

## INSIDE

### PIONEER ONLINE

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OKLAHOMA CITY COMMUNITY COLLEGE  
**PIONEER**  
Online  
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### EDITORIAL

#### PEOPLE WHO ILLEGALLY PARK SHOULD PAY

Videographer Casey Akard says drivers need to stop being lazy and parking in spaces reserved for disabled people. Read her thoughts.

OPINION, p. 2

### CAMPUS LIFE

#### STUDENTS WIN BIG AT OBEA NIGHT

OCCC broadcasting students have won five awards from work submitted to the Oklahoma Association of Broadcasters. See a list of winners.

NEWS, p. 6

### SPORTS

#### 20-MINUTE AB CLASS HELD TWICE WEEKLY

Students can take the shortest class held on campus with perhaps the biggest results every Monday and Wednesday. Turn inside for more.

SPORTS, p. 8

### CAMPUS LIFE

#### LEADERSHIP COUNCIL MEETING

TLC meets monthly to discuss important campus events. For details on the latest meeting, turn to page 10.

COMMUNITY, p. 10

# PIONEER

OKLAHOMA CITY COMMUNITY COLLEGE

FEBRUARY 17, 2012

[WWW.OCCC.EDU/PIONEER](http://WWW.OCCC.EDU/PIONEER)

COVERING OCCC SINCE 1978

## Life flight



CHRIS JAMES/PIONEER

Left to right: Debbie Kurtz, flight RN at OU Medical Center, Jimmie Kay Wetmore, OCCC nursing professor, and Kristi Cagle, flight RN and OCCC graduate, stand near a medical helicopter in the college's parking lot. Two EMS aircrafts were parked in the college parking lot Feb. 6 as part of a demonstration when OCCC's EMS program hosted an annual statewide conference.

## EMS program one of the best

EMILY SCHORR

Staff Writer

[staffwriter1@occc.edu](mailto:staffwriter1@occc.edu)

“

We have a state-of-the-art lab and utilize cutting-edge technology.”

—LEAUGEAY BARNES

EMERGENCE MEDICAL SCIENCES  
PROGRAM DIRECTOR

OCCC's Emergency Medical Science program is getting attention for academics.

The EMS program has the highest first-time pass rate in the state and is significantly above the national average, said Leaugeay Barnes, Emergency Medical Sciences program director, in an email.

“We believe that every graduate must meet the standard; however, we are willing to do whatever it takes to get the student to that point. Our philosophy is ‘no man left behind,’” Barnes said.

“The EMS program offers instructors who in the last three years have been awarded Instructor of the Year awards by the Oklahoma EMT Association, among other prestigious recognitions,” she said.

Although the instructors are responsible for the majority of the success of the program, the hands-on learning and training put the students in real life situations.

“We have a state-of-the-art lab and utilize cutting-edge technology. We have multiple

high-fidelity mannequins that the students are able to do real time scenarios with and actually complete any skills as if they had a real patient,” Barnes said.

Instructors will set up real life situations for the students, for instance a car crash in the parking lot.

Barnes said Tulsa Life Flight donated a stationary ambulance that students use to act out real life scenarios.

OCCC EMS program also hosted an annual statewide conference Feb. 6. The conference offered national level presenters in the field of study Barnes said.

On that date, two EMS aircrafts were parked in the college parking lot as part of a demonstration during the conference.

For further information about the EMS program and enrollment contact 405-682-1611, ext. 7507 or visit [www.occc.edu](http://www.occc.edu).

## Financial aid changes to limit funding

New regulations have Pell Grants covering only 12 full-time semesters, new graduation rules

JEREMY CLOUD

Editor

[editor@occc.edu](mailto:editor@occc.edu)

New students coming to college this fall will find a whole new ballgame where financial aid is concerned, said Harold Case, Financial Aid dean.

Among the changes going into effect on July 1 will be tighter restrictions on Pell Grants, he said. Students will only be eligible for 12 full-time semesters or the equivalent of 12 full semesters.

That doesn't apply just to new students, Case said.

“In 2008, when they went from unlimited Pell down to 18 semesters, they had a grandfather clause,” Case said.

“But now they've taken that clause away. Students who came here and took classes [years] ago and were eligible for Pell and took it have already used up some of their time.”

And it isn't only students who rely on Pell Grants that may run into problems, said Linette McMurtrey, Financial Aid assistant director.

McMurtrey said students who take out subsidized loans are in for a rough time as well.

“Interest subsidy during the six-month grace period is eliminated for new Stafford Loans made [between] July 1, 2012, and July 1, 2014,” she said.

That means that while students still have six months before payments are due, and those six months still begin when the student drops below half-time enrollment, any interest accrued during those six months will be paid by the student, McMurtrey said.

Another change going into place concerns first time eligibility, Case said.

New students will have to have a GED,

See **RULES** page 9

# OPINION

**EDITORIAL** | Not disabled? Then, stay out of the handicapped parking spots

## Able-bodied should act as such

I discovered an application recently for the iPhone called HandicappedFraud. Based on the website [www.handicappedfraud.org](http://www.handicappedfraud.org), it is a fast and easy way for community members to report placard and handicapped parking abuse.



**CASEY  
AKARD**

I am elated that such an app and website have been created. Even more, I am dumbfounded that there is a need to create a program and application to help reinforce pre-existing laws.

Among one of the most socially unacceptable principles, in my opinion, is illegally parking in a handicap spot.

Aside from being legally wrong to park in handicapped parking, it is also ethically wrong. It is prudent for us to adhere to these laws and moral obligations.

As a society we have fought for equal opportunities and equal rights. Civil rights legislation has made it accessible and safe for those who are physically disabled. But some citizens of our country have essentially disassembled such regulations with defiant

acts against our very own by taking their reserved handicapped spaces.

