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PIONEER ONLINE

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EDITORIAL

CITIZENS NEED BETTER GRASP ON RIGHTS

Community Writer Jeremy Cloud says the U.S. Constitution is misinterpreted by many when it comes to religion. Read his thoughts.

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campus life STUDY ABROAD TRIPS PLANNED

Several trips have been planned that will allow students to get credit for traveling to Costa Rica, London and Europe. Details are on page 6 & 7.

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sports LIFEGUARD TRAINING

TRAINING OFFERED The OCCC Aquatic

Center is offering lifeguard training from Nov. 29 through Dec. 8. Those interested can turn inside for more information.

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campus life THANKSGIVING ON A BUDGET WORKSHOP

Students learned how to celebrate the Thanksgiving holiday in an affordable way. Get the skinny on page 10.

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NOV. 16, 2012

WWW.OCCC.EDU/PIONEER

COVERING OCCC SINCE 1978

Decisions, decisions



Open carry law not applicable to OCCC

President, police chief promise to enforce college policy when it comes to guns

SARAH HUSSAIN Editor

editor@occc.edu

Oa law that allows residents with a permit to openly carry certain weapons.

Termed "Open Carry," the law became effective Nov. 1 and refers to an "unconcealed handgun, loaded or unloaded, carried on your person in a belt or shoulder holster that is wholly or partially visible."

The new law notwithstanding, no one is allowed to carry a gun on campus, except police officers. Faculty, staff and students were reminded of the college's "Weapon-Free Environment" policy via an email sent on Oct. 31, by President Paul Sechrist.

"Given the media attention around the new Oklahoma 'open carry law' that goes into effect on November 1, 2012, I thought it might be helpful to remind everyone that this new law does not have an impact on college and university campuses," Sechrist said.

Biology major Taylor Obler said he's not against guns but he's glad they are prohibited on campus.

"I grew up in a family that hunts, so I've always been around guns," Obler said. "I just don't think it would be safe to let students roam around campus with them." Sechrist provided a link to the policy that states guns are not allowed on campus.

"Anyone who violates this policy will be subject to discipline, up to and including separation from employment, dismissal, expulsion, or immediate re-

moval from OCCC property," the policy states.

Police Chief James Fitzpatrick said he would caution everyone who comes onto the campus to keep the policy in mind.

See OPEN CARRY page 9

Food service provider passes latest inspection

PARIS BURRIS Online Editor onlineeditor@occc.edu

Carson's Catering, OCCC's food service provider, passed its last health inspection with no citations, an improvement from previous inspections that has earned the company 20 citations in the last two years. Of those citations, four types are considered critical, according to Department of Consumer Protection for Oklahoma City-County Health Department

See CARSON'S page 9

DPINION

EDITORIAL I Citizens should become familiar with forefathers writings

Constitution often misunderstood

that. But after hearing more of the same sophistry spouted off even after the elections have ended, I think

it's time to clarify something. The purpose of the Consti-

tution of the United States of

America is to establish the func-

tion, workings, limitations, re-

sponsibilities, and powers of the

federal and state governments. That's it. It does nothing else.

In order for something to

be unconstitutional, it must

counteract some part of the

constitution. That is the sum

and the whole of the meaning

JEREMY CLOUD

Has anyone read it lately? Yes? No? Maybe? For those who said no or maybe, it does not contain any clause, article, statement or resolution regarding gay marriage, abortion, the death penalty,

of the word.

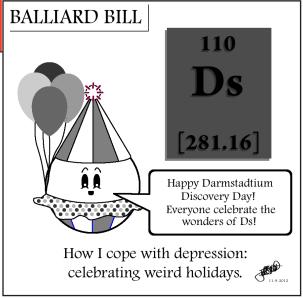
The elections are over. Obama is in again, and that's or the war on drugs. It does not establish any religion or system of religious beliefs as superior or intrinsic to the governance of the United States.

In fact, take a moment and look at the First Amendment:

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

See that bit about "no law respecting an establishment of religion"? That doesn't mean anything beyond ensuring the government can't elevate or discriminate against a religion. Period.

So to everyone who has been telling me for months now that we should have "constitutional values," or that the Constitution is the master law, or that individuals not working directly for the government can do anything unconstitutional — no, because it's a document that sets up a government.



JEREMY CLOUD

But if you must find a morality in the Constitution, go read Article I, Section 8:

'The Congress shall have Power ... [t]o define and punish Piracies and Felonies committed on the high Seas, and Offences against the Law of Nations ...

There. The constitution clearly says that if you're a pirate, Congress can come after you with lawyers. So read your friggin' Constitution and don't be a pirate. -JEREMY CLOUD

COMMUNITY WRITER

LETTER TO THE EDITOR I Those age six months and up need to be vaccinated

Health department encourages everyone get flu shot

To the Editor:

The Oklahoma City-County Health Department is encouraging residents to get flu shots. "Flu can be a dangerous disease for people of all ages - even healthy children and adults," said OCCHD Medical Director Dr. Dale Claflin. "Getting an annual flu shot is the most important step in protecting against the flu."

Officials recommend flu shots for everyone 6 months and older, and anyone who may be at high risk of serious complications from the flu, including pregnant women and people with asthma, diabetes, chronic heart and lung disease, or other chronic conditions.

Flu shots are especially important for parents and family members of babies less than 6 months of age, and people who live with or care for anyone at high risk for complications.

"Individuals need flu vaccinations every year," Claflin says." ... last year's vaccination won't protect against the strains of influenza that are likely to be circulating this year."

OCCHD also will offer Nasal spray/ mist (for ages 2 through 49), and intradermal flu shots that utilize smaller needles (for ages 18 through 64). A high-dose vaccination will be available for those 65 and older. The highdose vaccine offers extra protection for seniors who are at greater risk of complications from the flu. "Immune systems are less responsive as people age," Claflin says. "The high-dose vaccine should provide more protection, although it may come with a slightly higher chance for typical side effects like sore arm, headache, and low fever."

OCCHD's immunization clinic is located at 921 N.E. 23rd Street in Oklahoma City. Vaccination clinic hours are from 7 a.m. to 5 p.m. Monday, Tuesday, and Thursday; 8 a.m. to 5 p.m. Wednesday; and 8 a.m. to 4 p.m. Friday. Appointments are not required.

The vaccine costs \$25 with the exception of the high-dose shot, which costs \$27. OCCHD provides flu vaccinations at no charge to those who qualify for fee waivers through a variety of programs. Those eligible include:

•Families with income at or below 185 percent of the federal poverty level •Seniors who are on Medicare and

not covered by a managed care option

•Children who have no health insurance, are on SoonerCare or are Native American or Alaskan natives, or children whose insurance does not cover vaccines

Documentation of eligibility is required for fee waivers. Bring a photo ID. All documentation must include the name of the person seeking vaccination fee waivers. Eligibility documents may include:

Most recent pay stub or 2011 Income Tax Return, WIC (Women, Infants and Children nutrition program) card, SNAP Food Stamp benefits Access card, Proof of enrollment in Temporary Assistance to Needy Families, Proof of enrollment in SSI Disability assistance, Medicaid card, Sooner Care or Medicare card, Homeless shelter services card.

