7676, or email
[sportswriter@
occc.edu](mailto:sportswriter@occc.edu)

SPORTS | Summer activities scheduled

Theatrical Dance, more offered for summer

CHRIS JAMES

Photographer
pioneerphotog@occc.edu

Summer fitness classes are planned and ready for participants, said Intramural Sports Assistant Matthew Wright.

In fact, this summer, OCCC Recreation and Fitness Department is offering most of the fitness classes they offered during fall and spring semesters.

Scheduled classes include: Theatrical Dance, Abs Express, Total Body Workout, Cardio Kickboxing, Combo Aerobics, Yoga, Spinning Program, Zumba,

Water Exercise and Deep Water Exercise.

According to the schedule, the only class offered not on the calendar for summer that was offered in the spring is the Pilates class.

Most of the classes also will be held at the same times they were during the spring.

The only differences, according to the schedule, are Theatrical Dance start time moves from 3:45 p.m. to 6:30 p.m.; Zumba is no longer offered on Monday and Wednesday, and Water Exercise gets an additional time slot from noon to 12:55 p.m. on Mondays, Wednesdays and Fridays.

While most monthly fitness class prices will remain the same, enrollment in Theatrical Dance will

increase by \$5 per month.

As always, Wright said, Student Group Fitness Passes can be purchased for \$35 each.

Student Group Fitness passes give students access to all of the group fitness classes offered during the summer semester at one price.

Class availability is on a first-come, first-served basis.

Stop by the Recreation and Fitness Department on the first floor of the Main Building for a schedule of events or go online to www.occc.edu/rf/pdf/Spring-13.pdf.

For more information, contact the Recreation and Fitness Department office at 682-7860.

Police respond to numerous calls in April

BUFFIE RICHARDSON BROWN
Staff Writer
seniorwriter@occc.edu

Numerous calls kept the campus police occupied in April.

Around 3 p.m. Wednesday, April 10, Jon MacNeill reported that his basketball had been taken from the gym.

MacNeill said he put his ball down to play basketball with other students. When he was done around 2:50 p.m., he discovered his ball was gone.

MacNeill said Wellness Center attendants said no one had turned in the ball. Officer Gordon Nelson reviewed security camera footage but was unable to determine who had taken the ball. The basketball is a Wilson Evolution brand estimated to be worth \$60. MacNeill said his last name is on the

ball.

Officers Tim Harris and Patrick Martino were dispatched to the library at approximately 7:19 p.m. the same day about a disturbance there.

Students Teodoro Leon, 47, and Scott Stauffer, 22, reportedly had gotten into a verbal altercation in the library and wanted to make the campus police aware of the situation. Both Leon and Stauffer were spoken to and agreed to avoid contact with one another.

A fire alarm in the Aquatic Center at 1:08 p.m. Saturday, April 13, brought out Officer Jeremy Bohannon and Security Officer Jeff Edwards who investigated the area and found no evidence of fire. The alarms were not sounding and the strobe lights were not flashing. The alert was canceled and the fire department notified.

At 3:50 p.m. Monday, April 15, campus police were notified of a suspicious black male soliciting in the library.

Officers Nelson, Harris and David Madden responded.

A man was found in parking lot A that matched the description given, exchanging money with another man.

Nelson identified the man as Brandon Featherstone from California. He asked Featherstone if he had permission to solicit on campus. Featherstone said he did not.

Nelson said he explained the campus soliciting policy and notified the man that he had violated that the policy.

Featherstone was served a notice to leave the campus.

At 8:28 p.m. the same day, Harris was dispatched to parking lot C concerning a woman who had fallen and injured

her ankle.

When Harris arrived, he said he found Samantha Nelson, 47, sitting on the grass.

Nelson said she had been walking through the parking lot to her vehicle when she stepped off the grass, and stepped on a crack in the asphalt, twisting her ankle. The woman said she heard a snapping sound from her ankle and was in extreme pain.

She said she was unable to stand or walk. Nelson said she did not want any medical attention or an ambulance to be called. The woman was taken to the hospital by her husband.

To contact campus police, call 405-682-7872. For an emergency, use one of the call boxes located inside and outside on campus or call 405-682-1611, ext. 7747.

Internet: Online addiction is connected to brain waves

Continued from page 1

He said the demands of his dependency began to take a toll on his health and it was for that reason he began to strictly monitor his online presence.