It is also illegal to borrow someone else's placard (that little plastic tag that hangs from the rearview mirror). For those who somehow "acquire" a handicapped placard (such as borrowing one from grandma), that is illegal too. It is assigned to the individual, and the individual must be physically in the car.

Some forms of etiquette can be debated, such as using a handicapped bathroom stall, pressing the handicapped button for automated doors, or perhaps a situation where an elevator is full with able bodies, and the person in a wheelchair is stuck waiting for the next ride.

This is not a matter of etiquette. This is our legal responsibility.

Although the disrespect of those with disabilities is a strong enough point to jump on a soapbox over, it is also the law. These stipulations are in place to maintain accessibility to those who are ultimately less fortunate than others.

Yet these violations make the job of our local law enforcement an arduous one. Even when reprimanded the consequences are small in comparison to the disadvantages it causes others. This is not acceptable.

### BALLIARD BILL



Too late, John realized these were the sheep his mother warned him about.



Something has to be done.

The fine at OCCC if caught illegally parked in handicapped parking is a mere \$100 fine. The OCPD fines are as high as \$500.

You can't put a cost on arrogance. It should be nothing more than simple courtesy to adhere to handicapped parking rules.

It is a universal parking design. Ignorance is not an option; laziness is not a disability.

Do the right thing.

—CASEY R. AKARD  
STAFF WRITER

**LETTERS TO THE EDITOR** | Readers suggest bringing OCCC's biology lab into 21st century and showing pride in southside Oklahoma City

## Biology Lab behind the times South OKC has great eateries

### To the Editor:

I find it astounding and disappointing that in this day and age a person has to physically sign-up for an appointment in the Biology Lab.

OCCC has numerous electronic systems in place: student/adjunct email, MineOnline, and Angel/Moodle. I can apply for financial aid, register for or drop classes, get tutoring, make payments, do homework, Skype with the Comm Lab, and take tests online. However, I have to walk into the Bio Lab to get a lab time. I cannot even get a time by phone.

I forgot to make my appointment last night when I was at class and hoped to make a phone appointment today but was denied. I work three jobs, have a family, and am taking 13 hours. Making a special trip to OCCC is out of the question and even arriving early enough before a class to make a lab reservation is sometimes hard to do.

Can the Biology Lab move to the 21st century and allow a means to sign up for a lab time without being physically present? If not, why not?

—RANDY BURGHART  
OCCC STUDENT

### To the Editor:

I am writing in frustration to the frugal Valentine's Day dining options as published in an article by Mary McAtee in your publication last week.

Since OCCC is located in south Oklahoma City, I hoped to maybe hear about some new restaurants located in this area, or maybe some old favorites.

But instead, Ms. McAtee elected to talk about the same preppy, hipster, northside crap that's shoved down our throats on a daily basis. I was disappointed, to say the least.

South OKC has a plethora of great restaurants to offer, whether the occa-

sion is Valentine's Day or just a regular outing with friends and co-workers. Off the top of my head, there's Panang located at SW 89 and Penn, where you can get the best Thai food this side of the globe.

There's plenty of ethnic restaurants to go around, too, like Ted's (Mexican) on South Western and Carino's (Italian) on South Walker. And if you're just looking for a good ol' burger, you can't beat Johnnie's off I-240 or Earl's off I-35 in Moore. It's time to stop giving north OKC all the credit and making this side of town look like the slums.

—NAME WITHHELD BY REQUEST

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**Opinions** expressed are those of the author and do not necessarily represent those of the **PIONEER**, the college or the publisher.

The **PIONEER** welcomes **letters** to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The **PIONEER** will withhold the author's

name if the request is made in writing.

The **PIONEER** has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the **PIONEER** office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S. May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to [editor@occc.edu](mailto:editor@occc.edu) with a phone number for verification included. The **PIONEER ONLINE** also can be accessed at [www.occc.edu/pioneer](http://www.occc.edu/pioneer).

Vol. 40 No. 22



# COMMENTS AND REVIEWS

FROM THE VAULT CD REVIEW | Linkin Park CD holds strong 12 years later

## Years later, 'Hybrid' still ear candy

At a time when the “nu-metal” genre was bursting on to the scene in the late '90s and early 2000s, Linkin Park proved that not all were the same with their debut album “Hybrid Theory.”

Rarely do you find an album where all songs could be considered classic, yet “Hybrid Theory” is one of the few.

Becoming the 21st century's highest-selling debut album with more than 24 million copies sold worldwide and already featured on numerous must-listen-to lists, Linkin Park's 2000 release is making its case as one of the best albums in recent memory.

Casual fans all know the songs that put Linkin Park in the spotlight as “Hybrid Theory” is home to the singles “One Step Closer,” “Crawling,” and “In The End,” but what wasn't released is what makes this album one of a kind.

To highlight any one song would be a crime as each and every track on “Hybrid Theory” is equally worthy of mention.

From angst-ridden intensity

to well-paced moments of distress, this album encapsulates every feeling both musically and emotionally.

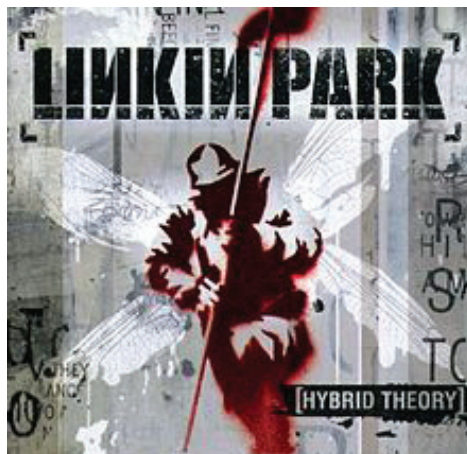
Perhaps one of the most underrated aspects of the album is the inclusion of their DJ, Joe Hahn.