Some insurance companies may reimburse members who provide receipts. OCCHD will accept cash, check and credit cards for payment.

For a list of other flu vaccination clinics, visit www.flu.gov/preventionvaccination/vaccination. For more information, call 405-425-4450 or visit www.OCCHD.org

> -OKLAHOMA CITY-COUNTY **HEALTH DEPARTMENT**

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'IONEER

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The PIONEER welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The PIONEER will withhold the author's

name if the request is made in writing.

The PIONEER has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title

Letters to the editor can be submitted to the PIONEER office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The PIONEER ONLINE also can be accessed at www. occc.edu/pioneer

COMMENTS AND REVIEWS

PROGRAM REVIEW I 'How It's Made' gives veiwers a look at behind the scenes

Series shows process of creations

I recently started watching "How It's Made" on Netflix after not having seen it for several years due to it moving channels. I forgot how much fun the show is.

"How It's Made" is a Canadian program that premiers on the Discovery Science Channel. I used to watch it on the Discovery Channel and loved it when I had time to watch television.

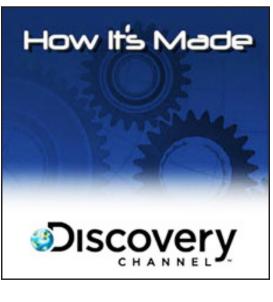
The program shows the minute details of how the stuff you take for granted is made, such as the fridge in the kitchen, the mats in your car, and the hearing aids your parents or grandparents use.

I find it interesting to see how all the stuff we use is created. They show the machines that are used, as well as the raw materials and all of the processes involved.

The show doesn't show much human interaction if it can be helped, and it is even rarer to see the faces of the workers on the show.

"How It's Made" has been running since 2001 and has had 18 seasons.

At 234 episodes with four products each, 936 separate products have been elaborated on.



Each product has its own unique and very bad pun which made my mother and me groan about every time we watch an episode. And every product comes with statistics about the specifics, such as how long it took to produce the product, and how many are created, while not showing every aspect in order to protect company secrets that make each company unique.

The show makes me

think a little about the stuff I own and how much trouble it is to actually make it.

I would recommend this program for families as well as people who like science. It's educational, and gives insight into the various jobs that are out there.

The program can be watched on Netflix and the Discovery Science Channel.

-Robert Bolton Online Writer

Book-turned-movie brilliantly cast

It's a classic teenage story: dealing with the awkwardness of being an adolescent in high school, discovering self, experiencing new things, unraveling the innermost fragile and emotional issues held in adolescent minds and, ultimately, the issues brought about by all of this and the utmost desire to know how to deal with it all.

Nobody expresses and interprets these beautiful and tragic stories of the teenage life better than Stephen Chbosky in his book "The Perks of Being a Wallflower." And, that

magnificent book has recently been adapted into a magnificent film.

The story follows Charlie, a high school freshman who can be considered a misunderstood outcast with few friends who is struggling to make it through the woes of high school. When two considerably less socially awkward seniors Sam and Patrick take Charlie under their wing, it turns out to be the most significant part in saving Charlie from going down the wrong path. The story deals with sexuality, drugs, relationships, suicide, depression, and many other issues adolescents face.



Rating: A

The greatest advantage of the movie is that it was directed by Chbosky himself.

The casting is impeccable with Logan Lerman as Charlie, Ezra Miller as Patrick, and Emma Watson as Sam. Each actor's performance is highly impressive. They each fit their roles perfectly.

The true stand-out performance of the movie, however, is Miller's. At such a young age, Miller shows the ability

to bring his character to life and keep the audience on the edge of their seats in a way I haven't seen in many young actors in a while.

While the film is better if one has previously read the novel, it is definitely not required in order to understand and fully enjoy the movie.

This is a must-see film for any young adult, guaranteed to leave you with a feeling of invigoration and awe after watching it, as it did with me. **Rating:** A+

> —PARIS BURRIS Online Editor



President says thanks needed

As I meet with students around the coffee shop, in the dining hall or in the class I am teaching, I often hear how helpful the faculty and staff are to students at OCCC.

One student recently told me she owes her success in her career to OCCC. She decided to go to college a little later in life, and believes the smaller classes, support in the labs, and welcoming faculty and staff made all the difference.

As a full-time faculty member, adjunct faculty member or staff member, please know that I commend you and thank you for your efforts on behalf of the more than 14,000 college students and 4,000 community education students who are attending OCCC this fall. One by one, you are changing lives through the transformational power of education.

I know that I still remember the faculty members and staff members at Southern Nazarene University and the University of Oklahoma who, when I was a student, took time to provide advice to me, mentor me, tutor me and simply help me reach my goals of completing my college education. I have had the opportunity to thank individuals at SNU and OU for their positive impact on my life, often believing in my potential when I had my doubts, helping me through challenges, and encouraging me with a smile and helpful attitude.

As a student at OCCC, I would encourage you to join me in expressing appreciation to the faculty and staff here. Our faculty and staff are here because they care about you and simply love teaching and helping students — and your words of appreciation would mean a great deal to them.

> -PAUL SECHRIST OCCC PRESIDENT



CAMPUS POLICE REQUIRED TO KEEP AN OPEN LOG OF ALL CAMPUS CRIMES AND INCIDENTS

Stolen iPad the latest in a string of campus thefts

MITCHELL RICHARDS

Special Projects Reporter staffwriter4@occc.edu

On Oct. 15, an Apple iPad and keyboard, valued at \$600, was reported stolen from History Professor Melinda Barr's office.

Campus Police Officer Gordon Nelson took the report in which Barr said she asked a student in her class to go into her office and retrieve the iPad, but the student returned saying he couldn't find it.

Barr said when she went to look for herself, it was, in fact, missing. Barr said she had put the iPad in a drawer in her desk on Monday, Oct. 8, and hadn't used it since.

The campus has been the site of a string of thefts on campus in recent months. During October alone, seven larcenies were reported to and by campus police. Among the stolen items were money from office desks and a wallet from a purse, with another larceny reported Oct. 31 about which the Pioneer is currently waiting for more information on.

This stolen iPad is the first larceny listed as "grand larceny" in the police reports. The six other larcenies in October were listed as "petit larceny."

The daily crime log, or the "Student Right To Know CAD Daily Log," is an open record that must be kept updated at all times. It can be requested by any member of the public at the campus Police Department, located on the first floor of the Main Building.

