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STUDENT LIFE

ALCOHOL AWARENESS

This week at OCCC is all about alcohol awareness. See what Student Life has planned and learn more about what you can do to become more responsible.

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IT'S YOUR CHOICE

More than 250 people died in Oklahoma last year because of drunk driving. Lawmakers and police officers can take steps to lower that number, but ultimately, it's up to you.

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FIGHTING DEPRESSION

Student Support Services will hold free depression screenings Oct. 26 and 27. Counselors say depressive symptoms are typically higher during the winter months.

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After a sloppy first half, OCCC pulled it together to outlast Rose State 3-2. Find out who the team's top scorer was.

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OKLAHOMA CITY COMMUNITY COLLEGE

PIONEER

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WWW.OCCC.EDU/PIONEER

COVERING OCCC SINCE 1978

Students learn firsthand effects of alcohol

JUSTIN COMBS

Editor

editor@occc.edu

Sometimes, field sobriety and breathalyzer tests given to someone under the influence of alcohol don't lead to jail. Sometimes, they lead to gaining knowledge.

That was the case on Oct. 2, when a group of young people gathered at a friend's house to learn about the effects of alcohol firsthand.

Oklahoma City Police Sgt. Greg Giltner joined a group of Pioneer reporters and friends to explain the effects of alcohol consumption.

Giltner said a typical DUI offender drives intoxicated 80 times within a year.

As of Oct. 8, he said, 2,081 people had been arrested for Driving Under the Influence of alcohol in Oklahoma City.

He said the average DUI arrest results in a person registering 0.15 blood alcohol content (BAC) blowing a breathalyzer test — almost double the DUI threshold of 0.08.

Giltner said no one is actually pulled over for drunk driving, but for traffic violations. Then, if an alcoholic odor or if other physiological signs are detected, field sobriety tests are given.

"Sixty-five percent of impaired drivers drive without headlights on," he said. "Fifty-five percent straddle lanes."

See **ALCOHOL** page 7

Hands on instruction



JENNIFER PEARSALL/PIONEER

Jeremy Queen, engineering lab assistant, shows students how to operate metal fabrication equipment. The Center for Engineering and Advanced Technologies Education offers a metal fabrication workshop to all students. For more information call 405-682-1611, ext. 7483.

LIBRARY, ACADEMIC LABS ANNOUNCE HOURS OF OPERATION DURING THE BREAK

First OCCC fall break scheduled Oct. 15, 16, 17

ALICIA SMITH

News Writing

School is out Thursday, Friday and Saturday, Oct. 15 through 17, for the college's first official fall break, said OCCC President Paul Sechrist.

The time off coincides with fall break for most public schools in the

area.

Sechrist said in the past, instead of a fall break the college had a longer Thanksgiving holiday.

However, he said, The Leadership Council student leaders recommended the college have a mid-October fall break to better parallel schools in the area.

"Having differing times for breaks at institutions in the same area can be a hardship for families wanting to take a break together," Sechrist said in an e-mail.

For students wanting to spend the time off studying, the Keith Leftwich Memorial Library and many aca-

demic labs will still be open.

The library will open from 8 a.m. to 5 p.m. Thursday and Friday and from 9 a.m. to 3 p.m. Saturday, said Emily Lewis, library circulation assistant.

The Student Computer Center will open

See **BREAK** page 9

TEST CENTER

MIDTERM HOURS SET

While the college will not hold classes Oct. 15, 16 and 17 for fall break, the Test Center will be open for students' convenience.

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OPINION

EDITORIAL | The responsibility lies with you

One for the end of the road

Two hundred and sixty-two vehicle fatalities in 2008 in Oklahoma were the result of a drunk driver, according to the Oklahoma Highway Safety Office.

A staggering 11,2773 people died nationally in 2008 because of drunk driving, according to the National Highway Traffic Safety Administration.

Why do people get behind the wheel of a car after having too much to drink?



JUSTIN COMBS

The problem with drinking and driving is the misguided notion of "it won't happen to me." Clearly the statistics show it happens to a lot of people.

Many of us may have known an unfortunate person who died, or was seriously injured, because of a drunk driver.

Perhaps some of us have known the drunk drivers who have caused such accidents.

Once an individual chooses to drive while under the influence of alcohol, it can affect more than just a driver.

The ripple effect can spread to people you never met. With one blink, one distraction, with one red eye open, you could become someone they'll remem-

ber for the rest of their lives. To have an evening of drinking result in the death of oneself or another is just too costly to waste on a bar tab.

It takes more than just statistics to shake people, especially alcohol lovers, to change their decision to drink and drive.

One's belief system is the barometer by how someone's choices are made to engage in whatever behavior they may.

Small changes make a big difference, not suddenly, but over time a new leaf can be turned and a new be looking through your eyes.

It is not illegal to drink, it's illegal to drink and drive and that's the boundary. It's not an unreasonable one either. Responsibility comes with the privilege to drink, but let's face it — age doesn't make everyone grow up and alcohol can really bring out the worst in people.

Until you have actually been charged for a DUI, with all the hoops to jump through with the courts and enormous cost, trust me, it's not worth the risk whatsoever.

Lawmakers can strengthen the penalties for a drunk driving offense and often do, but it's not going to stop people from bad habits.

It comes down to the individual's decision and that person's alone.

YOUR VOICE | Pathways students go above and beyond

Don't judge the mass, based on a few

To the editor:

It has taken me a few weeks to write this, but a recent occurrence has prompted me to act.

When young people are involved in bad behavior, it is broadcast for the world to see and pass judgment on. When teens become involved in worthy projects, they are sometimes overlooked and taken for granted.

I recently volunteered

to help at the OCCC Arts Festival. We were told our job would include making coffee and tea, seeing to it that the artists were supplied with water, booth sitting to give the artists breaks, and answering the phone to give information to callers.