Hahn provides a subtle level of depth on every song that aids in “Hybrid Theory's” signature sound – and without it – might have left this album falling a little flat.

That's not to discredit anyone else's contributions — vocalist Chester Bennington puts on a show with his slashing screams and singing ability, carrying songs to unparalleled levels.

Mike Shinoda intersperses his unique flow throughout, showing exactly how rap-rock isn't always a bad thing.

The mixture of Bennington, Shinoda, and Hahn are cast over solid instrumentation, creating an incomparable sound that has not since been replicated successfully



— even by Linkin Park themselves.

“Hybrid Theory” paves the way for other bands by displaying how a unique sound, great production and meaningful lyrics aren't mutually exclusive.

The one and only problem with “Hybrid Theory” is that it clocks in at a lowly 37 minutes and 52 seconds. This may be part of the album's allure, however, as it keeps you wanting — and wishing — for more.

**Rating:** A+

—MORGAN BEARD  
STAFF WRITER

RESTAURANT REVIEW | Couscous Café 'one of a kind' in local dining

## Moroccan cafe tasty and smoke free

Genuine.

That's the one word that singlehandedly describes Couscous Café, a Moroccan-themed restaurant located in the corner of 6165 N May Ave. in Oklahoma City.

After having visited it numerous times, I've at last come to the belief that Couscous Café meets all the qualities of a recommend-worthy locale.

It's more than just a place; however. Couscous Café is an experience.

Once there, your senses are suddenly in an unfamiliar but ever-so-pleasant state of being.

Your ears are listening to the Arabic words and drum beats that make up traditional Moroccan music. Your eyes are discovering the look of traditional Moroccan



décor. And, most importantly, your mouth is savoring the more-than-delicious tastes of traditional Moroccan cuisine.

Moreover, as though that weren't enough, it's smoke- and alcohol-free environment and its friendly service make for an ideal outing for the entire family, whether one full of meat lovers or vegetarians.

The menu encompasses a mix-

ture of combinations you wouldn't imagine. From original Moroccan salads and soups to Moroccan sandwiches and platters, Couscous Café is bound to have something you'll fall in love with.

If you are yet to be sold, try their authentic Moroccan tea. Either iced or hot, you'll never think any other tea as

real tea again.

Couscous Café is currently the only of its kind locally. And, honestly, that's all you'll ever need. It's genuine, I tell you.

For further scrumptious details, visit [www.couscouscafeokc.com](http://www.couscouscafeokc.com).

**Rating:** A

—NADIA J. ENCHASSI  
ONLINE WRITER

View from the  
**PRESIDENT'S  
OFFICE**



## Applications being taken for leadership class

The future of our community, state and nation depends on having a strong economy, a safe environment and a just system of law and order — just to name a few issues. It also depends on having skilled leaders at all levels.

At OCCC, we take our responsibility to lay the groundwork for our students to be ready to take prominent leadership positions, not only through intellectual development, but also by providing opportunities to learn specifically about leadership.

The President's Leadership Class at OCCC is a course offered during the fall semester designed to develop and enhance leadership skills for a select group of students.

I believe there is leadership potential in all of us. Leadership is something that can be learned, and it is not something that only special people are born with.

If you have a desire to make a positive change in the world or in your corner of the world, this class will provide you with additional tools to understand what is required to help make a difference.

The class does have some prerequisites and requires you to apply and be selected. If you are interested in the class, please contact Erin Logan at 405-682-7596 or [elogan@occc.edu](mailto:elogan@occc.edu).

—PAUL SECHRIST  
OCCC PRESIDENT

### TOP 20 ALBUMS

[www.yahoo.com](http://www.yahoo.com)

1. *The Fame Monster* (Lady Gaga)
2. *E.N.D.* (The Black Eyed Peas)
3. *Animal* (Ke\$ha)
4. *Raymond v Raymond* (Usher)
5. *My World 2.0* (Justin Bieber)
6. *Recovery* (Eminem)
7. *The Fame* (Lady Gaga)
8. *Shock Value II* (Timbaland)
9. *Need You Now* (Lady Antebellum)
10. *B.O.B. Presents: The Adventures of Bobby Ray* (B.O.B.)
11. *Only By Night* (Kings of Leon)
12. *The Foundation* (Zac Brown Band)
13. *Battle Studies* (John Mayer)
14. *Ready* (Trey Songz)
15. *The Element of Freedom* (Alicia Keys)
16. *Ocean Eyes* (Owl City)
17. *In Between Dreams* (Jack Johnson)
18. *Crazy Love* (Michael Buble)
19. *Fearless* (Taylor Swift)
20. *Dark Horse* (Nickelback)



RESTAURANT REVIEW | Southside icon still serves up the best burgers in town

# Johnnie's Charcoal Broiler treats tastebuds

Thick cheeseburgers, juicy hot dogs and grilled cheese sandwiches. What more could a college student ask for?

Just a hop, skip and a jump away from OCCC is Johnnie's Charcoal Broiler, located at 421 SW 74 Street.

Johnnie's has been a local favorite for as long as I can remember but much like an old friend, we'd drifted apart over the years.

But unlike some old friends, I was thrilled to find that on a recent visit, good ol' Johnnie hadn't changed a bit.

Just walking into the place is reminiscent of younger days. You go through a school cafeteria-esqueline, where you immediately place your order, pay, and get your drink before you even sit down.

Unlike a school cafeteria, though, you don't have to worry about any mystery meat here.

From southern comfort food favorites to fancy salads topped with feta, Johnnie's truly has a little something for everyone.