Facial hair encouraged in support of men's health

MITCHELL RICHARDS Special Projects Reporter staffwriter4@occc.edu

Tom Selleck. Hulk Hogan. Zach Galifianakis. James Harden. What do all these men have in common?

Recognizable facial hair.

No Shave November is a month dedicated to the glories of facial hair.

Some particpants decide not to shave to help promote causes like men's health and prostate cancer, while others participate simply as an excuse not to shave.

But beards aren't the only thing celebrated in the month of November. The ladies are encouraged not to shave their legs as well.

Student Paul Lloyd says he is participating in No Shave November for the fun of it. Lloyd said this is his first year not to shave.

"I knew before that I had a pretty patchy beard, but I wasn't fully aware it was this bad," Lloyd said jokingly of his week-old scruff.

Moustaches also are sported in the month of November, according to Movember, an organization that seeks

to "inform and raise money for men's health issues like testicular cancer and prostate exams through the power of the moustache."

Participants are encouraged to sign up on www.Movember. com and become a "Mo Bro," someone who grows a mustache, or a "Mo Sista," a female supporter of the moustache.

On the website, "Mo Bros" can set up a personalized site where friends and family can donate and also keep track of the moustache's progress.

In 2011, Movember.com helped raise more than \$15 million for men's health, specifically prostate and testicular cancer initiatives in the U.S. alone, with more than 145,000 Americans participating, according to their website.

Among those participating locally in Movember are members and staff of the Oklahoma City Barons hockey team.

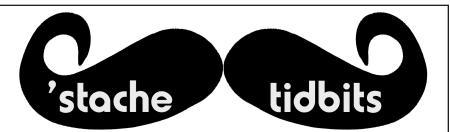
Thirty-six Barons players and staff, including players Alex Plante, Tanner House and Jordan Eberle, have helped raise more than \$2,400 for Movember, said Barons Communications Director Josh Evans.

The Barons participated in Movember last year as well, but perhaps have more reason to support men's health this time around.

In October one of their players, Brandon Davidson, was diagnosed with testicular cancer at the age of 21.

In collaboration with Movember, the Barons also are offering \$4 off walk-up ticket purchases during the month of November to anyone sporting a moustache (real or fake) to the games, according to their website.

For more information about that, visit the team's website at www.okcbarons. com.



• In a deck of cards, the King of Hearts is the only king not to have a moustache. •Police in a district in India's Madhya Pradesh state are being paid to grow moustaches because bosses believe it makes them command more respect.

- Salvador Dalí published a book dedicated solely to his moustache.
- On average a man with a moustache touches it 760 times a day.
 There are between 10,000 and 20,000 hairs on a man's face.
- Incre are between 10,000 and 20,000 hans on a mains face.

• A one-month-old moustache is capable of holding approximately 1 oz. of liquid or around 10 percent of a glass of beer before leaking its contents down the face of the owner.

• Albert Einstein had a moustache for more than 50 years.

• Groucho Marx for many years wore a fake moustache of greasepaint on stage and film, then grew a real one later in life.

• In 1967, The Beatles gave away cardboard mustaches with their album Sgt. Pepper's Lonely Hearts Club Band.

• U.S. Marines are not permitted to grow moustaches longer than half an inch.

• The first artifact that shows a moustache dates back to 300 B.C. and depicts a horseman with a thick black moustache.

• The world's longest moustache is believed to be a 14ft monster belonging to Ram Singh Chauhan of Rajastan, India, who regularly massages it with mustard and coconut oil to keep it healthy.

• Women are more attracted to men with moustaches.

— http://us.movember.com/mo-community/moustachery

Soup sale, silent auction benefits students

VERONICA WISNIEWSKI News Writing Student

After all the soup was eaten and the auction items sold, the Faculty Association had added more than \$1,200 to its student scholarship fund, said Committee Chairman Michael Machiorlatti, business and economics professor.

More than 150 servings of soup were sold Nov. 7 at the third annual Soup Sale and Silent Auction on campus, Machiorlatti said. The silent auction sold 20 items, including a set of blue-and-white china which brought the highest price at \$90.

As in the last two Faculty Association sales, the soups were judged to determine

the best. This year, buyers paid extra to judge the competitors. For \$5, they had the opportunity to try all seven soups and vote for their favorite, Machiorlatti said.

The soups were: creole crab chowder, vegetable sausage, cabbage soup, beef and barley, lentil, creamy chicken and a chili.

Physics Professor Tad Thurston won the contest with creole crab chowder. Thurston will receive a movie gift card as well as the champion soup chef title for the third annual Soup Sale and Silent Auction.

At least one customer couln't choose a favorite.

"All of them were really good," Machiorlatti said of the entries. Customer Felicia Brown gave her approval.

"I think it's great that they created a fundraiser to help fund student scholar-ships," said the public relations major.

The proceeds go to Faculty Association scholarships, where the students are recommended by their professors, Carlisle said.

To apply, students must have a faculty sponsor to send their name forward.

"The results will be determined in the coming weeks as the committee gathers and reviews applications; the applications are going out this week," Machiorlatti said.

"We will possibly be able to award 10 to 12 applicants with scholarships."

235 STRATEGICALLY PLACED SURVEILLANCE CAMERAS SERVE AS OCCC WATCHDOG

Campus cameras catch crime, activities

ALYSSA ROBERTS News Writing Student

There are 235 surveillance cameras throughout campus, said OCCC Police Chief Jim Fitzpatrick. Along with basic security cameras, there are approximately 15 four-way view Mobotix cameras.

They are located in areas such as the Wellness Center, the Student Union, and parking lots, he said.

Any place a student walks on campus is under surveillance, except for areas that would be considered private, such as restrooms, locker rooms, classrooms and offices.

Fitzpatrick said police officers use the security cameras proactively by viewing them in real time, looking for suspicious activities from their police vehicles.

Also the cameras are used after the fact for "rebuilding" what happened when crimes are committed. In some cases, students can be traced from the time they come onto the campus to the time they enter a classroom.

"Once something is reported to us, and somebody can give us a point of reference, we can generally go back and rebuild everything that happened," Fitzpatrick said. He said the majority of parking lots are covered, so it is not a difficult task to figure out who has caused damages to unattended vehicles. In at least one case, charges were filed against an OCCC student who hit an unattended vehicle. The student was followed on security camera footage until he was identified.

Student Andrew McDonald knows the cameras can help with an investigation.

On Friday, Oct. 26, at approximately 12:30 p.m., in parking lot D, McDonald's driver side window was broken and his Manfrotto tripod stolen. The suspect was driving a green, slightly older, model pickup truck, possibly made by Chevy.

Thankfully, McDonald said, he had left his more expensive personal belongings in a safer place, as he usually does. He viewed the security camera footage and filed a police report.

The suspect's truck can be seen entering the college campus, parking next to McDonald's vehicle, where he sat for approximately seven minutes before he smashed McDonald's window.