For three days, I answered the telephone. I didn't have to do any of the other tasks because the teen volunteers from

the Pathways school did it all.

These young people helped at the children's tent, wore the Seemore suit in 96 degree heat, and kept up with the coffee, tea and ice water that they walked out to the vendors and artists. They did all this without complaining about the heat or the work involved. They were actually smiling and happy to be of service.

When I asked if this was an assignment, I was told these young adults were all there by choice.

Principal Carol Brogan and her students are to be commended for their help in making the Arts Festival a tremendous success.

I was proud to work with such a wonderful group of teens.

—NAME WITHHELD BY REQUEST



MARK PARISI/OFFTHEMARK.COM

YOUR VOICE | Language Festival

Culture festival

To the editor:

The World Languages and Cultures Center will have a World Languages Festival in mid-November.

During October, we would like to invite you to contribute resources concerning any aspect of world languages and cultures such as mythology, poems, holidays, language trivia, etc. We will organize and display the information, with your name in front, of the lab during the event week. On the festival day Nov. 16, we will have a drawing for those who have completed a quiz on words of foreign origin beforehand and will be available in the lab mid-October. We also will have a Scrabble Olympics tournament for non-English speakers. Its elimination rounds will take place during late-October. Please sign-up for the tournament in the lab.

We would like to promote awareness of world languages and cultures on campus for students' educational success and personal enrichment.

For more information, please contact Chia-ki Troutman at ctroutman@occc.edu or 405-682-1611, ext. 7104.

—CHIAKI TROUTMAN
WLCC LAB ASSISTANT

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The **PIONEER** welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The **PIONEER** will withhold the author's name if the request is made in writing. The **PIONEER** has

the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the **PIONEER** office, located on the second floor of the Main Building, across from the elevator, mailed to 7777 S. May Ave., Oklahoma City, Okla. 73159, faxed to 405-682-7843, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The **PIONEER** ONLINE also can be accessed on the Internet at www.occc.edu/pioneer.

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COMMENTS AND REVIEWS

FILM REVIEW | The remaining ennead against the machine

Tim Burton delivers another animated masterpiece with '9'

"9" depicts an exhilarating and visually arresting post-apocalyptic tale about a little ragdoll created to continue life after the fall of humans. It was released to theaters Sept. 9.

The film is the latest masterpiece from quirky producer Tim Burton, who is perhaps best known for producing and co-writing 1993's "The Nightmare Before Christmas."

This animated thriller revolves mostly around No. 9, a naïve little sack person who awakens to find himself alone in a dark, desolate world in which an artificial intelligence known as the Great Machine and its underlings have effectively obliterated the human race.

When No. 9 ventures out into the ravaged and barren remains of a once-flourishing city, he quickly encounters another of his breed, the kindhearted and witty No. 2.

Eventually, No. 9 meets the remainder of his predecessors: their cowardly, bullying leader No. 1, the curious and mute twins, No. 3 and 4, sympathetic and nimble No. 5, artistic visionary No. 6, the rebellious and valiant No. 7, and No. 8, No. 1's burly and dim-witted bodyguard.

After No. 2 is captured by a vicious, metal beast before No. 9's oversized, camera lens eyes, he and No. 5 bravely trek across the dreary wasteland in search of their lost comrade.

But their rescue mission goes awry when No. 9 inadvertently awakens the terrifying Great Machine,

the aforementioned monster that ultimately decimated the world.

As the Great Machine raises a new army of mechanical minions, the little ragdolls must band together and uncover their true origin in order to survive.

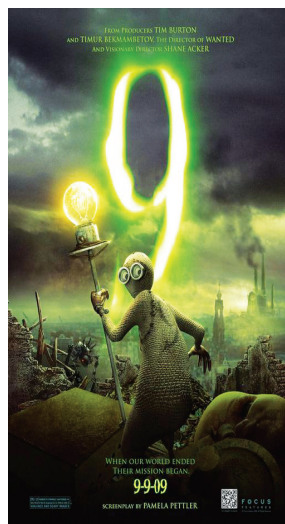
"9" is a smorgasbord of breathtaking animation, intense action, bone-chilling villains, and a simple-yet-compelling plot that could have stretched much further than the flick's mere 80-minute runtime.

That is not to say that "9" is a perfect movie. The ending in particular feels rushed, and is somewhat disappointing when compared to the overall deliberate pace of everything that preceded it.

However, the hauntingly realistic visuals and ever-engaging storyline more than make up for this brief lapse, making "9" a brilliant adventure that should not be missed.

Rating: B+

—WHITNEY KNIGHT
STAFF WRITER



FILM REVIEW | Through the eyes of the victim

'Citizen' keeps viewers on the edge

If you are a person who thinks the justice system doesn't work for everyone, you will enjoy Overture Films' new release, "Law Abiding Citizen."

Gerard Butler plays Clyde Shelton, an inventor and family man. By all outward appearances, Clyde is a mild mannered person.

When his wife and daughter are raped and murdered in a home invasion, Clyde trusts the law to capture and punish the murders.

Philadelphia pros-

ecutor Nick Rice is an up-and-coming lawyer with his eye on eventually becoming district attorney.

When he is assigned to the Shelton case, Nick (Jamie Fox) is told to make a deal with one of the killers in order to win the case.

One killer will die for the crime; the other will be released after a short sentence.

Nick has to be the one to tell Clyde that without the deal, both the killers may be set free. Clyde is not convinced and feels

it is a politically motivated move.

The deal is made, and it is not for the best.

Ten years later, Clyde has had a chance to create a plan not only to get revenge on the criminals, but on all those involved in the injustice he feels he was dealt.

Let the games begin.

This film is rated R for brutal and bloody violence, rape scenes, and pervasive language.

It has all of that and more, but is not done in a way that sensationalizes these violent acts.