But, with apologies to the vegetarians out there, nothing

comes close to the burgers.

There are 13 basic burgers to choose from, ranging from the original \$4.39 hamburger to the \$5.99 double burger, and countless combinations in between.

The beef patties are thick, juicy, and cooked to perfection. Cheeseburgers are topped not with a floppy slice of processed cheese, but rather a heaping handful of freshly shredded cheddar.

The options go from the traditional, like a burger with mustard, pickles and onions, to the fantastical — like a Caesar burger with lettuce and dressing.

For \$6.95, you can even pick your three favorite flavors and have them presented to you on a single platter as miniature sliders.

And actually, vegetarians, I revoke that earlier apology: Johnnie's even offers a veggie burger, so there truly is something for everyone.

Despite my self-proclaimed status as a hot dog connoisseur, it's hard for anything to top the delicious burgers — though

the frankfurters certainly give them a run for their money.

With prices ranging from \$4.39 to \$5.39, the hot dogs at Johnnie's are all foot-longs topped with various condiments, served atop a delicious bun.

And for the traditionalists out there, you can even order a steaming grilled cheese and cup of homemade chicken noodle soup, perfect for a dreary winter day or for those looking to reminisce about simpler times.

When you order, keep in mind that sides like French fries, onion rings, and homemade potato chips are sold separately, and can be a little on the pricy side. However, even a small side of the fries, at \$2.19, is a very generous portion, and incredibly delicious with a juicy bacon cheeseburger.

Drinks start as low as 99 cents for soda, and since customers dining in can refill as many times as they like, there's no need to splurge for the larger cup.

So next time your stomach's growling for a juicy burger,



salad, or even just a grilled cheese, take a short drive down I-240 and stop by Johnnie's. Your taste buds — and your

wallet — won't regret it.

**Rating:** A+

—WHITNEY KNIGHT  
ONLINE EDITOR

RESTAURANT REVIEW | Tucked away in a shopping center, restaurant a great late-night hangout

## Séan Cummings' Irish pub a hidden treasure

My friends and I were looking for a new late-night hangout after becoming unsatisfied with our usual restaurant. We found Séan Cummings' through urbanspoon.com and decided to try it out.

The building is a little hard to find. Located at 7523 N May Ave (on the corner of May and Grand), it's in a little shopping center, with a tiny Irish flag above it that reads "Irish Pub."

The entrance has two doors — a blue one leading to the pub and a red one leading to the Italian restaurant next door.

When we walked in, we were greeted with singing and the strumming of a guitar and cello.

The room was crowded with people listening to the live music. Since there were six in our group, it was a bit difficult to get



a seat for all of us in one place.

I ordered a burger and chips (thick fries, not potato chips). The chips were OK, but the burger was thick, juicy, and delicious with a mild peppery taste.

After dinner I had their specialty cheesecake. I was served a small round cheesecake drizzled in chocolate.

The cheesecake had a top layer of chocolate and an Oreo crust. The cheesecake itself was blended with Bailey's and Oreo crumbs.

The live music was fantastic. Five or six different musicians played, and we heard a medley of country, folk, and blues.

Unlike the restaurant itself, the bathrooms are quite spacious. If you're the type to read what's on the bathroom walls, you can learn about upcoming events at the restaurant.

When we left the restaurant, my friends and I agreed that although Séan Cummings' is in a tiny building, we will keep going back for the food and music.

**Rating:** A

—MARY MCATEE  
STAFF WRITER

### TOP 20 MOVIES

weekend of Feb. 11 through 13  
www.yahoo.com

1. *The Vow*
2. *Safe House*
3. *Journey 2: The Mysterious Island 3D*
4. *Star Wars: Episode I - The Phantom Menace*
5. *Chronicle*
6. *The Woman in Black*
7. *The Grey*
8. *Big Miracle*
9. *The Descendants*
10. *Underworld: Awakening*
11. *Red Tails*
12. *One for the Money*
13. *The Artist*
14. *Hugo*
15. *Extremely Loud and Incredibly Close*
16. *Man on a Ledge*
17. *Contraband*
18. *The Iron Lady*
19. *Beauty and the Beast*
20. *Mission: Impossible: Ghost Protocol*



283 POUNDS LOST IN THE HEALTHIER ME PROGRAM WITH MORE TO COME

# Spring brings a lighter campus

WHITNEY KNIGHT  
Online Editor  
onlineeditor@occc.edu

OCCC is looking a little slimmer.

More than 200 students, faculty and staff members lost 283 pounds over the course of Healthier Me at OCCC, the college's first campuswide fitness challenge.

In the past 17 weeks, contestants sweated it out by working out in the gym, joining exercise classes, and attending lunch-and-learn sessions to gain wellness knowledge, said Marlene Shugart, Health and Fitness specialist.

The results were "extremely satisfying," Shugart said.

Although the college has held faculty-focused weight loss challenges in the past, she said, Healthier Me at OCCC was the first to not only offer students a chance to get involved, but also the first to push a healthier life as well as a healthier waistline.

"We didn't want to focus purely on weight loss," Shugart said. "We wanted to get people's lives healthier."

Because of that, she said, Healthier Me participants competed for the chance to win prizes in two categories: overall weight loss and overall participation.

The award for weight loss went to English Professor Stephen Morrow, who lost

18 pounds — about 9 percent of his starting weight — during the challenge.

Shugart said contestants earned entries for the participation award by working out, participating in fitness classes like Zumba, weighing in weekly and answering email questions.

That award went to another English professor, Tonya Kymes, whose name was entered a total of 72 times.

Both were presented \$100 Wal-mart gift cards from Human Resources Vice President Gary Lombard during the recent Health and Wellness Fair in the College Union.

