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PIONEER

College mail system down to a fine art

By Kathi Etherton
Editor

Although it isn't delivered in a Jeep with the driver on the right side, OKCCC staff never fail to get their mail.

The college has a mail system that delivers both inter office mail and mail outside the college.

Gary Gates serves as the college's mail services technician. He delivers to every department at the college. Three other people — Steve Duncan, material control supervisor; Glenn Mays, fleet management clerk; and Lori Lowe, temporary shipping and receiving clerk — also help when needed.

The series of events that lead to the safe delivery of the mail begins early each day.

Someone from shipping and receiving goes to the U.S. post office at 8:30 a.m. to pick up the mail.

It's then brought back and sorted by the 53 different departments to which it will be delivered.

Gates then makes his rounds to those departments to deliver the mail and pick up any outgoing mail, whether it is bound for destinations within the college or elsewhere.

"I make my rounds at 10:30 a.m., 1 p.m. and 3 p.m.," Gates said.

Gates said it's not a job without challenges.

"My biggest problem is trying to sort through it all," he said.

"Some people don't un-

"My biggest problem is trying to sort through it all. Some people don't understand that you have to separate the in-town mail from the out-of-town mail."

—Gary Gates
College Mail Services Technician

derstand that you have to separate the in-town mail from the out-of-town mail."

The mail is separated into different categories based on size and quantity, he said.

Pre-sort is sorted by zip code and is expedited once it goes to the post office.

The college saves approximately two cents with pre-sort," Gates said.

John Knight, physical plant director, said Gates' work is involved.

"We are doing the job of the post office so we get a better rate that way," Knight said.

First-class mail is a little more expensive. First-class is mail that cannot go as pre-sort mail either because of size or because it is going out-of-state, Gates said.

Duncan said another way to classify a piece of mail is standard mail. This refers to generic announcement mail that is sent out to numerous individuals.

"It is anything that is over

See "Mail," page 12



Photo by Melissa DePew

Putting the pieces together: Dental major Verna Williams (left) and Child Development major Alisa Davis work with their mosaics class grouting the mural in the courtyard. The art these students are making will last a lifetime.

Students, part-time profs speak out

By Robbi Patzkowsky
Newswriting I Student

Although the part-time faculty at OKCCC want to be available for their students, some find it hard to work around busy schedules, said Lisa Cox, part-time communications instructor.

According to John Barker, director of research at OKCCC, adjunct professors teach 49 percent of the college's sections.

Several of the part-time instructors are working more than one job.

Many students at OKCCC also work more than one job.

"It is hard for the students' and professors' schedules to mesh well," said Cox.

Some students find this frustrating when they can't

reach their professor outside of class.

Usually, instructors take advantage of modern technology to offer several contact options.

Cox offers students her e-mail address, cell phone number, office phone number and office hours she holds at OKCCC during the week.

"I give them my cell phone number because I want my students to be able to get hold of me at all times," Cox said.

Most instructors offer some contact options on their syllabus.

Every student receives this information during the first week of class.

Both sides have expectations of one another.

"I expect my instructor to answer my questions inside and outside of class," said Tracey Linscott, nursing major.

Cox said she is prepared to do this for her students, but expects them to take advantage of the contacts she gives to them.

Students expect their instructors to be there to answer questions or concerns whenever necessary and many expressed mixed opinions about how well their adjunct professors achieve this goal.

Gabriel Johnson, computer programming major, said he finds it hard to get in touch with his part-time professors outside of class.

"I call the phone number they give me and leave messages, but they never call me back," Johnson said.

Johnson believes it would be helpful for part-time faculty to have more convenient office hours.

Other students feel part-

See "Adjunct," page 12

Editorial and Opinion

Editorial

Athletic program needs magical ending to story

For every magical ending, there is always a difficult beginning...

Jenny Thompson, the most highly decorated swimmer in the world, developed her winning edge at OKCCC's Aquatic Center a decade before helping the U.S. women dominate the Olympic relays.

OKCCC has the facilities, the students and the ability to field collegiate sports in an effort to be a part of those difficult beginnings, and maybe, just maybe, a part of those magical endings.

Soccer coach Terry Kilpatrick lit the spark to beg the Board of Regents to make OKCCC an athletic school to go along with its world-class academic qualities.

This is a plea to the students to support the sport we have now, men's soccer. With support, the head honchos will listen.

Also, we have an Olympic quality pool in our possession and no swim team. Swimming could give students an even greater chance at succeeding in life, with scholarships and tremendous real-world experience.

An additional bonus would be the revenue we can generate with careful planning. If our swim team dominates, the sponsors will come and that means more parking for students, more money for environmentally friendly non-Styrofoam food containers and more money for extra-curricular events, instead of charging students extra fees.

OKCCC is part of the OKC-GO program. Just think about the athletic talent pool from the Oklahoma City Public School system that would sustain our sports with a level of competitiveness that matches and can even exceed schools with the money to recruit talented athletes.

Because Rose State offers full athletic scholarships and tuition-fee waivers, they are practically stealing students from OKCCC.

"We're giving students the opportunity to play and to start their higher education learning," RSC baseball coach Larry Cummings said.

We may be a two-year institution, but colleges scour junior colleges for experienced players.

Josh Heupel (no introduction needed) is a product of a junior college. This will bring notoriety to our school.

Rose State College has basketball teams, a baseball team and a softball team.

In the '80s, the office of Recreation and Community Service even offered hang gliding.

We don't even have a mascot.

Why? Because we don't have an athletic program. If and when we do create an athletic program, there will be early headaches.

But after the trying beginning, there will be a magical ending.

—Vu Vu
Staff Writer

Conference to provide education

Meet the challenges of HIV/AIDS

To the Editor:

This year's Oklahoma HIV Conference will assist Oklahomans in dealing with the challenges of living with HIV/AIDS and behavior change to reduce risk of infection with HIV.

The conference is on Oct. 18 and 19 at the Westin Hotel at 1 North Broadway in Oklahoma City.

The two-day conference provides educational information on a wide range of HIV/AIDS topics including community level prevention, HIV and women, clinical trials, HIV treatment update, adhering to complex treatment regimens, benefit eligibilities and returning to the work force and TB/AIDS co-infection.