It instead shows the pain of a man who has seen his family brutalized and has lost control of rational thought.

Clyde has only revenge on his mind, and he has the means to exact that revenge.

The supporting actors, especially Colm Meaney and Bruce McGill, will be familiar faces to fans of Star Trek and movies such as "My cousin Vinny."

Both are well known character actors, and underline the fine acting of Butler and Fox.

ADVISER'S 411

October is Advising Month and starting Oct. 12, if you are a current OCCC student, you can enroll for your spring and summer classes.

This matters to you because you have a chance to beat the crowds, get advised, get into the classes you want and be prepared for the upcoming semesters.

Now, I know you have many options on where to go for advice, and friends seem to be a popular choice. While you may trust your friend's opinion when suggesting a nice restaurant to take a date to or what outfit looks best to wear on that date, I encourage you to seek more professional advising when creating your Academic Plan.

In the spirit of Advising Month, stop by the Academic Advising Office, see an adviser and register to win free prizes. In case you are not familiar with it, here is what the Academic Advising Office at OCCC has to offer:

Academic Advisers

Come in, meet with an adviser and get help planning your future. The advisers offer general information as it pertains the course offerings and your degree program. They have the most up-to-date information on courses and degree plans, and will help when planning your schedule.

Peer Advisers

Get advice from peers who have been trained by the best. Our peer advisers are students just like you so they have the inside scoop on classes and professors. The peer Advisers can also show you how to use MineOnline to register for your courses.

Faculty Advisers

Have you already chosen a major? Confirm your major in Academic Advising and you will be assigned a faculty adviser. The faculty adviser is a great resource for you as you work through your major coursework. They will help you make more specific degree and career related decisions.

—SARAH McELROY
TRANSFER AND ACADEMIC ADVISING
COORDINATOR

www.occc.edu/pioneer

The movie run time is one hour and 48 minutes, but until the last minutes you will not be able to predict the ending.

This movie keeps the audience on the edge of their seats.

Rating: B+

—CYNTHIA PRAEFKE
STAFF WRITER

COLLEGE TAKING DONATIONS TO HELP PROFESSOR JANET GARRETT AND FAMILY

Professor's home destroyed in fire

MARK SMITH

Senior Writer

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No house and no clothes is what greeted Janet Garrett, Arts and Humanities adjunct professor, when she came home Thursday, Oct. 1. A vicious fire had destroyed Garrett's house in rural east Norman near Lake Thunderbird.

The fire is believed to have started in the garage, Garrett said. She said the fire chief told her a malfunction and an overheating in the central heating system caused the fire.

Garrett said she was

shocked.

"It is so hard to believe something like this has happened," she said.

Garrett's husband, a Norman police officer, was home alone when the fire started, she said.

"The smoke and fire alarms woke him up and he was able to survive the fire."

She said her 17-year-old son had been home from school due to sickness. However, the high school honor student decided to return to school that day to take a test.

Garrett said she felt blessed her son had returned to school that day.

"His bedroom is right above the garage and was the next room to catch fire," she said. "If he would have been home, he may not have made it."

Garrett said it took several hours for the firefighters to put out the fire.

"There are no fire hydrants within three miles of our house ...," she said.

"The firefighters had to bring their own water.

"However, Norman doesn't have water tanks and had to wait on some from the Slaughterville, Okla., fire department."

Even though the house could not be saved, a firefighter took the chance to retrieve some personal items after the fire had been contained.

"He was able to recover some photo albums and some home videos that were damaged," Garrett said.

She said the family has been living with her husband's parents since the fire.

However, Garrett said, they would soon be moving into temporary housing.

When OCCC's Arts and Humanities Division heard of the tragedy, not one minute was wasted organizing help for Garrett's family.

Lyndsie Stremlow, Arts and Humanities division secretary, sent a message to all



PHOTO COURTESY JACONNA AGUIRRE/THE OKLAHOMAN

Firefighters work to control the flames at Arts and Humanities adjunct professor Janet Garrett's home. The fire is believed to have started in the garage from a malfunction in the home's central heating system. OCCC is currently taking donations of gifts, money and other items the family might need. For more information on how to donate, contact Lyndsie Stremlow, Arts and Humanities division secretary, at 405-628-1611, ext. 7674.

Arts and Humanities faculty and staff, telling them of the fire.

Stremlow said the college's employees have responded by donating gifts, money and other items the Garretts might need.

Stremlow said it is not too late to pitch in and offer the family some much-needed help since Arts and Humanities will present Garrett with the money and gifts Tuesday, Oct. 13.

Garrett said she appreciates

the help from the college.

"It is so wonderful that everyone has pitched in to help," she said.

"My family and I want to thank everyone for their gifts, help, kindness, and prayers.

"Your support has helped our family stay strong during our tragedy."

Students, faculty, employees or anyone else wanting to donate money or other items to Garrett's family can contact Stremlow at 405-682-1611, ext. 7464.

Evening child care available to parents

ABBEY REXING

News Writing Student

Evening classes present a problem for parents with young children: where to find good quality affordable childcare.

OCCC's Child Development Center and Lab School on campus has a solution.

Evening childcare is now available for infants through age 8 as long as the parent is a currently-enrolled student, said Lee Ann Townsend, Child Development Center lab supervisor.

Evening care is offered Monday through Thursday from 5 to 9:30 p.m., or until the parent's class is over, Townsend said.

She said the cost is \$10 per evening per child.

Carson's catering service provides a light meal of sandwiches and other finger foods for children in the evening program, Townsend said.

Mary McCoy, Child Development Center and Lab School director, said the evening program started as a pilot four semesters ago.

"We began with one child and now we have nearly 40 children enrolled, with more calls for this service every day," McCoy said.

The center offers more than just safe childcare. It also offers a learning environment, Townsend said. She said the program is designed to help the children learn about a variety of subjects from the teachers at the center.