So far the suspect has not been identified and no charges have been filed at this time. However, Fitz-

Once something is reported to us, and somebody can give us a point of reference, we can generally go back and rebuild everything that happened." –JIM FITZPATRICK OCCC POLICE CHIEF

patrick said, should he return to campus, he could be taken into custody and questioned about the theft.

Aside from using the security cameras to investigate crimes, they also are used when a fire alarm goes off to see if there is an actual fire and if the sprinkler systems are working, or if it is something less concerning.

"In most cases, it is almost always burnt popcorn," Fitzpatrick said.

Also, when an item is stolen on campus, it can be reported to the campus police in the Main building. With provided with the date and time the incident occurred, officers can possibly identify who stole the item via security camera recordings.

For more information, to report a problem or to reach the campus Police Department, call 405-682-7872.

SGT. RICHARD HUCKABY TELLS OF BRAVERY AND BLOODSHED

Veterans Day 2012 celebrates military service

JUSTIN KNIGHT News Writing Student

Every eye was open and every ear was listening as the College Union room filled with students, faculty, and staff for the Veterans Day Program on Nov. 8. The event was put together by the Veterans Services office and Student Life to honor all who had served in the military.

Wearing his Army National Guard uniform, Sgt. Richard Huckaby gave a breathtaking account of his narrow escapes from death while serving in Afghanistan.

Huckaby showed a video of a RG31 military vehicle being hit by an improvised-explosive device right in front of the vehicle he was in.

"I could hear the screams of the guys in there," Huckaby said. "The truck in front of us was split down the middle."

While on another mission searching for bombs,

Huckaby was in a military vehicle that was hit by an IED.

Not seriously injured, he said he made sure the soldiers on his team were taken care of first before he sought medical attention.

While getting medical treatment on the ride back from the attack, Huckaby said: "Would it not be crazy to get blown up twice in one day?" Shortly after that statement was made, the vehicle he was in was attacked.

Once again, he survived without serious injury, which he considers miraculous.

Huckaby spoke of surviving several other dangerous incidents that happened during his deployment. "I know that was God," he said.

The audience was tuned in to Huckaby's speech, which concluded with a long standing ovation.

The event began with a flag ceremony. Capitol Hill High School students conducted a sharp and flawless presentation of colors.

The modulated soprano voice of Sr. Airman Akia Calaway-Jefferson eased the room by singing the "Star Spangled Banner" while music Professor Ron Staton accompanied her on the piano.

"Every time I hear the 'Star Spangled Banner' I get goosebumps," said Ronald Wiskup, who read "Ragged Old Flag" by Johnny Cash.

The audience gave Wiskup a standing

Every time I hear the 'Star Spangled Banner' I get goosebumps." – Ronald Wiskup OCCC Film and Video Student and Veteran

ovation after the reading.

"

"The main thing I get from this poem is sacrifice," Wiskup said.

Pfc. Jack Otwell led the Pledge of Allegiance.

The program ended with closing remarks from OCCC bursar Cynthia Gary, and another vocal performance from Calaway-Jefferson singing "America the Beautiful."

For questions or information regarding the Veterans Services office, contact Janis Armstrong at 405-682-7527, or email jarmstrong@occc.edu.

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OKLAHOMA PROGRAM GIVE STUDENTS TRAVELING OPPORTUNITIES

Study Abroad trips offer affordable learning

KATIE THURMAN News Writing Student

Education, authenticity, affordability. Those are the three tenants of Oklahoma Study Abroad, said program founder and director Christian Alyea, who spoke Oct. 23 to a group of journalism students about the three upcoming study-abroad opportunities OCCC students have in the next year.

Alyea said he started Oklahoma Study Abroad in 2009, after having spent years studying in Bratislava, the capital city of Slovakia. He traveled there first through a high school study-abroad program.

Alyea found the experience so enriching that he mastered the Slavic language and earned his bachelor's degree in business administration in Bratislava.

Upon returning to the States, he began looking into ways to introduce his passion for travel to more students in Oklahoma.

Alyea cited the need to reach students as one of his main influences. He also noted the need to introduce college students to the local culture, unlike the expensive and generic programs that many universities offer.

Now, Alyea said, he and his team work with a handful of schools in the state to provide all students with the opportunity to explore the world.

Oklahoma Study Abroad has a unique approach to traveling as a student. His goal is to provide what he calls "full cultural immersion" in the sights, sounds and experiences of the places his travelers will visit.

Students who take a trip with Oklahoma Study Abroad see the countries they visit through the eyes of the locals. They take public transportation instead of charter buses, stay in hostels instead of five-star hotels, and dine at local eateries that serve good meals rather than upscale restaurants.

"We want to reach the majority," Alyea said with regards to the goal of the program, and strives to provide the biggest bang for a student's buck.

Affordability is one of the traits that makes Oklahoma Study Abroad unique. A trip to Costa Rica in May will cost a student \$1,800 and include the opportunity to study Beginning or Intermediate Spanish.

During spring break in March, a tour of London will run \$2,200. Humanities credit in the Theater of London or the London of Dickens will be offered.

Spending part of July in five countries in Eastern Europe will cost \$2,600. Alyea said the college course offerings for that trip have yet to be determined. The cost of college tuition is not included in the base price. Travelers who want to take the trip, but don't need This is a new generation of study abroad." -CHRISTIAN ALVEA

college credit, are required to sign up for one college hour of audit status to meet the student requirement.

All of the trips are paid for in increments, with Dec. 14 as the deadline for the first payment of \$400. This makes the strain on a student's wallet a little easier.

Federal financial aid like Pell Grants can be used to pay for part of the trip, Alyea said. A few partial scholarships are available through the OCCC Foundation, because each trip includes college credit and serves as an educationally enriching course.

OCCC President Paul Sechrist has established a scholarship fund to assist students with the cost of international travel with an educational objective, he said.

"This is a new generation of study abroad," Alyea said. He said he hopes the program and the opportunities it affords students will provide an accessible, authentic experiences for everyone.

For more information, visit www.oklahomastudyabroad.com.

STUDENTS TO VISIT RAINFOREST AND BEACHES

Exploring Costa Rica during May intersession

SHELBY COLE News Writing Student

One way to improve Spanish skills is to spend time in a Spanish-speaking country.

OCCC is sponsoring a 13-day trip to Costa Rica in Central America during the May intersession. The trip is from May 25 through June 6. Students will have the chance to explore rainforests, sandy beaches and local markets.

Spanish Professor Abra Figueroa will be teaching the Spanish courses at the beginning or intermediate level.

The travel class is arranged through Oklahoma Study Abroad.

Program Director for Oklahoma Study Abroad Christian Alyea also will be attending.

The first part of the Costa Rica trip starts out on the Pacific coast where students can view pristine beaches and explore jungles, Alyea said.