Keynote presenters include Donna Sweet, M.D.,

a prominent Wichita physician and Seth Kalichman, Ph.D., Associate Professor with the Medical college of Wisconsin's Center for AIDS Intervention Research.

Sweet will speak on "Current Perspectives in HIV Care" and Kalichman's keynote address will be "What is Working in HIV Presentation."

He is a colleague of Jeffrey Kelly, Ph.D., who is nationally recognized for his work in models of human behavior change.

Mahammad Bilal, former cast member of MTV's "Real World", who has become a voice for HIV awareness among youth, is the scheduled luncheon speaker. His topic will be "AIDS Awareness: MTV's

Real World Reflections."

Conference registration is \$75. Limited scholarships are available for persons living with HIV/AIDS. For more information send e-mail to hotline@ionet.net or visit the Oklahoma HIV/AIDS hotline at 1-800-535-AIDS.

—Oklahoma State
Department of Health

PIONEER

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The PIONEER welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. However, the PIONEER will withhold the name if the request is made in writing. The PIONEER has the right to edit all letters and submissions for length, libel and obscenity.

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Letters may also be e-mailed to editor@okc.cc.ok.us. A phone number for verification must be included.

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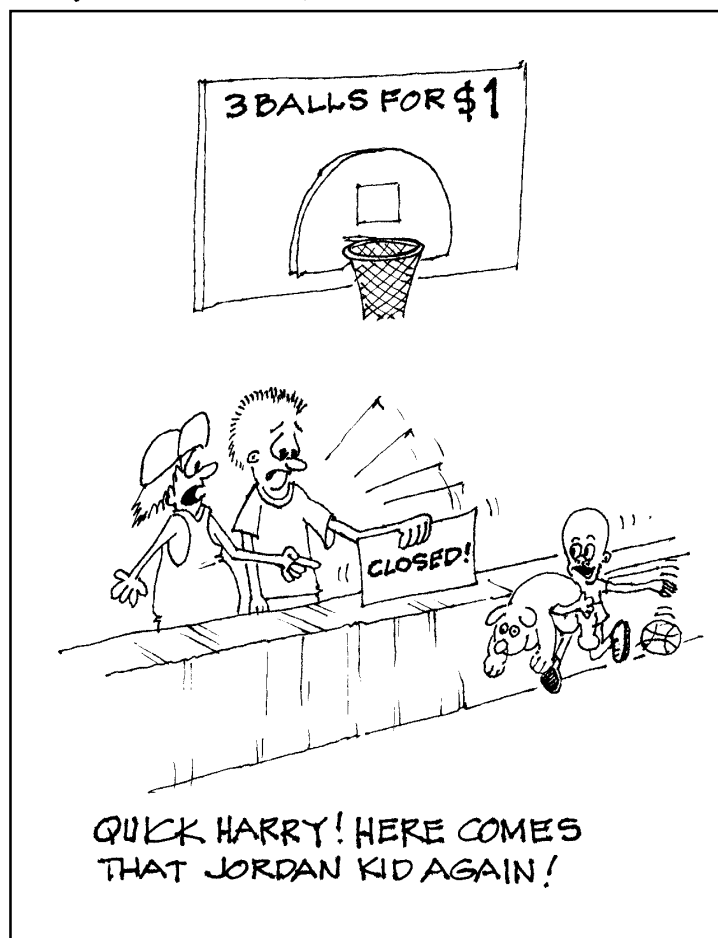
Cotton candy sale success

To the Editor:

The Engineering Club had their first fund-raiser, a cotton candy sale. We would like to take this opportunity to say thank you to all our patrons and our volunteers!

—OKCCC Engineering Club

STRAIGHTJACKET BY: M.C. GAREY



Comments and Reviews

Thrills emerge in 'Left Behind' Keeps readers craving more

"Left Behind" and its continuing serials, combine thrilling science fiction with an inspirational message.

These best-selling novels by the creative authors Tim LaHay and Jerry Jenkins dramatically portray the Earth's last days, while keeping their readers continuously on the edge of their seats.

Each novel contains several intertwining plots with plenty of action tying the characters together.

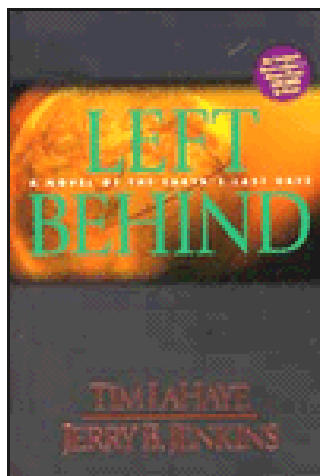
"Left Behind" unfolds with the sudden disappearance of millions of people around the world. Among the mass chaos and search for lost ones, two love stories emerge.

As Nicolae Carpathia rises to an influential political position, strange and seemingly miraculous things begin to occur.

To the ones knowledgeable of the rapture, Carpathia seems to be the root of the evil, but to others, he gives the false impression of a savior who can create peace through a global community.

Because of his power, the Tribulation Force (a small group of Christians) and believers all over the world are forced to build shelters just to protect themselves from "the beast."

"Left Behind," with over 7 million copies sold, leaves the reader craving more and each novel following only gets better.



Once I picked up the first book, I couldn't stop reading it. In fact, I flew through each novel within two days after purchase.

For movie lovers out there, you can catch "Left Behind" starring Kirk Cameron, on the big screen beginning Oct. 31.

Also, look for novel number eight, "The Mark: The Beast Rules the World," out on the stands Nov. 14.

I highly recommend "Left Behind" to everyone. Whether you like to read or not, this will definitely capture your attention.

—Melissa DePew
Staff Writer

Macho men subject for Disney movie

Football is always material worth making a movie about. Why not use the game to get a heavy issue out to the masses?

"Remember the Titans" is the story of an interracial high school football team in the early '70s. The movie is based on a true story.

The school district threw together the previously segregated schools. That alone causes revolt in the small American town.

Then, however, the school board proceeds to fire the successful white football head coach and replaces him with Denzel Washington. To make a long story short, the integrated football team members don't want to play with each other.

Therefore the former coach (Bill Yoast) and Washington join forces. They try to teach the boys tolerance and how to win a

football game.

The story, heavily loaded with racial issues, is carried well by the cast. Washington has tackled racial issues before in such movies as "Glory."