Every teacher has a degree, Townsend said.

For more information or to enroll children in the program, contact the Child Development Center Lab School at 405-682-7561.



TEXTING WHILE DRIVING ...

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Student Life hosts Alcohol Awareness Week

MARK SMITH
Senior Writer
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Student Life is hosting several substance abuse educational events during Alcohol Awareness Week, said Marcy Roll, Student Life assistant.

Roll said a non-alcoholic cocktail bar will be available for students from 11:30 a.m. to 1:30 p.m. Monday, Oct. 12 in the general dining area.

Alcohol awareness literature will be available for students to read, she said.

Special District Judge Don Easter will speak about domestic violence and substance abuse at the Brown Bag Lunch at 12:30 p.m. Tuesday, Oct. 13, in CU1, said Stephanie Baird, Student Life programs coordinator.

“Judge Easter will talk for about 25 minutes, and then he will allow students to ask

questions and seek help if they or someone they know needs help,” Baird said.

She said students also will have a chance to experience what it really feels like to be intoxicated without having to drink any alcohol.

From 11 a.m. until 1 p.m. Wednesday, Oct. 14, Student Life will sponsor the Beer Goggle Obstacle Course in the general dining area, Baird said.

Roll said students would be given beer goggles which will distort their view and senses enough to make them feel drunk.

In addition, popcorn will be served to students from noon until 2 p.m. near the obstacle course, Baird said.

Student Life offers students the chance to participate in events like this throughout the year, Baird said.

During Alcohol Awareness

week in particular, Student Life decided to educate students about the dangers to help protect them, she said.

“Fall break and other events are coming up that tends to influence higher drinking rates,” Baird said. “We hope that by offering these activities, students will learn the dangers of drinking too much.”

For more information, students can contact Student Life at 405-682-1611, ext. 7523.

During the week of Oct. 5, members of the Pioneer staff conducted an anonymous survey of 238 students. The students were asked to answer questions regarding their age, drinking habits, drunk driving experiences, and to identify the legal Blood Alcohol Content limit. The following is what was collected:

1. How old are you?

63% under 21 16% 21 to 24 8% 25 to 30 13% 30 and above
2. How often do you consume alcoholic beverages?

38% less than once a month 30% once a week 22% 2 to 3 times a week
9% 4 to 5 times a week 1% 6 to 7 times a week
3. Estimate the number of times you have driven while intoxicated:

61% never 17% less than 5 15% 5 to 10 7% greater than 10
4. What is the legal Blood Alcohol Content limit?

18% 0.02 15% 0.04 3% 0.05 9% 0.06 52% 0.08 3% 0.10

Alcohol Awareness Week Events

- **Mocktails & Music** — 11:30 a.m. to 1:30 p.m. Monday, Oct. 12, in the College Union
- **Substance Abuse Brown Bag** — 12:30 p.m. Tuesday, Oct. 13, in CU 1
- **Beer Goggles Obstacle Course** — 11 a.m. to 1 p.m. Wednesday, Oct. 14, in the general dining area

Alcohol poisoning a serious situation

JUSTIN COMBS
Editor
editor@occc.edu

Oklahoma City Police Sgt. Greg Giltner said alcohol poisoning generally occurs at a 0.30 blood alcohol content (BAC) and the person should be unconscious at that point.

“If somebody blows a 0.25, usually I have to take them to the hospital,” he said.

However, Giltner said, sometimes highly intoxicated people may appear fine.

He said one time he booked a driver who registered a 0.39 BAC and the man was walking and talking.

“That’s why at a 0.25, I have to take somebody to the hospital,” Giltner said. “Because I don’t know if the BAC is still climbing or on the way down.”

He said alcohol poisoning will cause the body to shut down from the dangerous amount of alcohol in the blood stream, leaving the person unconscious.

When a person reaches this point, Giltner said, their body begins struggling so hard for air that it sounds as if they are snoring.

“We’ve had kids who thought victims of alcohol poisoning were just sleeping,” he said. “But that snoring — where the body is trying to get air — is death moans.”



Ever Get Somebody Totally Wasted?

ALCOHOL: Knowledge is the key to becoming a responsible drinker

Continued from page 1

He said officers also look for those following too closely and floating stop signs.

A person can practice walking the line or other field sobriety tests and get pretty good at it, Giltner said, but a person can't hide the eye twitching that begins once a certain amount of alcohol has been consumed.

He said as soon as alcohol gets into the blood, a person will have horizontal gaze nystagmus — an involuntary twitching or jerking of the eye that varies from fast to slow when a person under the influence of alcohol looks from side to side.

"After a couple drinks their eyes will begin to noticeably twitch ...," Giltner said.

"You can't control the eyes from twitching."

To prove his point, Giltner had two volunteers — one male, one female — perform the eye test. This is where a person's eyes follow a pen from side to side.

As expected, he said, both participants' eyes followed the pen back and forth "like

marbles rolling across a glass table."

Then, a two-part field sobriety test was administered. First, both participants walked a line heel to toe, counting aloud each step.

The second part consisted of each person lifting one foot six inches parallel to the ground and counting to 30 while Giltner timed them for 30 seconds.

Both were in complete control of their balance and motor skills during the initial tests, but that would soon change.

The first shot

The experiment began with each person drinking one shot — one-and-a-half ounces — of Crown Royal 80-proof whiskey.

Twenty minutes later, when the alcohol had time to take effect, Giltner administered a breathalyzer test.

Both participants registered well under the legal limit, with the male at 0.005 BAC and the female at 0.00 BAC.

"The breathalyzer measures the alcohol from your lungs," Giltner said.

He said a breathalyzer machine is set up with a tank that simulates 210 liters per breath, which correlates with the lungs.

"So when someone blows into a breathalyzer, it's the same as what your lung capacity is and breaks down the alcohol in your breath," Giltner said.