One of the beaches students will see is Whale Tail beach.

When the tide is down, the beach from the air looks like a whale's tail. Humpback whales also migrate through that area. When the Humpback whales are not migrating through, sea turtles are laying their eggs on the beach.

After a few days on the Pacific coast, the group will then head east across the country to the Caribbean Coast.

STUDY ABROAD LOW COSTA RICA 2() v.oklahomas tudyabroad.com lete Tour of Costa Rica Water Rafting Wild Life Tours **Amazing Waterfa** Caribb n Bike Tou Full Cultural In Full Time Assistance & Guides TT R REAL PLANE

COURTESY OKLAHOMA STUDY ABROAD

at the local elementary school. They sponsor an English Is Fun Day where the college students donate children's books in English and soccer balls, in honor of the country's favorite sport.

A 15-mile bicycle ride along the coast is a good way to see local markets and an abundance of wildlife, Alyea said.

Then students will head inland to the village of La Fortuna that was destroyed by Volcano Arenol when it erupted in 1968 and wiped out the farming town. La Fortuna is now a huge eco-tourist hub.

Students will spend three days in La Fortuna hiking to a dormant volcano's crater and swimming in the green lagoon.

White water rafting and forest canopy zip-lining also are offered while staying in La Fortuna.

The Oklahoma Study Abroad program makes sure that traveling is affordable and focuses on full cultural immersion, Alyea said.

The trip to Costa Rica will cost \$1,800 and can be paid in three payments. The first payment of \$400 is due Dec. 14, the second Jan. 25, and the third is due Feb. 15.

Limited spots are available.

You do not have to have any Spanish background to attend. Anyone who would like

Cahuita is a city on the Caribbean coast where students will volunteer a day to know more about this trip can go to Oklahomastudyabroad.com to sign up.



IMMERSION IN LEADING CULTURAL HUB SURE TO PLEASE TRAVELERS

London trip promises personal experience

KELLYE TALLENT News Writing Student

Sights. Camera. London. A spring break study-abroad course in London is available to OCCC students for \$2,200.

The Oklahoma Study Abroad trip runs from March 15 through 24.

Students can immerse themselves in the theater of one of the world's leading cultural

Department Director of Communications and the Arts Ruth Charnay will teach the course titled "Theater in London."

"It's an individual experience," Charnay said. "What I try to do is something personal to each individual taking the class.

"Depending on what your interest is, I allow you to write a paper or have a discussion or something else about your interest.

"I had one student that gave me a journal with 200 pictures in it. They took pictures of every single place that we went and everything that students to do their research before traveling we did and created a visual story."

Travelers will have a chance to see Big Ben Nottingham will color the excursion with the about \$400 extra." distinctive air of England's theatrical offerings and venues.

see in the movies and they're right there in front for the first payment of \$400 is Dec. 14. of you," Charnay said. "London is big and it's fast, but at the same time, there is a knowledge mastudyabroad.com, or email Charnay at that the people have. There's a very traditional rcharnay@occc.edu.

You're stepping out and seeing things you see in the movies and they're right there in front of you." -RUTH CHARNAY OKLAHOMA STUDY ABROAD INSTRUCTOR

feel, but it's also very modern, and hip and cool. "You walk into a modern new restaurant that's hubs and earn one college credit in humanities. all glass and then right next door is a building that has existed for a thousand years. The history and the romance of it all gives a confident feel that is irresistible."

> When packing for the trip, Charnay recommends keeping it simple, but said think about layers.

> "It's the best way to pack for any trip, but particularly in some place like London where some days it could be rainy and cool and then other days it's gorgeous."

> Program Director Christian Alyea reminds anywhere.

"London is one of the world's most expensive and Parliament. Trips to the re-creation of cities," Alyea said, but most expenses are covered the Globe Theater, Stratford upon Avon and by the set fee. "I would tell students to bring

There is room for students to join the trip and non-students may participate by taking "You're stepping out and seeing things you one audit hour for an additional \$100. Deadline

For more information, visit www.oklaho-



COURTESY OKLAHOMA STUDY ABROAD

NAZI CONCENTRATION CAMP ON ITINERARY Trip to Europe to teach students about culture

CHRIS SHEFFIELD

News Writing Student

Through Oklahoma Study Abroad, students can travel through Central Europe and earn college credit at the same time.

For \$2,600, plus tuition costs, students will get to see four different countries from July 15 to 30.

"This is my favorite trip," said Christian Alyea, founder of Oklahoma Study Abroad. Alyea will lead the excursion along with a sponsoring professor.

Alyea said the goal of Oklahoma Study Abroad is to fully immerse students in the culture of the countries they are visiting by eating at local restaurants, traveling on local transportation and living in modest quarters. The trip will start in Prague, Czech Republic.

"In Prague we will take a tour that will guide us through the main squares, Jewish districts and cathedrals," Alyea said. "Prague has one of the biggest Jewish districts in Europe."

There also will be plenty of free time and optional activities. In these optional activities students can visit museums or even paddle on The Vltava which is the longest river in the Czech Republic.

From Prague, students will be taking a sleeper train to Krakow, Poland, arriving July 19.

In Krakow, travelers will see all of Poland's rich history.

"You will also get the chance to see one of the darkest hours of mankind when you travel to see Auschwitz," Alyea said.

"During World War II, Germans killed over three million people in this concentration camp.

"It is a life-changing experience. It will make you realize just what is important."

Also while in Poland students will get to see the Tatra Mountains, the highest mountain range in the Carpathian Mountains.

From the mountains students will take a midday bus to Poprad, Slovakia. Later they will take an afternoon bus to Budapest, Hungary.

Once in Budapest, students will see the Parliament buildings, palaces and all of the historical sites the city has to offer. They also can see the Danube River, which is the second-largest river on the European continent.

From Budapest the group will take a bus to Vienna, Austria. They will get

It is a life-changing experience. It will make you realize just what is important."

-CHRISTIAN ALYEA OKLAHOMA STUDY ABROAD DIRECTOR

to see the Schonbrunn Palace and the picturesque city. The group will spend two days in Vienna.

From Vienna students will travel back to Prague where they will spend the final day of the trip. This day is mostly for souvenir shopping and a goodbye dinner.

"On July 30 we will all make our way back to Oklahoma City," Alyea said.

The first payment of \$400 is due on Dec.14.For more information, contact Alyea at christian@oklahomastudyabroad.com.

SPORTS

Serving time



SPORTS | \$130 registration fee to cover certification classes

Lifeguard training offered at OCCC

BRANDON WILLIS Sports Writer sportswriter@occc.edu

Students wanting to receive lifeguard training now have the opportunity to do so. The OCCC Aquatic Center is offering Lifeguard Training classes from Nov. 29 through Dec. 8.

The training class will take place from 6:30 to 9:30 p.m. on Thursday and Fridays and from 8 a.m. to 5 p.m. on Saturdays. There is a \$130 registration fee for the class.