In addition to that the movie brings all the ingredients for a good football movie:

- A whole team of macho men with big muscles and just-as-big egos.
- Great football footage including broken bones and blood.
- Good old American football spirit.

Then the ingredients are applied to the football movie formula.

First the team does bad, because they don't have discipline or pride. Yet a month of football bootcamp takes care of the problem and they emerge as heroes.

However, the downfall is just around the corner: in-

juries, conspiracies... the usual stuff.

But nothing can stop the Titans or fill in the movie football team of your choice.

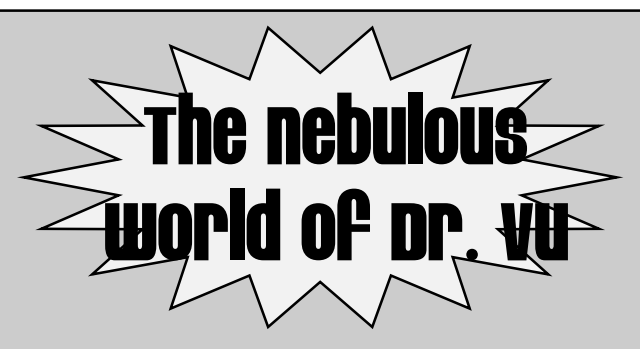
Considering that it is a football movie, which is traditionally geared at men, it is a bit cheesy in parts. That might be a reason why this is a Walt Disney movie.

Overall the movie is photographed well and, considering the football material, very well acted. It has a great story, which touches a soft spot in everybody.

"Remember the Titans" is a great movie for not-so-tough men and football-loving women. The language and content are clean enough that the whole family can enjoy.

With Denzel Washington in the lead the movie might even have a shot at next year's Oscars.

—Michaela Marx
Staff Writer



Meanness makes the world go around

Dude, they were like so mean...

Hey, it happens. People are mean. Maybe it's because they're stressed because they're overworked. Maybe it's because someone yelled at them before. Maybe it's because they're easily annoyed. Maybe it's because they're a bunch of dorks. Freaking dorks.

Nonetheless, that's a fact of life.

Then there are those nice people. You know, the people who, when you ask other people about they say, "The world would be a much better place if there were more people like him/her."

Those people are awesome. They don't have an evil cell in their whole body.

Everybody in the office of Student Life is like that. They love what they do.

Everyone in the office of Student Development is like that. They love what they do.

Everybody in the cafeteria is like that. They love what they do.

Everyone in Public Relations is like that. They love what they do.

Everyone deserves an "atta boy." "Atta boy's" aren't given out as much as they should, and I would like to give everyone an "atta boy."

Life is too short to spend even a second on negative thoughts.

There's professor Mary Punches who used to be a warden in a prison.

She saw many grim acts committed, and realized how wonderful life is and should be.

Newswriting I students are even encountering meanness. I know how you all feel. Even I, Vu A. Vu, the greatest writer on the face of the earth, was a Newswriting I student who didn't know anything on my first beat assignment, which was intramural sports.

But this is a learning environment, and I learned a buttload of journalistic badness. Dude, I just used "buttload" and "badness" in the same sentence!

I like to take advantage of the view I have from the Pioneer office. Each person has a life. Each person faces trials and tribulations. Each person has feelings of love, joy, pain and sadness.

We live in a society where teens actually use guns to fight each other, instead of going over to their local laser tag facility and having lots o' fun.

—Vu Vu
Staff Writer

Read the Pioneer at www.okc.cc.ok.us



The OKCCC Jazz Combo (l-r) Kevin Webb, Jeff Young, Ben Freeman and Mike Phenix will perform at 12:30 p.m. Oct. 5 in the student union. They said to expect "good food and good jams."

Photo by Vu Vu

Combo set to jazz noon crowd Oct. 5

By Will McGee
Newswriting I Student

Hide from the stresses of school under the shade of music. OKCCC's own jazz combo is giving a free show in the school cafeteria from 12:30 to 1:30 p.m., Oct. 5.

The band consists of adjunct music Professor Kevin Webb on the trombone and guitar, students Jeff Young on the drums, Mike Phenix on the bass, Benjamin Freeman on the guitar, and Dean Brown on the drums.

"Jazz is one of America's greatest native art forms," said Webb. "We will be playing a couple of tunes by Charlie Parker, Isham Jones and three pieces that I wrote and arranged with the band. The band will also be doing some improvisational play at the concert."

"We like taking chances and busting out of the commercialism with music," Webb said. "We bounce ideas off of each other."

The band has only been playing together for a month but all bring years of outside experience with them. Mike Phenix also plays in a band called Jimijank that plays gigs in Norman and Oklahoma City. Benjamin Freeman is a music major at OKCCC.

Although they receive class credit for this, they have other reasons for playing. Mike Phenix wants to "get some jazz chops together." Webb wants to "bring good music to people." And they all enjoy playing together.

Webb is producing a compact disk for the band, which should be done by the end of the semester. Upon completion, the CD can be purchased at the Arts and Humanities office.

The band practices from 1 to 2 p.m. on Tuesdays and Thursdays in room 1C5 of the Arts and Humanities building. The members said anyone who plays an instrument is welcome to sit in with the band.

The ensemble will also be playing in the upcoming Christmas Choir Concert on Dec. 8. But for now they just want to invite everyone to the show on Thursday "to enjoy good music, while you grub."

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Brothers Joe and Steve Woods, left, work with partner Dale Williams to fix a water leak near the Arts and Humanities building.

The men said it took three hours to clean up the mess caused by the ruptured water main Sept. 26.

Photo by Melissa DePew

Water leak shuts down restrooms for entire day

By Michaela Marx
Staff Writer

Access to all of the restrooms in the arts and humanities area was denied to students and staff last week when a main water pipe ruptured outside the Arts and Humanities building Sept. 26.

That building, as well as the nursing building and the executive connector did without water until about 10 a.m. the following morning.

"Several thousand gallons of water must have leaked out before we were notified," said Paul Chapman, special projects manager for the physical plant.

He said there was no way to know how long the 17-year-old main pipe had been leaking when the incident was first reported around 3 p.m.

The caller reported water in the pottery lab,

Chapman said. He and two other maintenance people went to the scene.

The leak was located on the north side of the pottery lab in the mosaic patio area in front of the building.

Fortunately, there was no property damage inside the lab, Chapman said.