And although Healthier Me has ended, students and staff members will have plenty of time to get fit beginning Feb. 20 with the Grand Slam Wellness Challenge.

Recreation and Fitness Assistant Jenny Kellbach said unlike Healthier Me at OCCC,

“We wanted to get people’s lives healthier.”

—MARLENE SHUGART  
HEALTH AND FITNESS SPECIALIST

the Grand Slam Wellness Challenge is focused entirely on creating — and maintaining — a healthy lifestyle.

"For some strange reason, people were turned off by weigh-ins every week," Kellbach said with a laugh.

As its name implies, the Grand Slam carries with it a baseball theme.

Rather than participating individually, she said, partakers sign up in teams of four that can consist of any combination of students, faculty and staff members, and friends and family members over 16.

Kellbach said every week, teams will be given a bingo-like score card with challenges like "swim for 20 minutes" and "order steamed vegetables instead of French fries" printed

on them.

Points given from completing the activities — which will increase in difficulty each week — will contribute to the team's averages, she said.

When the challenge ends April 27, Kellbach said, the two teams with the highest averages will compete in a wiffle ball tournament to win a "really big" trophy and possibly other prizes, like Oklahoma City RedHawks tickets.

"It's going to be a lot of fun," she said.

"We hope a lot of people will participate."

For more information or to sign up for the OCCC Grand Slam Wellness Challenge, stop by the Recreation and Fitness Center just north of the General Dining area, or contact Jenny Kellbach by calling 405-682-7860 or emailing her at jkellbach@occc.edu.

## Healthier eating just steps away

### 1. Check your food 'tude

What we eat and how we feel are linked in very complex ways. A healthy approach to eating is centered on savoring flavor, eating to satisfaction and increasing energy, rather than focusing on weight. Check your balance of low-calorie foods, nutrient-dense foods (providing many nutrients per calorie), and foods that are calorie dense but nutrient poor. Most Americans need to eat more fresh whole foods (in contrast to processed, highly refined foods). Try to add more whole grains, fresh fruits and vegetables, and legumes into your meals. Pair these carbohydrate-rich foods with a healthy fat or lean protein to extend satisfaction.

### 2. Eat like a kid

If adding more fruits and vegetables sounds ominous, look to "finger food" versions that preschool kids love — carrot and celery sticks, cherry tomatoes, broccoli florets, grapes, berries and dried fruits. All are nutritional powerhouses packed with antioxidants.

### 3. Be a picky eater

Limit saturated fats and trans fats, and aim to eat more foods rich in anti-inflammatory omega-3 fatty acids to cut your risk of cardiovascular disease and maybe even improve depressed moods. Adding up to 2 tablespoons of ground flaxseed and eating meat, milk and cheese from grass-fed animals will provide you with a healthy dose of omega-3s.

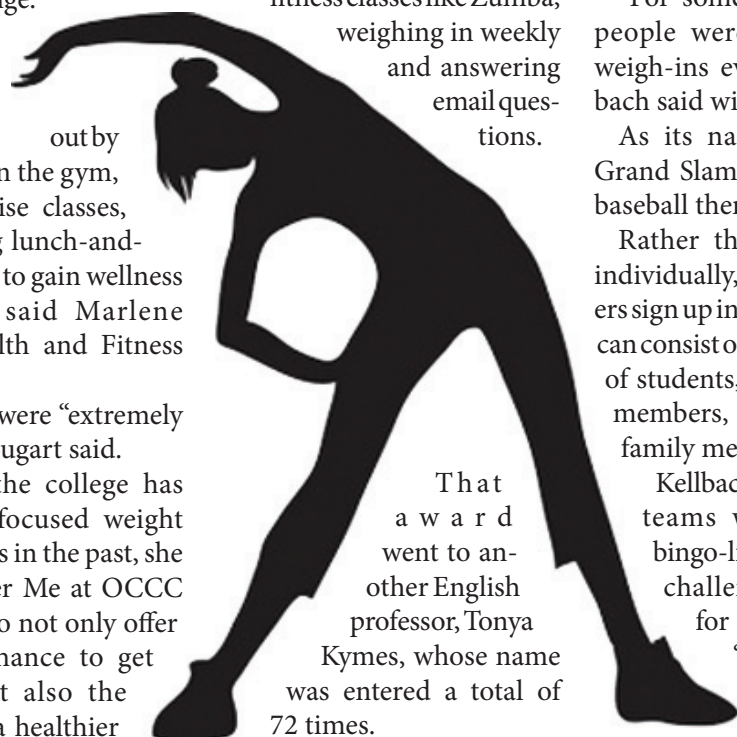
### 4. Use foods over supplements

Supplements are not a substitute for a good diet. Although many health experts recommend taking a multivitamin and mineral supplement that provides 100 to 200 percent of your recommended daily value, each and every supplement should be carefully evaluated for purity and safety. Specific supplements have been associated with toxicity, reactions with medications, competition with other nutrients, and even increased risk of diseases such as cancer, heart disease and diabetes.

### 5. Get satisfaction

Both eating and physical activity are fun, sensory experiences. In both, aim for pleasure — not pain. Pay attention to the nutritional value of the foods you choose to eat, as well as your sense of satisfaction, relaxation, tension, exhilaration and fatigue when you eat. Check in with yourself as you eat, rekindling your recognition of hunger, fullness and satisfaction when considering when and how much to eat.

—Courtesy life.gaiam.com



STUDENT EMPLOYMENT AND CAREER SERVICES

**OPTIMAL RESUME**

[www.occc.optimalresume.com](http://www.occc.optimalresume.com)

Students' access ID is their OCCC email address  
example > john.t.doe@email.occc.edu

**Resumes Cover Letters Interview Skills**



## The spirit of New York

Stuart Braud, 20, Mariah Abram, 20, Niki LeGree, 20, and Elliott Koskie, 21, rehearse a song and dance recently for the upcoming campus production of Frank Dunlop and Jim Dales' "Scapino".