Health and Fitness Specialist Carole Valentine said lifeguard training teaches the certification needed to be a pool lifeguard in Oklahoma and most other states.

Participants will learn the skills and knowledge needed to prevent and respond to aquatic emergencies. The course also will include first aid and CPR for the professional rescuer.

Valentine said she is confident the training certification will apply to most.

"This course will certify pretty much anywhere," Valentine said. "The YMCA has their own training but we use the Red Cross lifeguard training which most use."

Valentine said the main prerequisites of the training is to be 15 years

old and pass a swimming skills test. The training skills test includes a 300yard continuous swim, swimming to the bottom of the pool to recover a brick in under a minute and 40 seconds, and treading water without the use of hands.

Students can register for the course, visit the Recreation and Fitness desk in the Wellness Center, or visit www. occc.edu/rf to register as well, Valentine said.

Psychology major Eriq Robertson said he is excited about the training course and believes it is a good development program.

"Honestly, I didn't even know about

UPCOMING INTRAMURALS EVENTS

Nov. 16 - Nov. 18: EAT Turkey Swim Meet. The pool will be closed to the public but the event is open. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Nov. 22 - Nov. 25: Thanksgiving break. The pool will be closed for Thanksgiving break. The pool will resume normal operating hours at 6 a.m. Monday, Nov. 26.

Dec. 1: Joe Stocker High School Invitational Swim Meet. The pool will be closed to the public but the event is open. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

All event news is due Monday by 5 p.m. for inclusion in the next issue. Email your news to sportswriter@occc.edu.

The Pioneer Online is the place to go for up-to-the minute sports news and weekly sports blogs! www.occc.edu/pioneer

Have sports news to share? Email Brandon sportswriter@occc.edu, or call 405-682-1611, ext. 7676

it before but I think it is a good idea for people to apply for the class," Robertson said. "If you are somebody like me who is looking for a second job, lifeguarding at OCCC could be a possibility."

Valentine said she welcomes those who have or are willing to take the lifeguard training course to apply for job opportunities at the Aquatic Center.

"We are always looking for lifeguards, so if anyone is interested, they can go to the OCCC jobs website and apply there," she said.

For more information, contact Recreation and Fitness at 405-682-7860.

Open carry: OCCC exempt from new state gun law

Continued from page 1

"Any person carrying a weapon on to the OCCC main campus or off-campus locations will be referred for prosecution if discovered to be in violation of the law," he said.

Fitzpatrick said OCCC has no jurisdiction in the public areas surrounding the campus.

"The new open carry law should not impact OCCC," Fitzpatrick said.

"Persons with a handgun license are informed regarding the limitations of their license. I find them to be very aware and do not expect this to be an issue." Heather Gerner, a premed major, said she is uneasy about her safety on campus now.

"I don't think this law should have passed, especially in such a conservative state," Gerner said. "I really hope people are smart about it and that our campus police will protect us."

Fitzpatrick said if anyone were to come to him expressing their concern about this new law, he would reassure them of the college's policy.

"I would explain to them the ability of (people with) handgun licenses to openly carry a holstered pistol will not affect their safety while attending school events," he said. "The open carry issue does not change the restricted conditions within the law regarding the carrying of a weapons on a college campus."

OCCC Policy No. 1016 "Weapon-Free Environment," created in July 2007, explains in detail what those on campus can expect.

It reads, "To promote the safety of students, employees, and visitors, Oklahoma City Community College ("OCCC") prohibits the possession, use and display of weapons of all types at all times on OCCC Property and during OCCC activities, trips or events, except as specifically authorized below or as otherwise required by the Oklahoma Self-Defense Act.

"The unauthorized carrying of weapons applies to all OCCC employees, students and visitors, except authorized peace officers, including the campus police," according to the policy.

"Discipline authorized by this policy is independent of and in addition to any criminal or civil sanctions which may be sought pursuant to the Oklahoma Self-Defense Act and other statutes."

The weapons covered in this policy include pistols, handguns, revolvers, shotguns, rifles, blank guns, starter pistols, stun guns, antique and replica firearms, and firearms of any kind, whether loaded or unloaded; daggers and knives of all kinds other than small pocket knives, kitchen utensils or instructor-authorized classroom/lab utensils; clubs and other blunt weapons; ammunition; and explosives.

According to the policy, "OCCC property means all buildings, offices, facilities, grounds, vehicles, or other premises owned, leased or otherwise occupied or controlled by OCCC."

For more on OCCC Policy and Procedure, visit www.occc. edu/policy/pp.

Carson's: After 20 violations in two years, OCCC clean

Continued from page 1

Field Supervisor Troy Skow.

Violations for "Hot Hold/Time Control," "Cold Hold/Time Control," "dishwasher - temp not hot enough to sanitize dishes," and "no Food Service Operator Certificate" are the critical citations found in open records posted online and dated Oct. 26, 2010, through Sept. 20 of this year.

Other citations listed include food debris found on the floor, cutting knives with food debris, soiled wiping cloths on the prep table, single-use items stored on the floor, and condiments on self-serving area unprotected, among others.

Oklahoma City-County Health Department Inspector Sharon Chow said she discovered multiple cases of inadequate temperatures in the food in Carson's kitchen the past two years.

Carson's manager Corrine Aguilar said the reason for this is bad timing.

"We cook everything up to a certain temperature that it has to be at in the safety zone," Aguilar said. "Then we put it into a holding box.

The holding box keeps it but then we take it out and put it into just our serving well and sometimes those temperatures don't hold as well ... and sometimes they[the Health Department] come right when we are changing over."

Chow said when an establishment receives a citation, a follow-up inspection is performed within days.

"We give them time to correct the problem," she said. Chow said sometimes, citations may be due to faulty equipment. "If the equipment itself cannot keep the temperature right then that is a major concern for me."

Aguilar said this was the case for some of the citations.

"We are contractors here so the school is responsible for getting everything fixed," Aguilar said. "One of the refrigerators was not working properly so they are in the process of buying us a new refrigerator." The citation for inadequate temperature in the dishwasher water has been an issue for several inspections, Aguilar said.

"It's an older dishwasher and it loses it's temperature," Aguilar said.

"Every time they come out, they tell us it's not up to speed. We check it once a week but a lot of times for some reason it loses its temperature that it's supposed to have. Because it's older, we have to have the service people come out. It belongs to school property so they have to call out a service repair person to fix it."

Financial Accounting Director Brenda Carpenter said OCCC has replaced several pieces of equipment. and repairs any faulty equipment "immediately."

"Several pieces of equipment have recently been replaced which include a reach-in cooler in the sandwich prep area with a new refrigerated sandwich prep table and cooler ... and a refrigerated bakery case ... in the Coffee Shop," Carpenter said in an email.