Messiah said Internet dependency and techno-addiction can lead to problems within interpersonal relationships — going so far as interfering with a person's professional life and health.

Carpal tunnel syndrome, dry eyes, back and neck ache, eating irregularities, exercise disruption and even sleep

disorders are among the health troubles he said technology addiction can lead to.

Messiah said there are indicators of dependency just as with alcohol or drug addiction.

He said there may be a problem “when you begin losing track of time online, becoming irritated or cranky when online time is disrupted.”

But it's easy, Messiah said, to monitor this and make time spent online both healthy and productive.

“Set perimeters. Say I'm going to go online and I'm going to work for x amount of time.

“Do work stuff at work so that it doesn't bleed over and you can truly examine what you're doing online on your personal time.”

Messiah said the next step to curing the techno-addict is to get it classified as a more serious mental disorder so that the treatment for it will reflect as much.

While he did caution that anyone can fall victim to technology addiction, Messiah said those willing to admit they may have a problem and do things to correct it, are capable of helping themselves without giving

up the Internet or technology altogether.

“We need to talk about balance.

“I'm not one of those people that says Facebook is evil or that the Internet is evil,” Messiah said.

“I think the Internet serves a good purpose. Do whatever makes you happy but do it in moderation.”

According to OCU's Facebook page at www.facebook.com/okcuaddictionpreventionstudies, “Oklahoma City University ... appointed Dr. Peter John A. Messiah to lead

its ... Addiction Prevention Studies program.

The ... program at OCU was started by a donation from Jack Turner, who served on two governor's task forces regarding addiction and on the board for the Oklahoma Department of Mental Health and Substance Abuse Service.

Turner cited findings of a study conducted for the most recent Governor's Task Force showing ... more than 6,500 students in Oklahoma colleges and universities drop out ... because of problems related to alcohol addiction and abuse.

Test: Take finals early; avoid wait

Continued from page 1

the first two hours of the day, from 8 to 10 a.m., are fairly light,” Ellis said.

Test Center hours are extended for finals week. Monday through Friday it will be open from 8 a.m. to 11 p.m. Saturday hours will stay the same, 8 a.m. to 5 p.m.

Students must arrive at least one hour before closing time.

They also must have their student ID. Without the stu-

dent ID, a student will not be allowed to take a test.

Sophomore Ashley Milligan said she dreads taking finals.

“The Test Center gets bombarded because a lot of people wait until last minute to take their finals,” she said.

Luckily, she said, this semester all of [her] finals are in class, but if they were in the Test Center she said she would probably be one of those last-minute test takers.

Freshman Mimi Nguyen said

she is a “little stressed” about finals, but is mainly stressed about her Biology final.

“There is just so much information,” she said.

Student Support Services has information about how to reduce test anxiety. A few good tips are:

- Do not cram.
- Replace any negative thoughts with positive ones.
- Don't get bogged down and worry about questions you don't know, move on.

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SE&S

Student Employment & Career Services



OPTIMAL RESUME
<https://occc.optimalresume.com>

Students' access ID is their OCCC email address; example > john.t.doe@my.occc.edu

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CAMPUS COMMUNITY

Life savers



CHRIS JAMES/PIONEER

Test Center Assistant Kelli Frass and her two daughters talk to Master Sgt. Reedy of the Oklahoma City Police about the K-9 Officer Titan. Titan is a pure bred German Shepherd trained in patrol apprehension and bomb detection.

COMMUNITY | OCCC will pin 100 graduates

Nursing students ready to get to work

REYNA OTERO

Community Writer
communitywriter@occc.edu

Students who have completed either of OCCC's two nursing degree programs will be recognized at Nursing Pinning Ceremonies Thursday, May 16, in the OCCC dining area, said Nursing Professor Karla Schenk.

Sixty-two students from the Traditional Pathway program and 38 from the Career Ladder Pathway program are eligible to be pinned, Schenk said.

She said family and friends of the graduates are invited to attend the Career Ladder and the Traditional Pathway events being held at 6 p.m. and 7:30 p.m. respectively. A reception will follow.

CLP is a two-year pathway for current Licensed Practical Nurse's and Paramedics, said Nursing Professor Carol Heitkamper. In contrast to CLP, the Traditional Pathway program is for students admitted for the first time in the nursing program.