"When someone has a 0.08 or a 0.16 (BAC), that's per 210 liters a breath.

As an example, he told a story about a man who drank so much alcohol in one day he registered a 1.0 BAC.

"That means 10 percent of his blood was alcohol," Giltner said.

The second shot

After Giltner administered the test, the participants took a second shot.

Once 20 minutes had passed, Giltner gave them the second field sobriety test of the evening.

Although both had performed the test flawlessly before taking their first shot, they struggled with it this time.

Giltner said during the field test, both participants' eyes were "bouncy" when they looked right to left, the male's more so than the female's.

Both walked heel to toe a little more cautiously and they showed slight difficulty performing the one-legged stance.

Once this was completed, a third shot was taken.

The third shot

Twenty minutes later, they blew into the breathalyzer again.

This time, the male registered a 0.022 BAC and the female registered a 0.019 BAC.

Then a third field sobriety test was given.

During the test, Giltner pointed out that as the participants walked heel to toe they moved noticeably slower. Both also became flustered as they counted their steps aloud.

During the one-legged test, the male wobbled and hopped

around in order to keep his balance, while the female remained relatively stable.

Checking his watch, Giltner said both took longer than 30 seconds to count to 30 during this test.

The fourth shot

After the field test, both took one final shot. Twenty-five minutes later, breathalyzer and field tests were repeated.

The female blew a 0.053 and the male blew a 0.026.

The male's BAC had climbed at a slow rate while the female's had skyrocketed, Giltner said.

"Alcohol always affects women first," he said.

He said that's because alcohol goes to fatty parts of the body and women have an extra layer of fat in their pelvic area for childbearing.

The female participant said she was surprised.

"I had only been a 0.019 and then it jumped so high," she said.

"And I was definitely surprised that I wasn't at the legal limit because the way I felt is how I would stereotype someone who is too drunk to drive."

During the final field test, although the male participant showed signs of impairment, the female participant showed definite signs of intoxication.

Giltner administered an additional test for the female where she tilted her head back with her eyes closed. She was asked to estimate the passage of 30 seconds and to put her head back down when she thought the time had elapsed.

The female swayed during the process and counted slower than the actual time.

Approximately 40 seconds passed before she put her head down.

"Alcohol (is) a depressant so her internal clock slowed down," Giltner said.

Schooling the public

Giltner said people need to learn all they can about alco-

By the numbers

2,052 Number of yearly DUI arrests that have been made in Oklahoma City as of Oct. 2.

0.08 Legal limit for a driver's blood alcohol content.

0.06 When a driver has a blood alcohol content level between 0.06 and 0.08, they can be arrested for Driving While Impaired (DWI).

0.015 The rate per hour that alcohol leaves a person's body.

hol and its effects.

"Responsibility and knowledge is power," he said.

"The more you know about how alcohol affects you, the more of a responsible drinker you can be."

He said one misconception is that eating a lot will decrease the effect of alcohol consumption.

"It will not affect your BAC level," Giltner said. "It just takes longer with food and delays the effects."

"Eighty percent of alcohol is absorbed into your blood stream, while 20 percent goes through your stomach lining. When it reaches your small intestine, that's when you begin to get a buzz."

Giltner said there is a lot of bad information about partying with alcohol.

"I hope this activity helps clear up some of the misconceptions," he said.

Although neither the male or female participant hit the legal limit of 0.08 BAC, both showed a loss of control in their motor skills.

"I didn't feel like I was out of control, but I definitely felt intoxicated," the female participant said.

"If I was at an actual party, I probably would have only had another drink before I was done. But I definitely felt like I was drunk."

Alcohol: How it all adds up



5 ounces
of wine

=



12 ounces
of beer

=



1.5 ounces
of liquor

• Beer contains between 4 and 7 percent alcohol by volume, with the average being 5 percent alcohol by volume. 12 oz. x 5 percent alcohol by volume = 0.6 oz. of alcohol per serving.

• The standard serving of wine is 5 oz., which generally contains between 11 and 13 percent alcohol by volume. 5 oz. x 12 percent alcohol by volume = 0.6 oz. of alcohol per serving.

• Liquor is most often consumed in mixed drinks with 1.5 oz. (approximately one shot). No matter how liquor is consumed — mixed with water, soda, juice or served "straight" or "on the rocks" — a standard serving (1.5 oz.) of 80 proof (40 percent alcohol by volume) liquor has the same amount of alcohol as standard servings of beer and wine. So 1.5 oz. x 40 percent alcohol by volume = 0.6 oz. of alcohol per serving.

This means that a typical or standard serving of beer, wine or liquor each contains 0.6 fluid ounces of alcohol.

*source: www.cdc.gov

SPORTS

CLUB SOCCER | After lackluster first half, OCCC finishes strong to win

Soccer team tops Rose State 3-2

LANDA MCCLURE
Sports Writer
staffwriter2@occc.edu

OCCC soccer club pulled out a 3-2 win over Rose State College Saturday, Oct. 3.

Rose State took control of the ball in the beginning and tried to rush the ball down the field, but a good defense block from OCCC allowed the team to steal the ball.

OCCC kept the ball on their side of the field for most of the half.

OCCC did have many opportunities to score; however, players kicking the ball too high, not aiming, not looking for the ball and bad communication, such as indecipherable yelling from the players, limited the team.

OCCC was only able to score one goal in the first half, giving the team a one point lead.

However, Rose State was able to score a goal and tie the game 1-1 before time ran out in the half.

During the half-time pep talk, Coach K.B. Yeboah told his team they needed better communication and to listen to other teammates on the field.

After half time, both teams looked refreshed and determined.

Rose State gained the ball and looked to score, but OCCC was able to steal it away.

Dennis Cardona received a pass and took advantage of the steal to score a goal, giving OCCC the lead.