The comedy, set in 1920s New York, will be directed by guest John Haque.

"Scapino" will be performed at 7:30 p.m. Feb. 23 through Feb. 25, in the Bruce Owen Theater. The admission price is \$5 for students and \$10 for general admission seating.

Thursday, Feb. 23, will be a free showing for all students, faculty, and staff.



CHRIS JAMES/PIONEER

SO...

# YOU WANT A MACBOOK AND \$2,000?

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**TFCU**  
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## 8 STUDENTS PLACE IN STATE BROADCASTING COMPETITION

# Students receive recognition for work

SARAH HUSSAIN

Senior Writer  
seniorwriter@occc.edu

The Oklahoma Broadcast Education Association recently announced the 2011 Student Competition award winners and OCCC came home with five placings.

"The whole purpose of the competition that started years ago was to give students recognition of quality work so when they graduate they have items on their resume that pertain to their major," said Rick Allen Lippert, Video Production adjunct professor.

The 21st annual competition was held for outstanding work in television, radio, interactive media and script writing by Oklahoma college students.

Gwin Faulconer-Lippert, Mass Media Communications professor, said the competition is for both two- and four-year colleges.

"There is no distinction between school size," she said.

Ashley Cleveland, Brantley Cunningham, Shea Huntman, Mary McAtee, Erin Peden, Joniel Prouty, Crystal Rodriguez, and Emily Schorr will be recognized as OCCC's winners on March 8 at the awards presentation during the Oklahoma Association of Broadcasters Convention in Oklahoma City.

"It feels great to be a winner," said Crystal Rodriguez, broadcasting major.

"I didn't expect we were going to win anything because we had a lot of mess-ups."

Rodriguez, Cleveland, Huntman and Prouty made a podcast titled, "The Tattoo Issue" for their audio production class.

"The topic we had to talk about had to be something controversial," said Ashley Cleveland, public relations major.

"We wanted to be original."

Lippert said, everything he and Faulconer-Lippert entered



PHOTOS BY CHRIS JAMES/PIONEER

Recipients of Oklahoma Broadcast Education Association Awards for 2011 by OCCC students. (Left to right) Mary McAtee, Emily Schorr, Shea Huntman, Ashley Cleveland, Joniel Prouty, Crystal Rodriguez and Erin Peden gather in the OCCC Podcast Room on Feb. 23. Not pictured is Brantley Cunningham. A total of five awards will be presented to the students on March 8 at the Oklahoma Association of Broadcasters Convention to be held in Oklahoma City.

“

**The whole purpose of the competition that started years ago was to give students recognition of quality work so when they graduate they have items on their resume that pertain to their major.”**

—RICK ALLEN LIPPERT

VIDEO PRODUCTION ADJUNCT PROFESSOR

under the television and radio categories are projects they assigned in their audio and video production classes.

Erin Peden, journalism and photography major, won for a radio commercial that she created titled, "Textbook Companion."

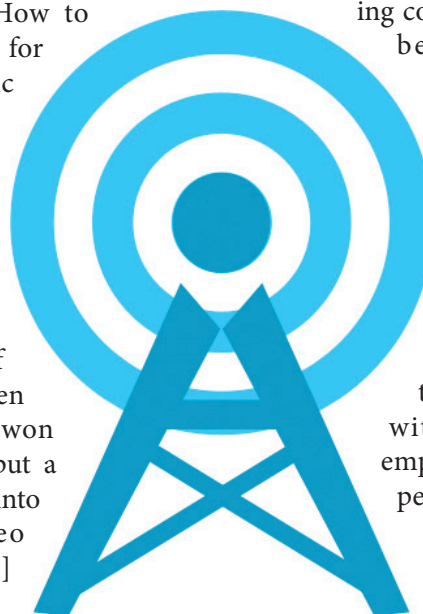
"I really like writing and I wanted to make something creative," Peden said.

"I feel like all my hard work, all the hours I spent in the audio booth, have paid off."

The professors and students alike agreed that the extra work put into their projects is what made them stand out.

"My video that was entered, "How to Ollie," was for this specific purpose," said Emily Schorr, public relations major.

"I was really proud of myself when I heard I won because I put a lot of work into this [video production] class."



Lippert said the upcoming convention will be extremely beneficial to the students.

"It's [also] a job fair, an opportunity for students from all over the state to go and meet with potential employers," Lippert said.

"The people at the job fair are all from

TV and radio companies.

"We have students get jobs directly from the entries made because some of the judges on the panels are program directors, the ones that have the hiring power," he said.

Faulconer-Lippert and Lippert are proud of their students' success.

"Many times winning this competition is an indicator of their success in the future," Faulconer-Lippert said.

"It might be because of their success in the competition that they go on to take themselves more seriously when it comes to broadcasting."

For more information on the Oklahoma Association of Broadcasters or the awards associated with the convention, visit <http://www.oabok.org> or call their offices at 405-848-0771

You can also stop by 6520 N. Western, Ste. 104, in Oklahoma City.



## SPORTS

## Getting heavy



CHRIS JAMES/PIONEER

Buisness major Tucson Redd, 30, demonstrates an exercise for biology major Scott Peake, 26, on Feb. 9. OCCC's weight room offers freeweights, as well as machines. The weight room offers free services to all students, faculty and staff with proper ID.

**SPORTS** | Abs Express class designed to strengthen abs and improve lower back strength

## Class boasts 20-minute workout

**BRANDON WILLIS**

Sports Writer  
sportswriter@occc.edu

Students, faculty and staff that wish to get in shape but don't have much time on their hands have some options.