He said the age of the pipe was a factor, but not the cause for the leak. The pipe was ruptured due to corrosion. After the problem was identified, the water was shut off.

The physical plant closed all bathrooms and directed students and staff to bathrooms in other areas of the college.

Chapman said the delay in fixing the problem was the unavailability of heavy equipment until about 7 a.m. the next day.

However, Chapman said, his colleagues reacted immediately and the physical plant took care of the problem quickly.

The physical plant called

in the contractor, Streets Mechanical, Inc., which has worked for the college before, said Chapman.

They replaced a three- to four-foot section of the four-inch diameter pipe which was then tested.

Service was then restored and bathrooms reopened.

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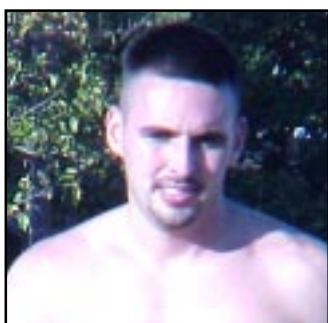
NAME: Jared Colvin
POSITION: Midfield
"I grew up on soccer. It's been in my family even before I was born."



NAME: Alberto Cuellar
POSITION: Midfield
CLAIM TO FAME: Came from Mexico in 1995. Played with OKCCC for three years.



NAME: Rubin Ortiz
POSITION: Goalie
MOST MEMORABLE MOMENT: Eighth-grade. Kicked a 40-yard game-winning goal against Classen.



NAME: Scott Sanders
POSITION: Goalie
IRONY: Played soccer for 12 years. High school didn't offer soccer.

OKCCC squad battles OSU



Members of OKCCC's soccer team run laps on the soccer field for their upcoming game against Rose State at 4 p.m. Oct. 7 at Oklahoma State University in Stillwater.

Photos by
Melissa DePew

By Vu Vu
Staff Writer

On the cold and windy second day of fall it was a battle for supremacy in the Oklahoma Collegiate Soccer League and a closer shot at the Region IV tournament in Texas.

OKCCC soccer team, 1-2 in league play, faced Oklahoma State University, 1-1, in the third game of the year Sept. 23, at OKCCC.

"You are an awesome team with the ability to beat every team in the league," coach Terry Kilpatrick told his players at halftime.

The men had lost their first game against the University of Central Oklahoma 2-5, Sept. 9, but rallied to over power Oklahoma Baptist University 5-1 on Sept. 16 for their first win in league play.

OKCCC held Oklahoma State University to a 1-1 tie after the first half of play.

"They really want to win that first place trophy," Kilpatrick said.

OSU's Mike Thomas punched the ball in first after breaking away from OKCCC defenders early in the first half.

Minutes later, OKCCC midfielder Jared Colvin dodged the field littered

with Cowboy defenders and countered with a score of his own to tie the game.

Both defenses played stingy, not allowing a single goal for the rest of the half.

OKCCC disrupted the Cowboys' offensive pressure and jammed their strikers every time they attacked OKCCC's goal. OKCCC midfielder Ebenezer Larkpor barely missed a goal on one-on-one coverage with the first half nearing the end.

Defense wasn't a problem for either team. Scoring and ball handling were.

"We need better passing," said center midfielder Vu Tran, trying to pump up the team.

Kilpatrick told his team to attack OSU's goal as quickly as possible.

OSU had their share of problems.

"We need to put our passes together and finish the balls we place in their nets," said OSU player Nathan Lankford.

OKCCC goalie Scott Sanders and defender Chad Wilson nullified the first wave of orange attacks on goal in the second half.

But things became hairy for OKCCC after the Cowboys' constant bom-



Goalie Samir Zedan gets a chance to go on the offensive instead of being kicked at.

bardment of shots on goal.

OKCCC was penalized after 76 minutes of play for a controversial handball violation in front of their goal, the turning point of the game.

"Everyone makes little mistakes," Kilpatrick said after the game.

The Cowboys capitalized on the free kick with a goal to take the lead.

"We changed up, had more possessions and adjusted right," said George Thomas, OSU coach. The Cowboys scored again, 3-1, despite OKCCC's offensive pressure.

OKCCC felt the pressure and attacked the Cowboys' net with a blizzard of narrowly missed shots on goal, but time ran out.

"We kept the ball at our feet too long," said Kilpatrick. "We have to keep it moving, especially against a fast moving team."

OKCCC is in a three-way tie for third place with the University of Oklahoma and OSU.

OKCCC's next game is against Rose State College at 4 p.m., Oct. 7 at OSU in Stillwater.

Clowning around makes smiling kids

He's a funny clown for a good cause — the Shriner kids.

Ralph deCardenas is also a man with many faces.

He's a conservative Republican who volunteered in past elections campaign. He's also club sponsor of OKCCC's College Republicans.

Since August of 1999, deCardenas has worked at the college in the Bursars Office, handling Perkins Student loans and past due tuitions.



Ralph deCardenas

He's also a clown—a fourth year Shriner clown from the India Shrine Temple. Dressed up, his name changes to Hotwheels.

"You get a good feeling deep down, knowing you're doing something good, not for yourself, but for the kids," said deCardenas.

Currently he's performing at the Oklahoma State Fair with his clown unit.

Why did he want to be a clown?

"There are so many reasons why I joined," he said. "I had always wanted to be a Shrine clown. I was in the youth order of the Masonic Order and a lot of them are clowns. I saw how good of a time they had and wanted to join."

"What's there not to enjoy—the kids, being a different person in make-up and you get to be who you want to be," he said.

The Shriners sponsor coloring book contests and give free tickets to the Shriners Circus in March for Oklahoma City elementary schools.

On the side, they perform at birthday parties to raise funds mainly for the Shriner hospitals and hospital transportation for the kids.

They also help fund-raisers like the American Cancer Society.

"Everything we do is for the Shriner hospital kids," said.

He said there's much money and time involved in clowning. But there are rewards.

"When I see a kid with a smile on their face, see our hospital kids in a wheelchair or crutches I give them a hug..." he said.

His repertoire consists of skating and small magic tricks.

"I do a little bit of everything—whatever it takes to make the kids have fun."

"It's a lot of fun, but there's a lot of hard work, dedication and commitment. Remember the reason why you're clowning. That'll make it all worthwhile."