"Other current replacements include the reach-in coolers behind the hot food line/salad prep line which should be installed sometime within the next 60 days. The defective coolers are not being used at this time."

Carpenter said the dishwasher issue also has been addressed.

"When we are aware of a problem, we call in the repair for service immediately. The dishwasher has been in operation approximately five years and is operating efficiently at this time."

Chow said Carson's has been compliant with correcting violations within days.

Chemistry major Kevin Hernandez said he isn't completely comfortable with Carson's.

"When I go to grab a salad or something I always see that when they're mixing the salad they just take whatever they have and put it into a cup that's already been used and when they're ready to stir it they put it into a bowl that's already been used.

"It just kind of grosses me out that they don't try to be a little cleaner over there," he said. "This is our only source of food here. ... At the price that we're paying they should be able to maintain a well-cleaned area."

Aguilar said Carson's makes an effort every day to maintain a safe, clean café. She said the café's staff follows daily and weekly prep and sanitization lists.

"In the kitchen we try really hard not to crosscontaminate," Aguilar said. "We have certain boards we use for raw food and for already cooked food. We sanitize all of our pans and our dishes. We wash everything thoroughly."

Aguilar said no customer complaints have been reported to the café.

Environmental Safety major Jessica Murray said she said the citations aren't anything to fret about.

"I know it may sound bad, but it doesn't bother me," Murray said. "I just think that students who are eating at the Burger King right down the street are probably exposed to way worse conditions but that doesn't stop them from eating there."

Carpenter said no one should have concerns.

"The management at OCCC and at Carson's Catering and Food Concepts takes every violation, no matter how minor, seriously. Every issue identified by the Health Department is addressed immediately and any issues related to equipment are fixed as soon as feasibly possible. As far as OCCC or Carson's is aware at no time have there been any violations that affected food quality or food safety."

Chow said the Health Department performs health inspections four times a year. She said Carson's is never aware of exactly when the inspections will take place.

Health inspection records can be found online at www.phin.state.ok.us/inspections. To find OCCC, select Oklahoma County in the drop-down menu, then, type in OCCC or Carson's in the search window.

For more information about health inspections, contact Chow at 405-419-4268 or email sharon_chow@occhd.org. For more information regarding Carson's Café, contact Aguilar at 405-682-7583 or email caguilar@occc.edu.

CAMPUS COMMUNITY

All that jazz



CHRIS JAMES/PIONEER

Music majors Ryan Smith, Carla Pierce, Victoria Hazboun, Nicole Pearce, Stefanie Cox and Christopher Davis perform Leon Russell's song "This Masquerade" during the Jazz Vocals Concert on Nov. 6 in the Bruce Owen Theater. The student vocalists had musical accompaniment from professors Cheryl Taylor on piano, Michael Boyle on double bass and Mark Giammario on drums.

Taylor, who also directed the concert, said students learning to blend sound in a small group with microphones aids in live performances.

"It prepares them for when they will be working in bands or teaching jazz choirs and show choirs in the public school setting," Taylor said.

COMMUNITY I College teaches students to save money while still giving thanks

"

Enjoy Thanksgiving on a budget

WHITNEY KNIGHT Contributing Writer adman@occc.edu

A great Thanksgiving dinner doesn't have to gobble up all your cash, said Student Life Coordinator Brittany Carradine during a seminar on financial literacy Nov. 13.

Having a budget-friendly holiday is easy, Carradine said, as long as you do three things: plan ahead, use coupons and have fun.

"The first thing you have to do is create a budget," she said.

"If you deviate from a budget or if you don't make one, you have already crashed and burned."

A budget should be made with whatever wages are left after necessities like bills, insurance, and gasoline have been paid for, Carradine said.

The next step is to create a grocery list with that dollar amount in mind, she said.

"Make a list with all your ingredients and stick to it," Carradine said. "When you get to Walmart and see things and say, 'Oh, I didn't think of that,' stick to your list."

To keep food costs down, she said, it is important to look for fruits and vegetables that are in season. Carradine said okra, for instance, is not currently

The first thing you have to do is create a budget. If you deviate from a budget or if you don't make one, you have already crashed and burned." –BRITTANY CARRADINE STUDENT LIFE COORDINATOR

in season and costs more. Kale, however, is cheaper. Although turkey and ham are common Thanksgiving staples, Carradine said, they are also expensive.

She said when it comes to the main course, you shouldn't feel pressured to stick to tradition.

"If you love spaghetti, if you are a spaghetti fanatic, have spaghetti instead of a turkey," she said. "Nobody will think badly of you for it."

Whether there's a five-course meal or fried chicken on the table, Carradine said, it is the spirit of the season that matters most.

"Remember the purpose of Thanksgiving," she said.

"It's not always about money, it's about spending time with your family.

"If you don't have something, they're going to love you anyway."

For more information, contact Student Life at 405-682-7523, or visit www.occc.edu/studentlife.

CAMPUS HIGHLIGHTS

Bible Study session planned

Christians on Campus will hold a Monday Bible Study from noon until 12:50 p.m. Monday, Nov. 19, in room 1X3. For more information, contact kgrayson@occc.edu.

SOTA to meet Nov. 20

The Student Occupational Therapy Association will hold a regularly scheduled meeting from 12:20 to 1:20 p.m. Nov. 20 in HP104. For more information, contact kgrayson@ occc.edu.

Tuition Fee Waiver deadline nears

Tuition Fee Waiver applications for the Spring 2013 semester are now available in the Financial Aid Office. Completed applications must be submitted before 5 p.m. Nov. 20. For more information, call Student Financial Support Services at 405-682-7525.

ISA Festival of Lights trip planned

The International Student Association will take a trip to the Festival of Lights in Chickasha, from 6 to 10 p.m. Nov. 22. For more information, contact kgrayson@occc.edu.

Students invited to Stress Free Experience

The Stress Free Experience is going to be Dec. 4 and 5 this year in the General Dining area from 10 a.m. to 2 p.m. This event in the past has drawn more than 100 students to relax during finals preparation. For more information, contact Student Support Services Counselor Jenna Howard at 405-682-1611, ext. 7621.

Finals preparation Brown Bag Dec. 5

Student Life will host a Brown Bag luncheon at noon Wednesday, Dec. 5 in CU1. The topic will be "Finals Preparation." Bring a lunch. Missed Brown Bag videos can be viewed or re-viewed online at www.occc.edu/ studentlife/brownbag. For more information, contact brittany.f.carradine@occc.edu.

Strengths Quest session upcoming

Student Life will host a Strengths Quest session from 12:30 to 1:30 p.m. Nov. 27, in Room 1X5 in the Main Building. This will be session two of two. For more information, contact brittany.f.carradine@occc.edu.

Kappa Beta Delta induction Nov. 30

Kappa Beta Delta will hold their fall induction ceremony from 6 to 9 p.m., Nov. 30, in CU3. For more information, contact kgrayson@occc.edu.