Nursing Program Assistant Director Terri Walker said Schenk and Heitkamper planned the ceremonies. Schenk teaches the Traditional Pathway program and

Heitkamper teaches the CLP program.

Heitkamper said students must pass the course in order to attend the pinning ceremony.

She said after graduation, the students are eligible to take the RN NCLEX (Registered Nurse National Council Licensure Examination), the last step in becoming a registered nurse.

She said the exam is long and difficult but students who pass can start working as a registered nurse.

Heitkamper said that is just the beginning of a new chapter.

"I would like our students to continue to be lifelong learners," she said. "I would like them to take advantage of learning opportunities that promote critical thinking and sound clinical judgment."

"These characteristics are necessary for safe nursing practice."

Schenk said she expects great things of her students.

"I want my students to take integrity and an understanding of professional behaviors with them as they enter the profession of nursing," Schenk said.

Walker said she is excited for the graduates.

"Congratulations," she said. "Welcome to the profession of nursing. Your journey has just begun."

CAMPUS HIGHLIGHTS

OCCC Choir Concert scheduled

The OCCC Choir will perform from 7 to 8 p.m. Tuesday, May 7, at Wilmont Place Baptist Church, 6440 S Santa Fe in Oklahoma City. For more information, contact music professor Ronald Staton at 405-682-1611, ext. 7249, or email ronald.g.staton@occc.edu.

Arts Festival Oklahoma call for entries

Applications for the 35th annual 2013 Arts Festival Oklahoma are now being accepted. The festival will be held Aug. 31 through Sept. 2 at OCCC. Artists must apply online at www.zapplication.org. Application deadline is Monday, May 20. For more information, contact the Cultural Programs office 405-682-7576.

May loan disbursement dates listed

Student loan disbursements will be credited to student accounts after noon on the following dates: Wednesday, May 8; Friday, May 10; Wednesday, May 29. For more information, contact the Financial Aid office at 405-682-7525.

Graduate Pinning Ceremony May 13

Fall 2012 and spring 2013 graduates can attend a reception in their honor, receive a graduate pin and have a picture taken to be placed on permanent display at the college at 4 p.m. Monday, May 13, in the College Union. RSVP with Student Life by Wednesday, May 8. For more information, contact Student Life at 405-682-7523.

Commencement Ceremony May 17

Celebrate the accomplishments of OCCC's most recent graduates at 7:30 p.m. Friday, May 17, at the Cox Business Services Convention Center. For more information, contact Records and Graduation at 405-682-7512.

College to close for holiday

The campus will be closed Monday, May 27, for Memorial Day.

Summer Kids Camps offered at OCCC

OCCC Recreation and Fitness offers camps for children ages 6 to 15 for half-day or whole-day fun. Children can participate in sports camps including basketball, baseball, flag football, multi-sports, cheer, dance, tennis and more. All enrollments are due by 5 p.m. on the Thursday prior to the Monday start date of that class. To enroll a child or for more information, stop by the OCCC Recreation and Fitness office or call 405-682-7860.

Summer College for Kids

OCCC Community Outreach and Education will offer a wide variety of classes this summer at the Family and Community Education Center through the College for Kids program. College for Kids is designed for students entering first through eighth grades. For more information, call Brannon Dresel at 405-682-1611, ext. 7205.

All Highlights are due Monday by noon for inclusion in the next issue. Email your event to communitywriter@occc.edu.

CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

AUTOMOTIVE

FOR SALE: 1965 Chevy truck. \$3,000 OBO. Rebuilt motor. Runs. Needs painting. 1962 Chevy car. \$1,500 OBO. Call/text: 405-517-4117 for more info.,

FOR RENT

ROOM FOR RENT: \$450/mo. Bills included. 3-bedroom located near OCCC. Males only. One friendly dog already, no more pets. No smoking preferred. Call/text Reginald at 405-249-4550.

MISCELLANEOUS

TELEVISIONS FOR SALE: Both are 40" CRT. One is a Sony and the other is a Magnavox. They both were recently repaired and are in excellent condition. \$35 each. Call or text 405-667-0101.

LOOKING FOR A ROOM/ HOME TO RENT: Will share all bills. Call 443-812-0917 or qmmountain@yahoo.com.