—Vu Vu
Staff Writer



Left: Orange hair and polka dots make deCardenas take on a new look — Hotwheels.

He said that he will do whatever it takes to put a smile on kids faces — and this includes dressing up in crazy costumes, donning wigs and wearing make-up.

Photo by Neil Pennington



Left: Posing with a friend, Spunky the clown, deCardenas said that when he puts on the costume, he gets to be whatever he wants to be.

Over Labor Day weekend, Hotwheels and the other Shrine clowns traveled to Wichita, Kansas to compete in the regional Shrine Clown competition. Twenty-four clowns went from the India Shrine Temple in Oklahoma City and 14 won an award, deCardenas said.

Photo by Christy Lindsay

Below: In his element — the Shrine circus — deCardenas works hard to spread smiles and laughs to the Shriner kids.

He has fun skating and performing magic tricks. Hotwheels, along with his Shrine clowns, perform a skit.

Photo by Sybil Newcomb



Children's center wants parents' involvement

By Brandi Peterman
Newswriting I Student

Children aren't the only students at the Child Development Center. Parents are getting a lesson too.

The first activity will be a baby sign language class; the class will be used for the infants and toddlers at the center.

Charlotte Wood-Wilson, Director of the Child Development Center, said the center is trying to plan one activity a month.

This class is designed for infants and toddlers who aren't verbal, yet. Parents and teachers will use these skills.

The class will be from 12:30 to 1:30 p.m. Oct. 3, in the library, Room 201.

The class is free and everyone is welcome.

Patty Young, Family Service Coordinator at the

"The programs are designed to give parents a chance to get active in their children's education."

—Charlotte Wood-Wilson
Child Development Center Director

CDC, said she hopes the classes will get the parents familiarized with the program.

The center is starting programs to get the parents involved and to help educate them on special issues.

Wood-Wilson said she hopes to see a rise in parent involvement.

"The programs are designed to give parents a chance to get active in their children's education," Wood-Wilson said.

Other activities for the year will include a fall open house, brown bag lunches, and a summer art show. Times and dates will be available at the center.

"Since I started teaching 30 years ago, I've noticed a decline in parent involvement," Wood-Wilson said.

Commercial child care

centers in the area are also planning more parent activities.

"We are very interested in starting parenting classes," said Sheila Craig, director of Childtime.

"We hope to have something soon."

Wood-Wilson also encourages grandparents to

be more involved.

"Grandparents are doing a lot of the child raising these days."

"We want them to be included in our activities," Wood-Wilson said.

For more information on any of these programs contact the Child Development Center at 682-7561.

Pizza sometimes hard-to-find item

By Brian Moone
Newswriting I Student

Students have expressed frustration at waiting in line for 10 minutes only to be told that pizzas are sold out.

"Where are the pizzas?" This question was posed to Eric Hatcher, manager of Sellers Catering.

"We receive 40 to 50 pizzas every morning," he said.

"We have 30 pizzas ready to sell from 10:45 to 11:30 a.m."

Hatcher said, because of the standards set by the pizza providers, only a set number of pizzas can be kept on campus at a time.

"According to Pizza Hut standards, we have to use

the pizzas that day, and business fluctuates day to day," he said.

"Sometimes we run out at 12:30 and sometimes we run out at 3:30. What we don't sell we must throw away."

But Hatcher said he has even devised a plan to use the extra pizzas — make calzones.

The calzones are made from extra pizzas, Hatcher said.

He said he places the pizzas in a sandwich-maker and compresses them into calzones.

They are being served on a trial basis to see if they are a worthwhile product to carry.

If successful during the trial period, Hatcher said, those eating at the college will find more pizza products in the cafeteria.

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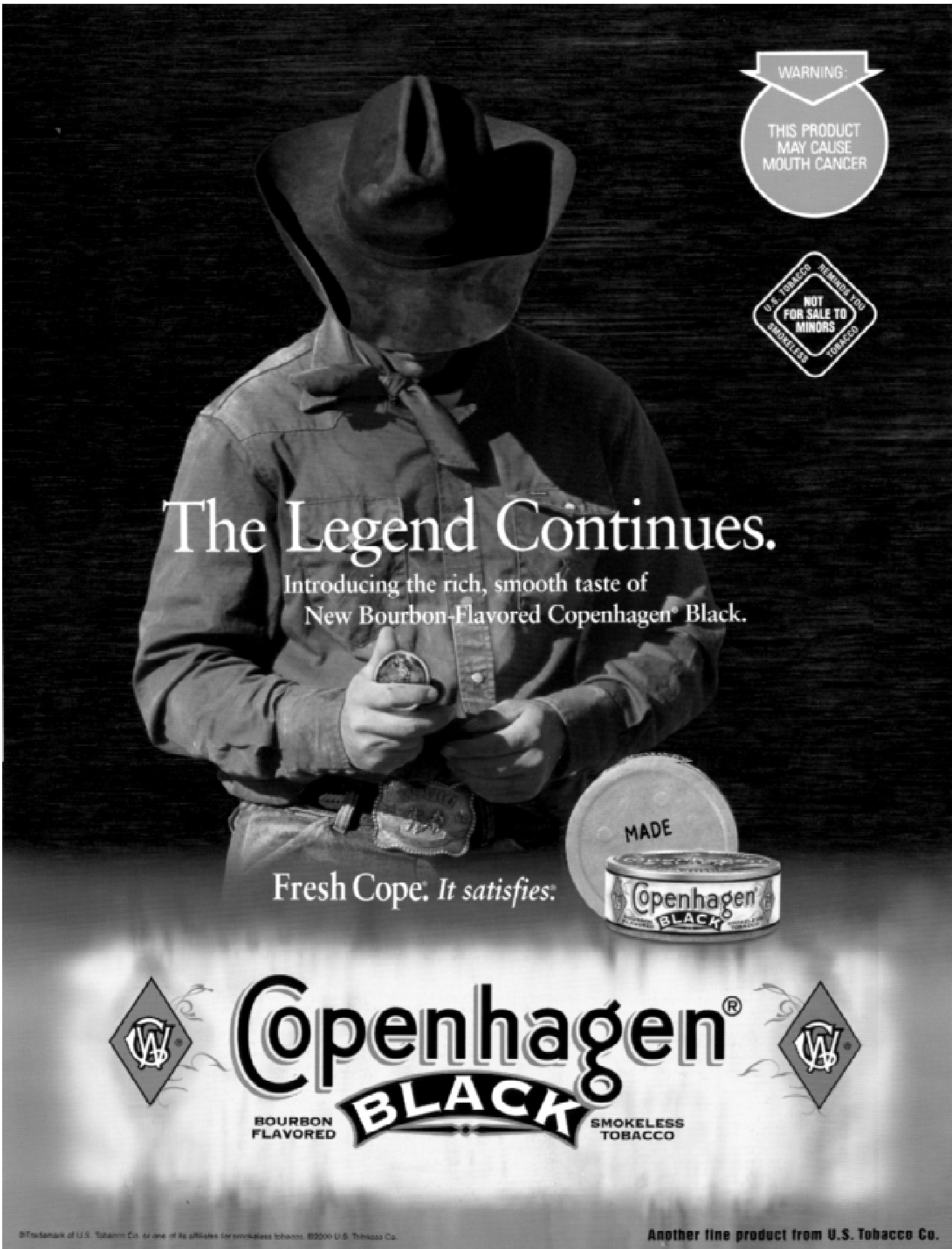
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Highlights