Rose State came back with a goal, tying the score again 2-2.

Afterward, OCCC controlled the ball and better communication, such as telling the other players a pass was coming to them or when a Rose State defender was coming, resulted in another goal for OCCC.

The ball was passed once again to Cardona and he was able to score, taking OCCC up 3-2.

Although Rose State players continued to pressure the goal, none of their shots got in, leaving OCCC triumphant in the end.

Good defensive saves from OCCC's goalie also played a major part in the team's victory over Rose State.

Both teams showed determination



LANDA MCCLURE/PIONEER

OCCC club soccer player Lorenzo Ontiveros, in the blue jersey, assists in scoring the team's second goal by dribbling the ball past a Rose State defender. OCCC outlasted Rose State 3-2. The team has two regular season games left.

and although Rose State seemed more unified, OCCC was able to come together.

"Today's game was pretty good," said Dennis Cardona, OCCC's highest scorer for the day.

Cardona scored two of the three goals.

"We had some difficult moments, but we were able to get through them. It's really good to know I helped the team win.

"Overall, we did good," he said.

Yeboah said it felt good to win after suffering two losses.

He said the win would give his team good momentum to continue moving forward.

"The team played good, but they

know they could play better," Yeboah said.

"You just have to remind them and keep pushing them."

OCCC Soccer Club record is 2-2 for the fall season so far.

The National Intramural-Recreational Sports Association will hold its regional soccer tournament at Kansas State University for the north region and the south region will be held at the University of Texas-San Antonio.

The tournament will be held between Oct. 30 and Nov. 1. The top teams will qualify to compete in the national soccer tournament in late November, which will be held in Phoenix, Ariz.

UPCOMING INTRAMURALS EVENTS

• **Oct. 12:** Volleyball: Hard Hitters vs. The Titans at 2:30 p.m. Handlin' Bizz vs. Yellow Jackets at 3:30 p.m. Higgins vs. Hard Hitters at 4 p.m. Games are held at the Recreation and Fitness Center's gym.

• **Oct. 12:** Volleyball: Serendipitty vs. Slammers at 7 p.m. on court 1. Can You Dig It vs. The Harry Pork Chops at 7 p.m. on court 2. All Set Are Off vs. Garder at 8 p.m. on court 1. The Harry Pork Chops vs. Serendipitty Slammers at 8 p.m. on court 2. Brookwood vs. Can You Dig It at 9 p.m. on court 1. Garder vs. Coasties at 9 p.m. on court 2. Games are held at the Recreation and Fitness Center's gym.

• **Oct. 16:** Flag Football: Devil Dogs vs. Swagga at 1 p.m. Free Agents vs. Grim Reapers at 2 p.m. Games are held at the soccer field.

• **Oct. 19:** Volleyball: Higgins vs. Yellow Jackets at 4 p.m. Games are held at the Recreation and Fitness Center's gym.

• **Oct. 23:** Flag Football: Free Agents vs. Swagga at 1 p.m. Grim Reapers vs. Devil Dogs at 2 p.m. Games are held at the soccer field.

• **Oct. 30 - Nov. 1:** Soccer: National Intramural-Recreational Sports Association Regional Tournament at Kansas State University for the north region which includes OCCC. The south region will be held at the University of Texas-San Antonio.

• **Oct. 30 - Nov. 1:** Aquatic Center's pool closed for the Chesapeake Halloween Swim Meet.

• **Nov. 7:** Soccer: OCCC vs. UCO at the University of Oklahoma at 1 p.m. in Stillwater.

• **Nov. 8:** Soccer: OCCC vs. OSU at the University of Oklahoma. Game will be at 3 p.m.

For more information, contact Recreation and Fitness Specialist Eric Watson at 405-682-1611, ext. 7786.

THIS WEEK'S COLLEGE CRIMES INCLUDE VANDALISM AND COMPUTER MISUSE IN THE LIBRARY

Man arrested for vandalizing cars at OCCC

MARK SMITH
Senior Writer
seniorwriter@occc.edu

A man was jailed Oct. 1 after being arrested on campus for damaging vehicles in the college's parking lot.

Ronald Heath, 63, has been charged with destruction of property and awaits a hearing before a judge, said Oklahoma City Police Sgt. Jennifer Wardlow, spokesperson for the case.

"Mr. Heath was arrested for destruction of property and will go to before a judge," Wardlow said.

According to campus security crime reports, several witnesses told police they saw

Heath breaking a windshield and beating cars.

On Thursday, Oct. 1, Security Officer Tanya Vroenen was on patrol when she received a report that a man was breaking a car's windshield in parking lot A near the library.

Vroenen reported that she and an officer from the Oklahoma City Police Department approached Heath.

He told them he could not remember his name, address, phone number, or the reason why he was on campus.

One of the witnesses, Dasha Brewster, told Vroenen that she saw Heath beating a Jeep and also a Honda with an object in his hands.

Brewster also told the offi-

cer that she saw Heath begin to beat the windshield of a black Chevy Avalanche.

Another witness was student Joshua Baker, driver of the Avalanche, who was in his pickup when the event occurred.

Baker told officers that he immediately pulled out of the parking space and got away from Heath.

After taking witnesses' statements and investigating the crime scene, Vroenen and the police officer determined there was enough evidence to arrest Heath and take him to jail.

In another incident the same day, a case of computer misuse was reported to

“Mr. Heath was arrested for destruction of property and will go before a judge.”

—SGT JENNIFER WARDLOW
OKLAHOMA CITY POLICE SPOKESPERSON

Vroenen.

Jason Kimball, lead library circulation assistant, told Vroenen that a co-worker witnessed Sean Smith, an OCCC visitor, viewing inappropriate websites on a library computer.

Vroenen confirmed the websites were indeed inappropriate.

She then informed Smith he was being considered as a 'no trespass' and could not return

to the campus for six months.