The Abs Express class is offered for \$20 per month in the Recreation and Fitness area. The class lasts only 20 minutes on Mondays and Wednesdays from 5:05 to 5:25 p.m., Health and Fitness Specialist Marlene Shugart said.

If you have purchased the Group Fitness Pass then the class is included in the \$50 price, she said.

The Abs Express class is designed to strengthen all of your abdominal muscles as well as improve your lower back strength, according to the OCCC Spring Fitness & Enrichment program.

This class is designed for all fitness levels which should encourage all to

attend, Shugart said.

"It really helps improve lower back strength and it's great for working your entire core," Shugart said.

Most would think that it would be a rip off to pay \$20 to workout for twenty minutes but Shugart said she believes it is worth it.

"When you're working on your abs, you don't sit there and do abdominal work for an hour," Shugart said. "Come for 20 minutes and you will start seeing results if you stick with the class."

Some students would be more inclined to purchase the Group Fitness Pass. The Group Fitness Pass includes 16 different class options for \$50 per semester.

On the other side of the spectrum, some students are enticed by the intense but short class period.

"I think it is attractive because it is

“

Come for 20 minutes and you will start seeing results if you stick with the class”

—MARLENE SHUGART  
HEALTH AND FITNESS SPECIALIST

only 20 minutes and it really packs a punch,” Shugart said.

The class varies each class period depending on different variables.

"What you do in the class all depends on the instructor," Shugart said. "Every class is different. You do not want them to get bored."

The class is limited to 25 because of limited access to equipment such as mats and workout balls. Shugart, said there is still room to sign up for the class in February.

For any more information involving the Abs Express or any other fitness classes, you can contact the Wellness Desk at 405-682-1611 ext. 7310.

## UPCOMING INTRAMURALS EVENTS

**Feb. 22-25:** Mountain West Conference Championship Swim Meet. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

**Feb. 25:** OCCC Club Soccer Season begins. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

**March 1-3:** NAIA National Championship Swim Meet. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

**Mar. 2:** CoRec Intramural Volleyball. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

All event news is due  
Monday by 5 p.m. for  
inclusion in  
the next issue.

Email  
sportswriter@occc.edu.

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ext. 7676**



# Thefts, including gas, reported to police

SARAH HUSSAIN

Senior Writer

seniorwriter@occc.edu

The end of January brought a large number of incidents to the campus police.

On Jan. 26, Bursar employee Debbie Dutton reported that gas had been siphoned from her vehicle in the West C parking lot, according to a report filed by Sgt. Kevin Tipton.

According to the report, Dutton didn't notice the incident had occurred until she arrived home after work on an empty tank. She said she was certain she had three-quarters of a tank when she arrived at work that morning.

Tipton reviewed an area security camera and spotted a Ford F-250 pickup with running boards and chrome wheel accents that he reported as the

suspect's vehicle. According to the report and the surveillance video, the suspect moved from parking lot to parking lot.

When police officer Kevin Hammond drove to the area, the suspect drove away from campus. According to the report, Hammond's police car was spotted in the tapes at 6:06 p.m.

Around 10:30 p.m. Jan. 30 Stacey Schubach, a full-time Physical Science lab employee, reported her purse had been stolen.

Schubach said when she arrived at work at 6:30 p.m. she placed her denim purse adorned with white stripes and flowers in the employee break room of the Physical Science Lab by room 1B2.

Tipton reported that along with student identification cards, a debit card and some schoolwork; the value of the property taken was estimated at \$350.

At noon on Feb. 1, security officer Fredrick Evans

was dispatched to the Wellness Center to take a larceny report.

OCCC Student Daniel Martinez said his wallet was stolen from the men's locker room when he left it unattended on a bench to wash his hands.

College employee Khari Huff reported she noticed the suspect exiting the locker room at a brisk pace, according to the report.

While Evans was recording the report, an individual approached him, handing him a wallet he said he found on top of a trash can inside the locker room.

Martinez identified it as his wallet and said no items were missing. About an hour later, Chief James Fitzpatrick saw the suspect near the main entrance and asked to speak with him. The suspect denied any knowledge of the missing wallet from the locker room.

To report a crime, use any blue call box located around campus or in the parking areas.

## Rules: Financial aid changes present some problems

*Continued from page 1*

high school diploma, or have completed high school through homeschool in order to receive federal financial aid, he said.

Case said he feels this is a major concern, due to the mandatory tests now being required for students to obtain

their high school diploma.

"If a student can't pass that test, they're going to be unable to come here and get aid. And they're not going to have time to test into, enroll in and pass the GED classes before the fall semester starts," he said.

Case said this requirement does not apply to returning

students, who can be grandfathered in on their previous college experience, "as long as they took a class that counts toward a major."


That presents an unusual

problem, he said. "While returning students have the advantage of being grandfathered in under the old requirements, they also have a limited amount of Pell to work with or may have

already used it up."

For more on the changes or any Financial Aid issue, call Student Financial Support Services at 405-682-7525 or visit [www.occc.edu/FinancialAid](http://www.occc.edu/FinancialAid).

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This message is brought to you by the International Association of Fire Fighters. **Harold A. Schaitberger**, General President

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# CAMPUS COMMUNITY

## Democracy at work



CHRIS JAMES/PIONEER

The Awesome Table organized a pizza party by using Facebook.com on Feb. 8. The Awesome Table is a club formed by students without the help of Student Life. Posing from left to right: Kerese Prince, Sierra Biasas, (kneeling) Heather Phariss, Luis Perez, (far back) Ryan Mass, Jessica Robertson, Dennis Tran-Vu, Jason Palmrose, Peter Doan, Amy Piatt, Juan Carrillo, Brandon Burt and Martin Nguyen.