Would you like to be published?

The editors of Absolute, the college's literary and art magazine, are accepting poetry, nonfiction, black-and-white photography and drawings for publication in the April 2001 issue. Submissions are accepted from OKCCC students, staff, and the public, and may be given to Clay Randolph, AH 3E5, or turned in to the Arts and Humanities office and crandolph@okc.cc.ok.us

For more information and release forms, check out the Arts and Humanities Department Page on the college webpage at www.okc.cc.ok.us

Positions available for PTA program

Positions for the Spring 2001 Occupational Therapy Assistant Program are still available. Applications may be picked up in the Office of Admissions and Records and will be accepted through noon Dec. 1. For further information, contact Barbara Gowdy at 682-7528.

Phi Theta Kappa meeting

Phi Theta Kappa International Honor Society is having a meeting at 5 p.m. Wednesday, Oct. 4, and 12:30 p.m. Thursday, Oct. 5, in room 3P5 of the main building. Anyone interested in being a member of Phi Theta Kappa is welcome to attend. Plans will be discussed for the upcoming months. For more information call 682-1611, ext. 7771 and leave a message, including a phone number.

We've moved

The Chi Alpha Christian Fellowship has a new meeting room located in 3P1 on the third floor of the Main Building, just around the corner from the old room. Meetings are noon to 1 p.m. every Wednesday.

We also have a new four member Praise and Worship Team, so come and celebrate with us.

Great jobs await

The Graduate Employment Service is having a Fall Employment Expo on Wednesday Oct. 11 in CU1, 2 and 3 from 10 a.m. to 2 p.m. This is a great opportunity to network with various employers.

Wisdom of others

The Health Professionals club is meeting Wednesday, Oct. 4 from noon to 1 p.m. in 3N5 in the Main building. There will be a guest speaker who graduated from OKCCC, then earned her doctor of pharmacy at the OU Health Sciences Center and now teaches here part-time.

Got books?

The Engineering Club is having a book sale to raise money for the Professor Jack Cain Memorial Scholarship Fund on Monday, Oct. 16, and Tuesday, Oct. 17. The club is looking for books to sell. If you have books you no longer need, contact Masil Masilamani at 682-1611, ext. 7394 and they will come pick up the books.

Water es bueno

The Engineering Club will have its first guest speaker Larry Hare, a civil engineer, on Wednesday, noon, Oct. 4, in room 1D5 of the main building. Hare works for the Oklahoma City Water Works department.

Also, the club will organize a field trip to the Lake Hefner Water Treatment Plant on Oct. 6. If anyone is interested in attending, please contact Masil Masilamani in the engineering dept. at 682-7568 ext. 7394.