All Highlights are due each Monday by noon for inclusion in the next issue.

Email your event to communitywriter@occc.edu or drop by 1F2 in the Arts and Humanties area.

CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

AUTOMOTIVE

MUST SELL: 1995 Vulcan 750 motorcycle. (needs carb repair and more) \$1,000. (Includes parts bikes.) Text 405-532-6262 for more information.

FOR SALE: 1965 Chevy truck. \$4,000 OBO. Rebuilt motor. Runs. Needs painting. 1962 Chevy car. \$2,000 OBO. Call/text: 405-517-4117 for more info.

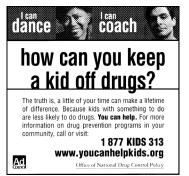
FOR RENT

ROOM FOR RENT: \$450/ mo. Bills included. 3-bedroom located near OCCC. Males only. One friendly dog already, no more pets. No smoking preferred. Call/text Reginald at 405-249-4550.



BABY ITEMS FOR SALE: Fisher Price infant to toddler blue baby rocker w/ activity bar, barely used: \$20. Slightly used clean Jumperoo with accessories: \$50. Bright Starts baby activity gym, new: \$15. wickitiwack@yahoo.com.

LOOKING FOR RIDE: Need ride from Norman to OCCC. Legally blind student. Will pay for gasoline. Classes Monday, Wednesday, Friday 11 a.m. to 4 p.m. Call: 405-598-5052 or 405-395-2779.



FEMALE ROOMMATE WANTED Larger bedroom of 2BD/2BA apt. in S. OKC. All bills paid. \$400/month. Deposit: \$200. Leave message: 405-651-8101

ROOMMATE WANTED: Would split rent/utilities. Looking to rent apartment in SW OKC. Either gender, pets and smokers welcome. Call: 405-651-3421.

ROOMMATES WANTED: Looking for 2-3 students to rent in SW OKC. Would share rent/ other bills. Call: 405-651-3421.

ROOMMATE WANTED: Would split rent. Looking to rent in OKC area. Must be at least 21. Call: 405-474-8454. **FOR SALE:** Limited edition wakeboard, still packaged: \$100; new, limited edition Jim Beam bean bag/cornhole toss game, \$100. 405-818-0083.



FOR SALE: English Comp. I, \$20. English Comp. II, \$30. Fed. Gov't, no code, \$15. Prep Math, no code, \$5. Intro to Psych, no code, \$10. Success in College and Life, \$15. Call: 405-875-3964.

FOR SALE: American Realities Vol. 1 history textbook. Slightly used. \$50. Text/call Robert at 405-248-8849 for more info.

Classified ads are free to students and employees. Email: adman@occc.edu.

Advertising rates start at \$8/week. Call 405-682-1611, ext. 7674 for details.



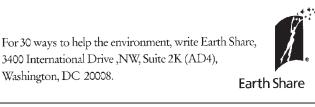
THIS WEEK'S PIONEER PUZZLE

Happy Thanksgiving!

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It's a connected world. Do your share.

Ad





Pioneer Photographer Chris James recently visited the OCCC Child Development Center and Lab School to pick the brains of the tiny experts there about the upcoming Thanksgiving holiday. He asked the preschoolers one question:

are a turke vou prep

"My mommy puts gloves on and she puts it in the oven. It takes 40 vears to bake it." -Ava, 3

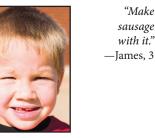




stuff to make cook it for 10 seconds in the



"You need ham, bread, pickles, milk, nachos, soup, sand and turkey. Mix it together on a sandwich." —Keith, 4

















"Just cook eggs and bacon with the turkey on the stove for 15 minutes." —Jackson,

Free community Thanksgiving dinners offered

A number of local places are offering free Thanksgiving Day dinners. The following events are open to the general public.

• Edmond Community Thanksgiving Dinner: 11 a.m. to 3 p.m. Thursday, Nov. 22 University of Central Oklahoma,

100 N University in Edmond • City Rescue Mission Thanksgiving Day meal: 11 a.m. to 1 p.m. Thursday, Nov 22

City Rescue Mission

1800 W California Ave in Oklahoma City

• Community Thanksgiving Dinner Noon to 4 p.m. Thursday, Nov. 22

Estes Park Church of Christ 440 NW 89 in Oklahoma City For more information, call 405-842-0255

• Thanksgiving Community Brunch and Dinner: 11 a.m. to 2 p.m. Thursday, Nov. 22

Bricktown Coca-Cola Events Center 425 E California Ave. in Oklahoma City

For more information, call 246-1100. • Community Thanksgiving Dinner: 11 a.m. to 1 p.m. Thursday, Nov. 22 The Commons at Norman High School 911 W Main Street in Norman

• Thanksgiving Dinner: 11:30 a.m. to 1 p.m Tuesday, Nov. 20 Christian Services Center 301 E 2nd Street, Oklahoma City

Helplines offer holiday cooking assistance

• USDA's Hotline: 1-888-674-6854 from 9 a.m. to 3 p.m. CST, Monday through Friday. Closed weekends and holidays, except Thanksgiving. Special hours of operation on Thanksgiving are from 7 a.m. to 1 p.m. CST.

• Reynolds Turkey Tips Line: 1-800-745-4000. Open through Dec. 31, 24 hours a day.

• Butterball Turkey Talk Line: 1-800-BUTTERBALL. Available Nov. 1 through Dec. 28 from 8 a.m. to 8 p.m. CST on weekdays; from 8 a.m. to 6 p.m. CST Saturday and Sunday, and from from 6 a.m. to 6 p.m. CST Thanksgiving. • Honeysuckle White: 1-800-810-6325 Recorded answers to frequently asked turkey preparation questions. • Crisco Pie Hotline: 1-877-367-7438 toll-free. Provides answers to the most common questions about baking pies as well as offering tips to benefit the most seasoned baker.

The hotline offers the option to connect to a live pie expert for pie baking guidance. Hours are from 7 a.m. to 7 p.m. CST Nov. 12 through Nov. 21.

• Perdue Chicken: 1-800-473-7383. Available weekdays year-round from 8:30 a.m. to 5 p.m CST.

• Shady Brook Farms Turkey Line: 1-888-723-4468. Available 24-hours, 7 days a week, automated messages by famous chefs and winemakers.

• Empire Kosher: 1-800-367-4734. Open year-round from 7 a.m. to 3:30 p.m. CST Monday through Thursday; and from 7 a.m. to 2 p.m CST Friday. Closed on Jewish and secular holidays.

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Get more tips on nailing the interview at BucktheNorm.com/empowerment

Bucky's Tip: Hand in Your Writing (To a Human) Spellcheck is just the start! Get a real person to proofread your cover letter and resumé.



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