Smith told Vroenen he understood that if he came back before six months then he would be considered a trespasser.

If anyone has any information about these or any crimes, contact Safety and Security at 405-682-1211, ext. 7691.

In the event of an emergency, students can use any emergency call box on campus or call 405-682-1611, ext. 7675.

Testing Center announces hours for fall break, midterms

Director expects first three days of midterms will be hectic

COLBY DANIELS
News Writing Student

Midterm exams will coincide with OCCC's first-ever fall break, with both occurring during the second week

of October. The Test Center will keep normal hours despite classes being canceled for fall break Thursday, Friday and Saturday, said Jim Ellis, Test Center director.

Fall Break will run Thursday to Saturday, Oct. 15 through 17.

Ellis said he doubts students will need additional Test Center hours in which to take their exams.

"We did extended hours for three semesters, but there were so few people that came in midterm that we just went back to standard hours," he said.

Ellis said he expects the first three days of midterms to be more hectic than usual in terms of activity in the Test Center.

OCCC has never had a fall break before, he said, so no

data on how many students to expect is available.

Generally the busiest testing times are between 11 a.m. to 12:30 p.m. and 3 p.m. to 5:30 p.m., Ellis said.

He said the Test Center will be open during midterm week from 8 a.m. to 9:30 p.m. Monday through Thursday and from 8 a.m. to 5 p.m. Friday and Saturday.

The center is located on the first floor of the Main Building across from the Financial Aid office and next to Advising and Career Services.

Current student ID's are required to take tests with no exceptions, Ellis said.

He said most tests in the Test Center are taken with pencil and paper.

However, Ellis said, in three years he hopes the center will

become a completely computerized operation.

Pencils and erasers are provided; however, students are allowed to bring their own, he said.

Ellis said backpacks, cell phones and all other personal items — including food and beverages — are prohibited inside the Test Center.

Lockers are provided to testing students for personal belongings, he said.

Ellis said tests must be started one hour before closing and tests are collected at closing time.

The Test Center is monitored by staff as well as cameras to ensure students do not break the rules, he said.

For more information, contact Ellis at 405-682-1611, ext. 7368.

BREAK: Labs, library will stay available

Continued from page 1

from 8 a.m. to 4:45 p.m. Thursday and Friday and from 9 a.m. to 2:45 p.m. Saturday, said Mike Reeves, Student Computer Center evening and weekend supervisor.

The Communications Lab will open from 8 a.m. to 9 p.m. Thursday, 8 a.m. to 3 p.m. Friday, and will be closed Saturday, said Tonya Kymes, lab supervisor.

The Math Lab will open from 9 a.m. to 6 p.m. Thursday, 9 a.m. to 2 p.m. Friday

and 10 a.m. to 1 p.m. Saturday, said Sharon Coffman, lab supervisor.

The Physical Science Lab will be operating from 8:30 a.m. to 8:30 p.m. Thursday and from 8:30 a.m. to 3 p.m. Friday and 8:30 a.m. to noon Saturday, said B.J. Higgins, lab supervisor.

The Biological Sciences Center will be operating from 9 a.m. to 9:30 p.m. Thursday and from 9 a.m. to 3 p.m. Friday and Saturday, said Virginia Hovda, lab supervisor.

Students also will be able

to use the swimming pool, weight room and gym, said Rita Manning, Recreation and Fitness assistant.

The Aquatic Center will be open from 6 to 10 a.m., 11:30 a.m. to 1 p.m., and 5 to 8:30 p.m. Thursday. On Friday, the hours will be from 6 a.m. to 1 p.m. and from 5 to 8:30 p.m. Saturday hours will be from 11:30 a.m. to 4 p.m.

Manning said the gym and weight room will be open from 6 a.m. to 8:30 p.m. Thursday and Friday and from 9 a.m. to 4 p.m. Saturday.

Comments? Opinions? Let us Know!
E-mail Justin Combs at
editor@occc.edu
Let your voice be heard!

STUDENT ORGANIZATIONS

Job frenzy



JENNIFER PEARSALL/PIONEER

Brandy Begley and Tiffany Martinez, nursing majors, talk with RehabCare Campus Relations at the OCCC Job Fair Wednesday, Oct. 7. The fair welcomed more 100 employers to campus.

STUDENT LIFE | Student Support Services to offer screenings to OCCC students free of charge

Depression screenings planned

Symptoms spike during winter months, counselor says

WHITNEY KNIGHT
Staff Writer
staffwriter1@occc.edu

Helping OCCC students combat depression is the objective of Student Support Service's free depression screenings, to be offered from 10 a.m. to 2 p.m. Monday, Oct. 26, and Tuesday, Oct. 27, in the College Union.

Jenna Howard, mental health counselor, said the screenings will help students identify whether they are experiencing depression symptoms and connect them with necessary support if needed.

"The student will fill out a survey and meet with a Student Support staff member," Howard said. "We will go over the survey with the student, explain the results and provide recommendations."

If a student is thought to be depressed, she

said, Student Support Services will provide immediate assistance.

"We will also connect them to appropriate community services," Howard said.

The event also is designed to raise awareness of mental health issues and to help reduce the stigma often associated with them, said Mary Turner, Learning Support specialist.

Howard said with winter fast approaching, depression awareness is especially important.

"Depressive symp-

toms are experienced by more people during the winter months, especially before and after holidays," she said.

For college students, Howard said, finals are an added stress.

"Students have to take care of themselves," she said. "Get good sleep, eat healthy, exercise, and always find time to relax."

For more information, contact Howard at 405-682-1611, ext. 6721, or visit the Student Support Services website at www.occc.edu/support.

CAMPUS HIGHLIGHTS

Child immunizations offered

The 'Caring Van' will be providing free immunizations for all children in the parking lot of the OCCC Child Development Center from 2 to 4 p.m. Thursday, Oct. 15. A parent or guardian must be present to complete required paperwork. A current shot record is also required. The van is open to all members of the community. For more information, contact the OCCC Child Development Center and Lab School at 682-7561.