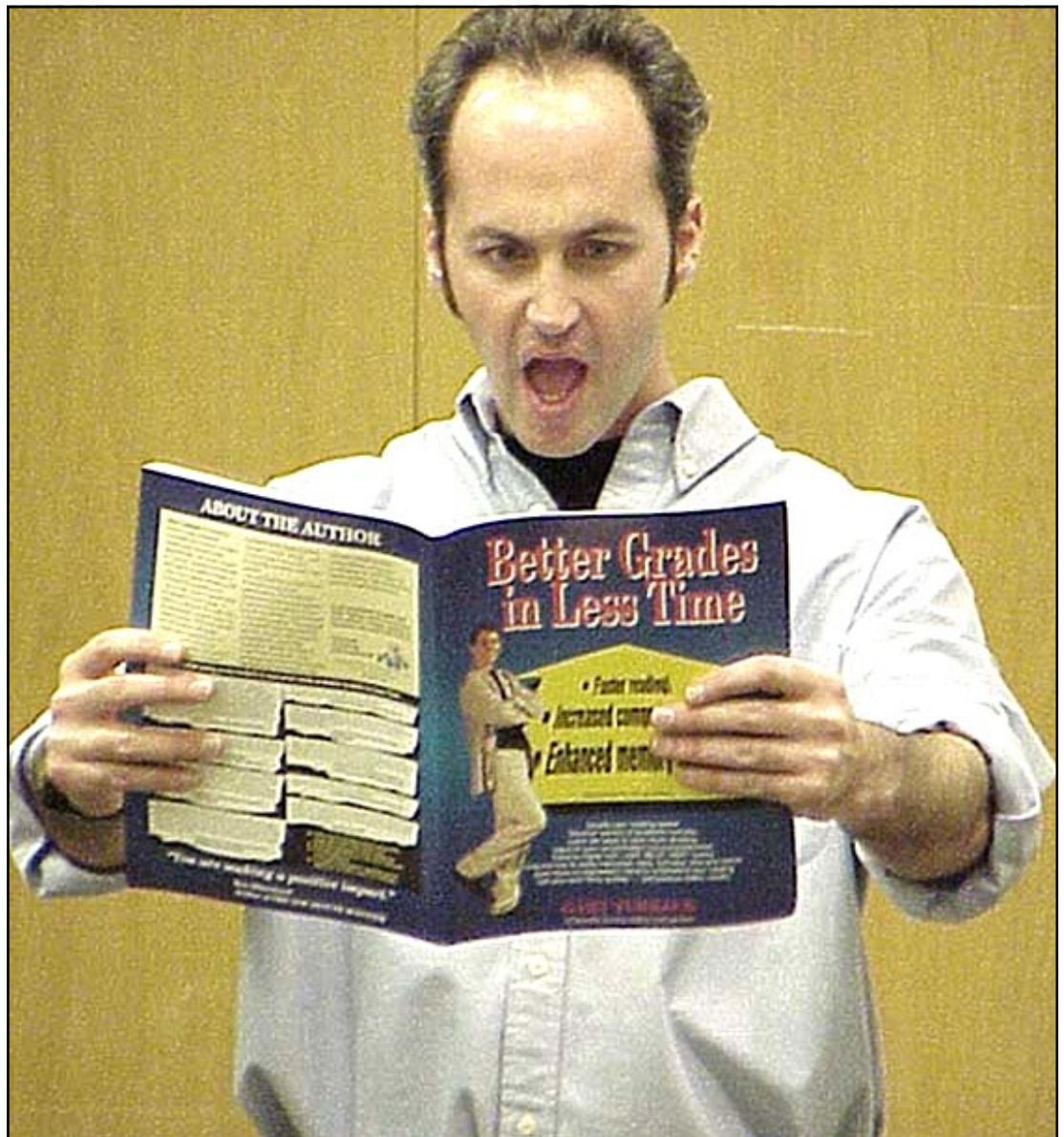


Photo by Melissa DePew

Gary Cohen shows his audience what the mind looks like while reading silently. Cohen gave students tips on how to improve their study skills Sept. 27.

Better grades in less time

By Elisa LeFlore
Newswriting I Student

What do you do when you have exhausted all attempts to get better grades and have more free time?

Take a few minutes to teach your brain to read faster and remember better, said nationally known lecturer Gary Cohen.

Cohen spoke to about 100 listeners at noon Sept. 27. His lecture was titled "Better Grades In Less Time."

Cohen has been a guest speaker at many colleges, including Harvard University. His audiences have included teachers as well as students.

Cohen interacts with the audience through humor and enthusiasm. He is

adamant about the fact that everyone can succeed and better himself or herself scholastically and financially if taught the right skills.

"The potential we all have is great, and most of us don't realize how incredible it is," Cohen said.

The seminar centered mostly on teaching people how to retrain their brains to read faster. He guarantees that those who use his techniques will at least double the speed they can read.

Cohen notes that most people are competitive.

"Competing with higher standards raises your skill level."

That is the basis for his four-minute technique. This technique is an exercise that consists of a person using their hand as a

trainer for their eyes.

He recommends using your hand to go under each word as fast as it can with your eyes following.

The goal is not to think so hard about what you are reading. Cohen refers to this exercise as a brain warm-up. Eventually, if practiced enough, a person will retrain their brain, reading faster and retaining more information.

Cohen also addressed the issue of listening to your body's need for physical well being, like not over-eating and avoiding sugars before studying.

People who were unable to attend the "Better Grades in Less Time" seminar still can learn Cohen's best-kept secrets. An audio-tape of his lecture is available on reserve in the OKCCC library.

Classifieds

Pioneer Classified Advertising is **free** to all **currently enrolled OKCCC students** and employees for any **personal classified ad**. Ads must be submitted in writing with IDs supplied or work area and college extension included. Deadline for advertising is 5 p.m. Tuesday prior to the publication date. Call 682-1611, ext. 7674 for more information.

AUTOMOBILES

FOR SALE: '92 Chevy Cavalier, red, \$2,200 OBO, runs great, Call Heather at 412-2455.

FOR SALE: '84 Chevy pickup, 350, Auto, Edelbrock manifold, carb, air filter, cold air, Flowmaster exhaust, dark blue, runs great, JVC stereo, bedliner. Asking \$3,250 OBO. Call Seth at 793-8768 (home) or 557-5010 (pager).

FOR SALE: '91 Chevy Cheyenne, 305 or 350 motor, long bed, white with blue stripe, good motor with hook-ups for natural gas, rebuilt transmission, new paint job. Page Zach at (405) 560-2418.

FOR SALE: '85 Chevy Blazer, no A/C, new engine and transmission, fair condition. \$2,000 OBO. Call 202-8073, leave name and phone number. I will call you back.

FOR SALE: '97 626 LX, automatic, A/C. Asking \$8,950 (below value). Call (405) 417-3816.

FOR SALE: '88 Chevy Blazer, 350 V-8, looks and runs good. \$3,000 OBO or will trade for reliable economy car of same value. Call Kay at 527-2194 or 527-9435.

FOR SALE: '87 Ford Taurus L. Runs good; new tires, belts and hoses; needs A/C work and to be painted. \$900 firm. Call 381-3450 or 682-1611, ext. 7441.

FOR SALE: '88 El Dorado, silver/champagne color, 125K miles. Very dependable, good condition, 2nd owner. \$3250 OBO. Page 908-3051 or call 740-4799.

FOR SALE: '88 Ranger XLT, ext. cab with fold down seats, 4-WD, auto., power locks and windows, cruise/tilt, bedliner, towing package, AM/FM Cassette, 136K, very nice, must see. \$4,700. Call 943-4025.

FOR SALE: '93 Toyota Corolla. Auto, clean, excellent A/C and gas mileage, great condition, and low miles 35K. Asking below book value — \$5,450. Call 417-3816.

FOR SALE: New tires and chrome spoke wheels for pre-'97 Ford truck. Might fit Jeep. Asking \$300. Call 616-1522.

FOR SALE: '92 Dodge Shadow. Great A/C and MPG, good condition. Asking \$2,800 (OBO). Call 879-2051.

FOR SALE: '94 GMC Sonoma.

Exc. cond., A/C, Red, glass pack muffler, 140K highway miles. Asking \$3,500 (OBO). Call 794-1136 or 850-6942, ask for Justin Hankins.

FOR SALE: '93 Olds Royal 88, champagne color, very clean and good condition. Asking \$4,000 (OBO). Call 943-8049.

FOR SALE: '87 Fiero. 4-cylinder, AC, AM/FM Cassette, Auto., 75K miles. Asking \$3,000. Call 387-9853.

FOR SALE: '88 Conquest. Call 634-6787.