REWARD OFFERED: For missing prescription glasses. Lost Monday, April 15, on the second floor by the Math Lab or near the coffee shop & restrooms in the Main Building. If found, please turn in to the OCCC police or call Jorie at 405-919-5475.

LOOKING FOR RIDE: Need ride from Norman to OCCC. Legally blind student. Will pay for gasoline. Classes Monday, Wednesday, Friday 11 a.m. to 4 p.m. Call: 405-598-5052 or 405-395-2779.

COLLEGE ALGEBRA TUTOR WANTED: Will pay up to \$10 an hour. Anyone interested PLEASE message or text 405-496-1920.

FOR SALE: Limited edition wakeboard, still packaged: \$100; new, limited edition Jim Beam bean bag/cornhole toss game, \$100. 405-818-0083.,

TEXTBOOKS

FOR SALE: English Comp, \$35; TI-83 Plus, \$30. Call 405-209-0308.

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THIS WEEK'S
PIONEER PUZZLE

Comedy Movies 1

Find and circle all of the comedy movies that are hidden in the grid.
The remaining letters spell an additional comedy movie.

S C F R B O B R O B E R T S L O K L
T N L E S R E K C I L S Y T I C R L
A O E P O B L R U A E C H B U D E A
R I T O T H E Y O M T O L B A T P H
L T C M W R G I F M L B E E I B E E
L C H A I B A O N I L L A U R G E I
A E K N L U L D D G C I S L H K L N
M L C T I L L A I N T A G O L H S N
A E U D A L Y C U N Z H S Y L O S A
C R R U R D B H S A G T E O P L U S
L O T C L U L H L L B P C R A P L A
U M S K I R O P O U L A L P E A A K
E H N S A H N N S T L A S A C C E H
L S O O R A D T E H S H B K C R O A
E U O U F M E M E C O H E T H E E R
S R M P A R T R B T A R O S A A S V
S L E I S T O O T H E R U T L E S E
N A T T A H N A M S E Y S L S S M Y

ALL OF ME	FLETCH	OH, GOD!
ANNIE HALL	GHOSTBUSTERS	PLAZA SUITE
BABE	HAPPY GILMORE	REPO MAN
BEING THERE	HARVEY	RUSHMORE
BIG	HOLIDAY	SHREK
BOB ROBERTS	HOTSHOTS	SLACKER
BULL DURHAM	LEGALLY BLONDE	SLAP SHOT
CARS	LIAR LIAR	SLEEPER
CAT BALLOU	LOCAL HERO	THE RUTLES
CITY SLICKERS	MALLRATS	TOOTSIE
CLERKS	MANHATTAN	TRADING PLACES
CLUELESS	MEATBALLS	UNCLE BUCK
DUCK SOUP	MOONSTRUCK	YES MAN
ELECTION		

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**Student films to be screened
on campus May 16**

OCCC Student Film Showcase will be held from 6:30 to 9 p.m. Friday, May 16, in the Bruce Owen Theater on campus. Nine to 15 student films produced by Film and Video Production majors in the past year will be shown. They range in length from 10 to 30 minutes, including documentaries, narrative shorts and trailers. "Dancing in the Chamber" by Shawn Barfield, which won Best Short Film at the Traildance Film Festival in Duncan, OK, will be included. Barfield graduated in December. Another student film is about a World War II concentration camp. The link to a trailer for the film showcase will appear in a banner on the OCCC home page at occc.edu. For more information, call Coordinator Sean Lynch at 405-682-1611, ext. 7129, or email him at sean.m.lynch@occc.edu.

Downtown art course takes students to odd places

AMY HERRINGTON
News Writing Student

A blue concrete nose the size of a sedan extending out of the wall is the first art object the students notice as they walk into the gallery. The piece was designed by the Flaming Lips lead singer Wayne Coyne.

This is just one of several three-dimensional artworks at The Womb Art Gallery at NW 9th and Broadway in downtown Oklahoma City, which 20 students toured April 18.

The students in a special eight-week course, "Understanding Art in OKC," were treated to a private tour guided by Curator Jake Harms.

"We just want to add something else to art besides just looking at a painting on a wall," he said. "We always like to do stuff differently."

"When you come to our gallery, we want you to walk through the installation," Harms said.

"We want stuff to hit you in the face. We want you to touch stuff. We want you to sit down. You might have to duck under something as you go."