## CAMPUS HIGHLIGHTS

### Black History Month buttons

The Black Student Association is handing out buttons for Black History Month in the Main Building outside of the Communications Lab in the month of February. For more information, call Student Life at 405-682-7523.

### Personal Strengths to be explored.

OCCC will host Strengths Quest seminars at noon during the last two Mondays in February. "Exploring Your Strengths" is on Feb. 20 in CU1, and "Implementing Your Strengths" is on Feb. 27 in CU1.

### Service Day: Christmas Connection

Student Life is holding a service day from 8:30 a.m. to 4:30 p.m. on Saturday, Feb. 18. The event will meet in the offices of Student Life located on the first floor of the Main Building. For more information, call Student Life at 405-682-7523.

### Brown Bag: Eating Disorders

Student Life is hosting a workshop at noon on Wednesday, Feb. 22, in CU1. The discussion is "Eating Disorders." Bring your lunch. For more information, call Student Life at 405-682-7523.

**All Highlights are due Monday by noon for inclusion in the next issue.**

**Email your event to  
communitywriter@occc.edu.**

**COMMUNITY** | Increase in revenues does not mean an increase in budgets

# TLC meeting discusses rise in state revenues

**YVONNE ALEX**

Staff Writer

staffwriter3@occc.edu

Gun control, campus improvements and funding were just some topics at The Leadership Council's meeting, Feb. 9.

More than 15 student groups were represented by the council. One from each of the clubs on campus.

The meeting opened with TLC president Chris Hanna welcoming guests and club representatives.

Hanna said the 'Get Motivated' seminar will be on Feb. 16 and each representative would be able to attend compliments of the college.

Guest speaker President Paul Sechrist received a warm welcome assuring the group that one of his top priorities is looking out for the best interest of students, faculty and staff.

Sechrist spoke about current legislation on gun control, which would allow campuses to decide whether to permit conceal or open carry on site.

"We have the authority to change (OCCC Policy) if we want to, but we do not," Sechrist added.

"It simply comes down to your safety."

Sechrist noted the many campus improvements over the past five years.

"I would say that many of the really, really good ideas have come from our students. That's where the VPAC and childcare center came from," Sechrist said.

"We are the only college or university in our state that provides a childcare center (for students). We need to make sure that we have adequate care for the children of our students.

"We have creative things going on. For example, we freeze water in underground tanks around the library. Then during the peak times of the summer we flip the switch and use those tanks to cool the library rather than OG&E. It saves tens of thousands of dollars," Sechrist said.

"We are a state funded institution, it's legislation time and I am out there not only discussing money, but what is important to everyone on campus," Sechrist said.

As a campus, OCCC offers staff and faculty competitive salaries, but the economic shortfalls have affected everyone, he said.

"Last year was the third consecutive year of lowered funding. We are working through the hard economic times and we're happy to say that state revenues are

“

**I would say that many of the really, really good ideas have come from our students.”**

—PAUL SECHRIST  
OCCC PRESIDENT

up. We're nowhere near where we were three years ago, but still we may not see any (budget) cuts," Sechrist said.

He then thanked Dr. Marion Paden, vice president of Enrollment and Student Services and TLC sponsor, for her ability to negotiate very competitive rates with the companies that provide the mandatory costs such as electric and water.

Sechrist wrapped up his presentation by handing the representatives a coupon for a free drink at the coffee shop on campus.

Stuart Harvey, executive director of Planning and Research, will visit TLC's next meeting for a listening session to get students' ideas and return with a draft, at a future meeting, for discussion.

Visit <http://occc.campusgroups.com/tlc> to learn more about TLC. The next TLC meeting will be at 12:30 p.m. on Feb. 23 in CU1.



# CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Mondays prior to the publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail [adman@occc.edu](mailto:adman@occc.edu).

## AUTOMOTIVE

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## ELECTRONICS

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# THIS WEEK'S PIONEER PUZZLE

## Stephen King Movies

Find and circle all of the Stephen King Movies that are hidden in the grid. The remaining letters spell a secret message.

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M A X I M U M O V E R D R I V E T E Q C E  
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T A Y N F I W O H S P E E R C O I T N R U  
R N D A R O S T A N D B Y M E C M O E R U  
B G Y L N O L G W E O D A Y K I D M E I T  
R O R T I T B N S R J E L S S A I M D E E  
E L A A G H S I H E U A I E R I T Y F N L  
N I T N H E K N A S C L R K W A O K U I L  
N E A I T S C I N L V Y H O D P L N L T U  
I R M S F T U H K E C A H E E T S O T S B  
H S E T L A R S R D L S C A R P M C H I R  
T R S R I N T H E F P R E I E U E K I R E  
E W T A E D I H D E I C H R S P L E N H V  
W A E E R G R E E N M I L E O I A R G C L  
S S P H H T E R M P H E N K R L S S S I  
N G S W F I C R P M A N G L E R O S T P S  
U B A F I R E S T A R T E R L I S D H E D  
E Y E S T A C N I S R E K L A W P E E L S  
N R O C E H T F O N E R D L I H C O V E L  
E N O Z D A E D N R E H C T A C M A E R D

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CARRIE  
CAT'S EYE  
CHILDREN OF THE CORN  
CHRISTINE  
CREEPSHOW I  
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CUJO  
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DEAD ZONE  
DOLORES CLAIBORNE  
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FIRESTARTER  
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LANGOLIERS  
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MAXIMUM OVERDRIVE  
MISERY  
NEEDFUL THINGS  
NIGHT FLIER  
PET SEMATARY  
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