FOR SALE: '89 Honda Accord LX, 4-door, auto., power everything, good condition, 130K miles. Asking \$3,000. Call David or Woody at 525-8359.

FOR SALE: '96 Honda Passport EX, loaded, very clean. 72K miles, green with gold trim. \$14,299 FIRM. Call 823-5284.

HOUSEHOLD

FOR SALE: Wood TV stand, \$25; laundry basket, \$2; 25 hangers \$2; table and 4 chairs, \$30. Leave a message at 330-0731.

FOR SALE: Brick home, 704 Nail Parkway, Moore; \$59,900. Recently updated with new paint, kitchen flooring and CA; 3 Bdr., 1 1/2 baths, 2 car garage, oversized kitchen with maple cabinets, hardwood parquet floors, 1052 sq. ft. and tornado shelter. Call Marcy at 904-7053 for apt.

FOR SALE: Niagara Recliner with heat, vibrator and rollers. Gold and very good condition. Asking \$500. Call Sue at 634-9927 or 682-7547.

FOR SALE: Black and gold bedroom set — twin headboard, 2-drawer night stand, 6-drawer dresser with mirror. Entertainment center. All in excellent condition. Asking \$300 (OBO). Call 721-8215.

FOR SALE: Whirlpool chest freezer, 14.8 cubic ft., almond color, perfect condition. Asking \$185. Call 799-4928.

FOR SALE: Oak dining table with leaf and 4 chairs on casters. \$250. Call 621-0021 or page at 440-7696.

FOR SALE: Montgomery Ward refrigerator, \$75. Call 364-6051 or 682-1611, ext. 7544.

MISCELLANEOUS

FOR SALE: Fabulous trip to Bahamas and Orlando, Florida for 2 people. Asking \$700. Call for details 680-8913.

FOR SALE: Two dalmatians; need a good home and lots of TLC. Call 794-2015.

FOR SALE: Little Tykes playground. Paid \$300 asking for \$100.

Call 324-1456.

FOR SALE: Home Pioneer stereo speakers, solid oak cabinets. Excellent condition. \$40 for pair. Call 895-6542, leave message.

FOR SALE: 12' x 65' 2-bedroom mobile home, EC, 2 extra lots with all utilities. Snug Harbor area, Lake Eufaula. Call 1-918-452-2707. Priced to sell.

FOR SALE: Sega Genesis game system with several games, \$50. Call 364-6051 or 682-1611, ext. 7544.

FOR SALE: Two 12" speaker boxes, \$100 and \$150. Kenwood CD Changer (never used, still in the box), \$200. Great additions to any car! Call 822-7250.

FOR SALE: '97 Skyline, 16 x 80, 2 bedroom, 2 bath. No down payment, take over payments. SE OKC. Call 631-2325.

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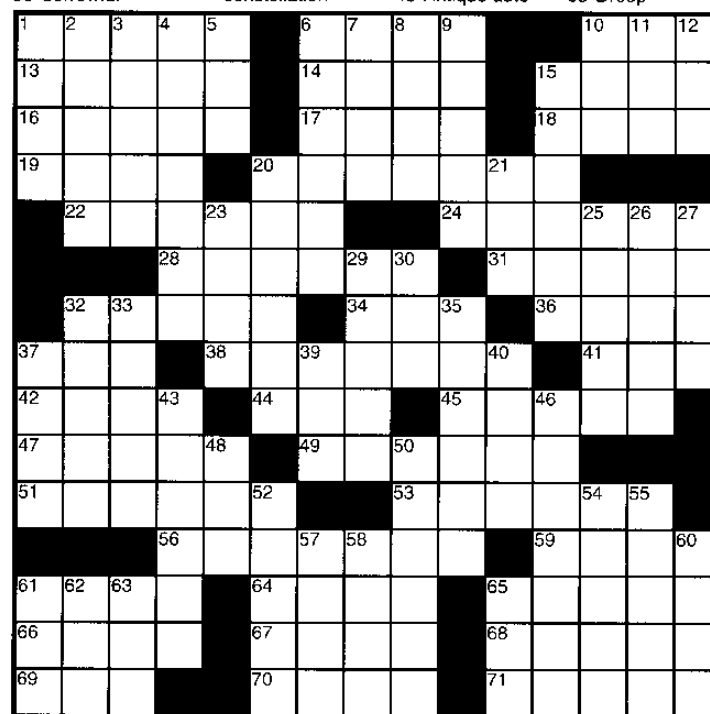
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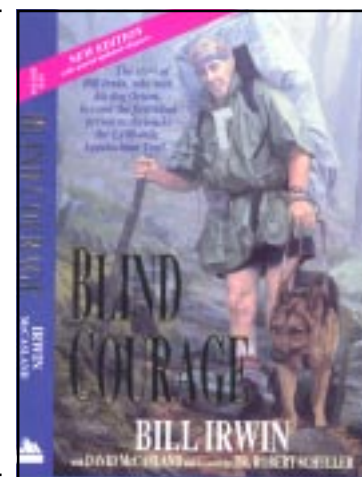
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Free lecture 6:30 p.m., Wednesday, Oct. 11 in the college theater.

For More information call 682-7523, the Office of Student Life

Outside weather doesn't affect inside mail runs

"Mail,"

Cont. from page 1

200 pieces that contains non-personal information," Duncan said.

Other forms of mail include stamped and metered mail. Stamped mail refers to mail that is affixed with the traditional stamp and metered mail is stamped through a postal meter.

Gates said each department has its own account and pays for the mail that is sent out through their department.

The college has an aver-

age of 500 to 600 pieces of mail that Gates delivers or picks up each day.

"I have it down to just under 30 minutes for each run and that is sorting it as I go," Gates said.

The college's mail system also delivers from department to department.

This is referred to as inter office mail.

Gates said if he gets the mail that needs to be delivered before his last run, there is a good chance that it will be delivered to its destination that same day.

"He's on the move all the time," Knight said.

Part-time professors work with students

"Adjunct,"

Cont. from page 1

time instructors make a great effort in helping them.

"My instructor's office hours are right after my

class, which is very beneficial," said Linscott.

Linscott admits she would not make a special trip for help.

Sheri Hobbs, division secretary for Arts and Humanities, said all part-time professors keep office

hours.

"All adjunct professors list official times and locations with the division office.

"They also post this information outside the door and on the bulletin boards," Hobbs said.

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