'Deal or No Deal' competition planned

Join Student Life for the semester's second Deal or No Deal game, scheduled from 12:30 to 1 p.m. Tuesday, Oct. 20, in the College Union. Pick up a ticket and earn a chance to play. Contestants can win up to \$100 in Bookstore Bucks. For more information, contact Student Life at 405-682-7523.

Domestic violence awareness scheduled

Learn more about the warning signs of domestic violence and how to help a friend in need with the Silent Witnesses awareness program, scheduled from 10 a.m. to 4 p.m. Wednesday, Oct. 21, in the College Union. For more information, contact Student Life at 405-682-7523.

Digital camera class offered

Learn which camera is best for you with the How to Buy a Digital Camera class, held from 6 to 8 p.m. Tuesday, Oct. 27, at the OCCC John Massey Center. In this class, participants will learn the difference between point-and-shoot and DSLR cameras, pixels, the importance of selecting a lens, how to select camera accessories and where to buy the best camera. The course costs \$30. Students will receive a non-credit photography certificate. For more information, contact Rose Beam at 405-682-7562 or e-mail rbeam@occc.edu.

Faculty garage sale scheduled

The Faculty Association Garage sale will be Oct. 28 and 29 in CU 1, 2 and 3. All proceeds from the garage sale will go toward student scholarships. For more information, contact Jennifer Ball at 405-682-1611, ext. 7305, or e-mail jball@occc.edu.

Baptist club offers free lunch

Baptist Collegiate Ministries will offer free lunches to all students, faculty, and staff during their meetings this semester. Meetings will be at noon on Mondays in the Bruce Owen Theater, and at 12:20 p.m. Thursdays in room 3NO of the Main Building. For more information, contact Mark Barnett at 405-323-0583 or e-mail cverschage@occc.edu.

All Highlights are due Monday by 5 p.m. for inclusion in the next issue. Highlights can be e-mailed to staffwriter1@occc.edu.

CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Mondays prior to the publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

ANIMALS

PUPPIES FOR SALE: Siberian-Husky-Labrador-mix puppies. Have first set of vaccinations, dewormed, and on flea prevention. 1 male, 2 female. 1 black with cute markings, 2 solid white. \$50. Call: 405-882-8944 or email: paintthataint@yahoo.com

AUTOMOTIVE

CAR FOR SALE: 2001 Mazda Millenia. 87,428 mi. 6 cylinder, automatic. Sun roof. Looks and drives great. \$4,800. 405-408-8102.

ELECTRONICS

FOR SALE: Alienware, Area-51. Desktop Intel Pentium processor. 1,024 MB of memory. 120 GB hard drive. \$350 OBO. Contact Taylor at: tay_chan1990@yahoo.com

FOR SALE: Audio amps. 2000w Performance Teknique for \$150. Also, 125*4w PerformanceTeknique. Contact:405-246-8300.

FURNITURE

FOR SALE: Washer, GE, white, 2 years old, works. \$175. Call 405-947-4510.

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Clean out your closet before the holidays and bring gently used items to be sold at the **Faculty Association Garage Sale** **October 28 and 29.** Donations can be dropped off at the library.

STUDENT PERSONAL ASSISTANT NEEDED: Mon-Fri, 1 hour per day. \$12 per hour. 2 positions available. For more information contact Erika at: 405-371-0820 or email: Erika.j.choa@email.occc.edu.

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www.occc.edu/wellness.

TODAY'S CROSSWORD PUZZLE

- ACROSS**
- 1 Cod's relative
 - 5 Salad-dressing cheese
 - 9 "I'm glad that's over!"
 - 13 Outdoor area
 - 14 UFO pilot?
 - 15 Roof part
 - 16 Son of Aphrodite
 - 17 Destructive beetle
 - 19 Henri's negative
 - 20 Soldier's shoe
 - 21 "1984" author
 - 22 Art for tar, e.g.
 - 24 Old Norse inscription
 - 25 Rower's need
 - 26 Clemency
 - 30 Warsaw's place
 - 33 Helper
 - 34 Electrical unit
 - 35 October gem
 - 36 Weapon
 - 37 Garden soil
 - 38 Soak (flax)
 - 39 Beseeched
 - 41 Actress
 - 43 Pew adjuncts
 - 45 Prune (branches)
 - 46 Fancy trim
 - 47 Traded
 - 51 Quantity
 - 54 Actor Connery
 - 55 An Asian
- DOWN**
- 1 Laughing mammal
 - 2 Tori's dad
 - 3 Swedish money unit
 - 4 Sullivan and Asner
 - 5 Flower
 - 6 Happy tune
 - 7 Long fish
 - 8 Relaxed
 - 9 Baseball's Reese
 - 10 Possess
 - 11 Harmful
 - 12 Water source
 - 14 On the train
 - 18 Tennessee — Ford
 - 20 Kind of muffin
 - 23 Hockey score
 - 24 Harness part
 - 26 Extols
 - 27 Midday
 - 28 Sudan's
- 56 One way to quit smoking
- 58 Contented sound
- 59 Tennis pro
- 60 Forays
- 61 Atlanta arena
- 62 Bears' shelters
- 63 Stops
- 64 Hardy heroine

PREVIOUS PUZZLE SOLVED

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| BOAT | SNORE | ONLY |
| AGRA | ASKSFORIT | |
| WIT | AUG | |
| IDEALISM | LLAMA | |
| LON | LAPEL | EBONY |
| KNEW | NUDES | ARGO |
| SUMAC | RIATA | EER |
| TYROL | CHENILLE | |
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| JETSTREAM | MOTE | |
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| OKRA | EAGER | NESS |
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