Mary Beth Babcock, owner of Dwelling Spaces, the gift shop next door, assisted Harms with the tour.

"This is not a cookie-cutter

building," she said. "It's unique."

"I think that's a very cool thing for the state to have — something this different."

Instead of meeting in a traditional classroom on campus, each week the class gathers at the Oklahoma City Museum of Art in the downtown area.

"The atmosphere is so different from traditional courses on campus," said student Sophia Thurman.

"The instructor has a great sense of humor, and I learn about a new and interesting place to visit every class."

Students enrolled in this non-traditional course have many opportunities to take field trips during the semester.

Each week, they visit a different local gallery, art show, or festival, and learn how to critique artwork of all different forms.

Through this course, students have the chance to experience local art in a new way.

"The Womb Gallery changed my perspective on what we would usually consider 'art,'" Thurman said. "I thought it was fun and exciting for this area."

Student Tom Hudman said that is why he took the course, which is offered through the OKC Downtown College.



PHOTO PROVIDED BY NARCISO ARGUELLES

Jake Harms, curator of The Womb Art Gallery, located at NW 9th and Broadway in downtown Oklahoma City, shows a piece that was designed by Flaming Lips frontman Wayne Coyne. OCCC students enrolled in the 8-week course "Understanding Art in OKC" were given a tour of the gallery as part of their class.

"The field trip was enjoyable because I could interact with other members of my class and have discussions with them. I would recommend the class to others, and already have," Hudman said. "I'm taking the class for fun, because I wanted to understand art more and learn about the different forms of art."

Adjunct Professor Narciso Arguelles is the instructor, as

well as a local artist himself.

"I love teaching. I love to inspire people," he said. When students are considering taking this course he wants them "to be open minded and adventurous."

The OKC Downtown College is a consortium of five colleges and universities, including OCCC.

Credit classes on the schedule for fall include Museum

Studies, OKC Arts Alive!, and Storytelling. Each of these non-traditional courses will fulfill the requirement for a humanities credit. The Downtown Courses fill up quickly when enrollment opens, said Gus Pekara, director of OKC Downtown College.

He can be reached for any questions about the courses at 405-232-3382 or gpekara@downtowncollege.com.

Art graduates showcase final projects in VPAC gallery

SABLE SANER
News Writing Student

Ten graduating visual arts students showcased various drawings, paintings, photographs, sculptures, ceramics, and more at the bi-annual art portfolio exhibition on April 19 in the college art gallery in the Visual and Performing Arts Center.

All artwork will remain on display in the VPAC art gallery through May 10.

The opening event was sponsored by the Student Art Guild, who provided music and food.

The exhibition was a chance

for students to show off some of their work to friends, family and the public.

"We had to narrow it down to our best artwork from the time we were at OCCC," music and art major Pam Dobbs said.

"It was hard for some of us to pick which artwork we wanted to show."

Each student's name was displayed outside the gallery along with an artist statement about themselves, how art inspires them, and what they plan on doing in the future.

Visual arts major Christina Garcia said she plans to transfer to the University of Oklahoma

for Studio Art and hopes to use her artistic abilities in a more unique form, such as tattooing.

"Becoming a tattoo artist is something I have wanted to do since I was a little girl," Garcia said.

One of Garcia's pieces was a pencil sketch of a human fist, detailed with muscles and wrinkles which Garcia believes make the drawing come alive to viewers.

Visual arts major Jynet Finley said the hardest piece of work she did was one she named "Gravity," a clay piece carved using a styrofoam block.

"It meant a lot to me because I was pregnant while making the piece."

"It represents my motility," Finley said.

Finley said she hopes to someday use her talent by being an art therapist, owning her own business, or teaching.

The portfolio class, worth one credit hour, serves as a capstone and is a requirement for all visual art majors to graduate.

"I took this class to become a better artist, learn how to use different tools, and learn a different way of using art," visual arts major Tanner Veal said.

Students meet once as a class at the beginning of the semester and from there must work both as a team and on an individual basis to finish their work.

Dobbs said she likes the fact the professors give students such creative independence.

"They give you the foundation and say, 'now go from there' and they allow you freedom."

"It's awesome."

During the exhibition, students also had the chance to sell their pieces if made an offer.

Gallery hours are 11 a.m. to 7 p.m. Monday through Friday.